


General
<p>Call to Freedom (Human Trafficking Prevention) (37) 888-373-7888 1800 W. 12th St., Suite 100</p> <p>Center of Hope (12) 605-334-9789 1905 E. 8th St (Empower Campus)</p> <p>DSS Child Protection Services (20) 877-244-0864 To report child abuse</p> <p>Furniture Mission Dial 211 for a referral</p> <p>Long Term Services and Support Office (20) 833-663-9673 To report elder abuse</p> <p>Moving Assistance Program 605-221-5950 Helps move belongings</p> <p>Necessities for Neighbors (Household items) 1st Sun of the month, 3pm - 4pm Peace Lutheran - 5509 W. 41st St (23) 3rd Tues of the month, 6pm - 7pm First Lutheran - 327 S. Dakota Ave (24)</p> <p>Sioux Falls School District (29) 605-367-7900 - IPC/Main Office 201 E. 38th St 605-367-4282 - Homeless Education</p> <p>Social Security Office (31) 877-274-5421 5021 S. Nevada Ave</p> <p>Transforming Wealth (6) Provides support with basic needs 605-368-1307 620 W. 18th St.</p>
Shelters
<p>Bishop Dudley Hospitality House (5) 605-809-8424 101 N. Indiana Ave</p> <p>Children's Home Shelter for Family Safety (11) (Domestic violence) 605-338-4880 113 N. St. Paul Avenue</p> <p>Union Gospel Mission 605-334-6732 (Women's) 701 E. 8th St (13) 605-357-8271 (Men's) 220 N. Weber (26)</p>

Healthcare
<p>Avera Medical Call Center (aka Ask A Nurse) 605-322-6877 Any clinic location</p> <p>Avera Medical Group Health Care Clinic (2) 605-322-6800 300 N. Dakota Ave, Ste 117</p> <p>Center of Hope Free Evening Clinic (12) (6pm - 8:30pm, Wed & Thurs.) 605-271-1331 1905 E. 8th St (Empower Campus)</p> <p>Falls Community Health (16) 605-367-8793 - Medical 4 Locations 605-367-8022 - Dental 521 N. Main Ave, Ste 100</p> <p>My Sanford Nurse 605-333-4444 Any clinic location</p> <p>Sanford Health Midtown Clinic (25) 605-312-8350 1205 S. Grange Ave, Ste 301</p> <p>Sioux Falls VA Medical Center (30) 605-336-3230 2501 W. 22nd St</p> <p>South Dakota Urban Indian Health (33) 605-339-0420 1200 N. West Ave</p> <p>USD Dental Clinic (16) 605-367-8046 521 N. Main Ave, Ste 202</p>
Housing Resources
<p>Are you homeless? For assessment of program eligibility, call 1-800-664-1349 or go to ICAP (7) in person at 505 N. Western 8am - 4:30pm, Mon - Fri</p>
<p>Sioux Falls Housing & Redevelopment (10) 605-332-0704 630 S. Minnesota Ave</p> <p>Sioux Falls Human Relations/Fair Housing 605-367-8745</p> <p>St. Francis House (Transitional housing) (35) 605-334-3879 210 N. Sherman Ave.</p>


Food
<p>Banquet, The (4) Breakfast: 7am - 8am, Mon - Fri Lunch: 11:30am - 12:30pm, Mon - Sat Dinner: 6:00pm - 7:30pm, Mon - Fri 605-335-7066 900 E. 8th St</p> <p>Banquet West, The (3) Dinner: 6:00pm - 7:30pm, Mon - Fri 710 N. Marion Road</p> <p>Bishop Dudley (5) 11:30am, Mon - Fri/ 3:30pm Sat & Sun 101 N. Indiana Ave</p> <p>Feeding South Dakota mobile food locations Feedingsouthdakota.org/mobile</p> <p>Food to You Mobile Food Pantry 6pm - 7pm Thursdays Dial 211 for locations</p> <p>Faith Temple Church Food Giveaway (15) WH Lyons Fairgrounds 100 N. Lyon Blvd Most Fridays, doors open at 3pm</p> <p>Salvation Army Sioux Falls, The (8) Dinner: 5-6pm, Sat, Sun; Bkfast: 9:30am, Sun Food Pantry: Mon - Fri 9am-11:30am, 1-3:30pm 605-332-2331 800 N. Cliff Ave</p> <p>Union Gospel Mission (26) Daily meals 6:30am, 11:30am, and 5:30pm 605-334-6732 220 N. Weber Ave</p> <p>WIC - SD Dept. of Health (For kids under 5) (34) 605-367-5228 4101 W. 38th Street</p>
Transportation
<p>Sioux Area Metro - Bus Depot (27) 605-367-7151 120 E. 11th St</p>
Child Care Resources
<p>Looking for child care? Call 211</p>

Sioux Falls

Helping Hand Emergency Resource Guide



DIAL 211 OR TEXT YOUR ZIP
CODE TO 898211



Created by: Helpline Center
Updated March 2024

Helpline Center...start here!
Call 211 or text your zip code to 898211 Visit helplinecenter.org
Alcohol / Drug Issues
Support Groups (AA, NA, GA, SMART, etc.) Call 211
Carroll Institute (9) 605-336-2556 310 S. 1st Ave
Face It TOGETHER Sioux Falls (14) 605-274-2262 5020 S. Tennis Ln, Ste 4
The Link (28) 605-275-1000 132 N. Dakota Ave.
SD Resource Hotline for Substance Use 800-920-4343
Mental Health
Avera Behavioral Health Assessment (1) 605-322-4065 4400 W. 69th St, Ste 100
Crisis & Suicide Lifeline 9-8-8 Call or text to chat
Heuermann Counseling Clinic (18) 605-336-1974 2210 W. Brown Pl
(LSS) Lutheran Social Services (21) 855-334-2953 705 E. 41st St, Ste 100
NAMI (National Alliance on Mental Illness) 605-271-1871
Southeastern Behavioral HealthCare (36) 605-336-0503 2000 S. Summit Ave
Behavioral Health Resource Guide www.helplinecenter.org/mhguides/

Job Search
Goodwill Job Center (17) 605-357-6171 3401 S. Duluth Ave
Dept. of Labor - Sioux Falls Job Service (20) 605-367-5300 811 E. 10th St, Dept. 41
Financial
Community Outreach (19) Rent/deposit, utilities, car repairs 605-331-3935 1915 E. 8th Street, Suite 105
DSS Low Income Energy Assistance Program 800-233-8503 LIEAP - heating
DSS Sioux Falls (20) SNAP, TANF, Medical programs, Child Care Assistance, Child Support, Long Term Services and Supports 605-367-5444 811 E. 10th St
Inter-Lakes Community Action (ICAP) (7) Utilities, weatherization, and Head Start 605-334-2808 505 N. Western Ave
Minnehaha County Human Services (16) Rent, deposit, utilities, burial, and medical 605-367-4217 521 N. Main Ave, Ste 201
Salvation Army Sioux Falls (8) Eviction prevention, utilities, work gear 605-332-2331 900 N. Cliff Ave
St. Vincent de Paul Society (32) www.svdpsd.com 431 N. Cliff Avenue Rent, utilities, and prescriptions Access online form Sunday or Wednesday at 4pm.
Holy Innocents (Diaper ministry) (32) 431 N. Cliff Avenue 9am - 11:00am, Wed & Sat, only on the 1st, 2nd, & 3rd week of each month

