

## Basic Needs Resource Guide

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### Employment

#### **Vocational Rehabilitation - Brookings Office offered at South Dakota Department of Human Services**

1310 Main Avenue, S., Suite 102, Brookings, SD 57006

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-688-4280

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** Counties of Brookings, Kingsbury, Lake, Miner, and Moody

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

#### **Disability Employment Services offered at Advance**

1303 Trail Ridge Road, Brookings, SD 57006

**Hours:** 9:00am - 5:00pm (CT), Monday - Friday, or based on client need.

**Phone:** 605-696-5264

**Eligibility:** Must be eligible for Vocational Rehabilitation and have a qualifying disability. Private pay is optional, contact for more details.

**Coverage Area:** Counties of Brookings, Deuel, Hamlin, Kingsbury, Lake, and Moody. Special arrangements can be made at request.

Helps people with disabilities develop the skills needed to find and maintain employment. Services are individualized for the client. Common services include:

- Occupational development
- Guidance
- Consultation
- Mock interviews
- Resume and cover letter creation
- Assistance with applications
- Follow-up contact
- Information pertaining to workplace earnings and the impact on Social Security benefits, Medicare, and Medicaid.
- Vocational evaluations
- Occupational interest surveys
- Independent living evaluations
- Short-term internships
- On site job coaching and/or assessment
- Basic social skill development
- Cultural awareness
- Transitional support into the workplace for students and young adults
- Specific job and task analysis
- Guidance for accommodations and adaptive equipment

Individuals are referred to Career Advantage by the Division of Rehabilitation Services (DRS), commonly referred to as Vocational Rehabilitation (VR), State Services for the Blind & Visually Impaired (SBVI), local School Districts, as well as friends and family members.

Career Advantage is also used as a local resource for businesses who may have disability employment questions, may be seeking guidance on best practices, approaches, accommodations, adaptive equipment, or may be looking to hire additional employees. Functional assessments are available for on-site testing, and disability training for staff is a service available by special request.

### **Disability Support Services offered at Advance**

301 Division Avenue, Brookings, SD 57006

**Hours:** Main Office - 8:00am - 5:00pm (CT), Monday - Friday. Residential Services provided 24 hours a day / 7 days a week.

**Phone:** 605-692-7852

**Eligibility:** Must have a developmental disability that was manifested before the age of 22.

**Coverage Area:** Brookings

A community support provider offering services to individuals with disabilities in the areas of:

- Residential services
- Day services
- Medical services
- Personalized support plan, to help with attaining desired dreams and goals in the areas of:
  - Home
  - Work
  - Community
- Career Advantage program

### **Project SEARCH offered at Brookings School District**

Larson Commons 103D, Box 2806, Brookings, SD 57007

**Hours:** 7:30am - 3:30pm (CT), Monday - Friday

**Phone:** 605-688-4407

**Eligibility:** Students who have completed all academic requirements for graduation from high school may apply for enrollment in Project SEARCH. Participants must be 18 - 21 years old.

**Coverage Area:** Primarily Eastern South Dakota

A business-led transition program for students with disabilities.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

2001 9th Avenue S.W., Suite 200, Watertown, SD 57201

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-882-5131

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Education and Integration Services offered at Southeastern Behavioral Healthcare**

500 E. 54th Street N., Sioux Falls, SD 57104

**Hours:** Special Education and Adult Day services: 9:00am - 3:00pm (CT), Monday - Friday

**Phone:** 605-335-8956

**Eligibility:** Individuals must have a diagnosis of a developmental disability to access HCBS Funding. Children or adults who do not meet HCBS funding criteria can receive services if there is another funding source such as a local school district.

**Coverage Area:** South Dakota. Can serve individuals from other states if funding is available and the referring state is willing to accept South Dakota program standards.

Provides services and supports to children and adults with developmental disabilities by providing support, skills and encouragement needed to achieve hopeful and successful futures.

Services provided to program participants include:

- Special education
- Adult day programs
- Vocational programs
- Home-based instruction
- Residential living facilities
- Consultations
- Psychiatric services
- Medication management
- Counseling
- Transition Program

### **Sioux Council Youth Programs offered at Boy Scouts of America**

800 N. West Avenue, Sioux Falls, SD 57104

**Website:** [www.siouxcouncil.org](http://www.siouxcouncil.org)      **Email:** [sioux.council@scouting.org](mailto:sioux.council@scouting.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-361-2697

**Eligibility:** Vary by program, see description

**Coverage Area:** East River South Dakota

Visit [www.beascout.org](http://www.beascout.org) for local membership information.

### **Services and Support offered at South Dakota Deaf Resource & Outreach Programs**

524 N. Sycamore Avenue, Suite 2, Sioux Falls, SD 57110

**Website:** [sddrop.org](http://sddrop.org)      **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 11:30am - 4:00pm (CT), Monday - Thursday, other hours by appointment

**Phone:** 605-362-2618

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **South Dakota Rehabilitation Center for the Blind offered at South Dakota Department of Human Services**

2900 W. 11th Street, Suite 101, Ste 101, Sioux Falls, SD 57104

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-367-5260

**Eligibility:** Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.

**Coverage Area:** South Dakota

The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence.

### **National Farmworker Jobs Program offered at South Dakota Department of Labor and Regulation**

811 E. 10th Street, Dept. 41, Sioux Falls, SD 57103

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-759-6149

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

811 E. 10th Street, Sioux Falls, SD 57103

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-367-5300

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Post-High School and Therapy Services offered at Teachwell Solutions**

715 E. 14th Street, Sioux Falls, SD 57104

**Website:** <http://teachwell.org> **Email:** [info@teachwell.org](mailto:info@teachwell.org)

**Hours:** 7:30am - 4:00pm (CT), Monday - Friday

**Phone:** 605-367-7680

**Eligibility:** Referral required

**Coverage Area:** South Dakota

Provides employment and independent living skills to young adults, ages 18-21, with disabilities who require assistance and support while pursuing transition goals and objectives. Job and Career Development - offers a number of supports to career-bound high school students and adults seeking employment.

### **Service to the Blind and Visually Impaired - Sioux Falls offered at South Dakota Department of Human Services**

811 E. 10th Street, Department 22, Sioux Falls, SD 57103

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-362-3630

**Eligibility:** Must be blind or visually impaired and want to obtain or retain employment.

**Coverage Area:** Counties of Aurora, Beadle, Bon Homme, Brookings, Charles Mix, Clay, Davison, Deuel, Douglas, Hanson, Hutchinson, Jerauld, Kingsbury, Lake, Lincoln, McCook, Miner, Minnehaha, Moody, Sanborn, Turner, Union, and Yankton State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living. Services are available if applicants meet eligibility criteria, some services are based on economic need.

### **Liaison Services offered at South Dakota Network Against Family Violence and Sexual Assault**

2520 E. River Ridge Place, Suite 200, Sioux Falls, SD 57103

**Hours:** Call for information

**Phone:** 800-670-3989

**Eligibility:** Individuals with a disability, who have been sexually assaulted

**Coverage Area:** South Dakota

Types of services provided:

- Case management
- Civil legal advocacy (protection orders, accompanying to court hearings)
- Civil legal assistance (provided by attorney or paralegal)
- Criminal justice advocacy/ court accompanying
- Crisis intervention
- Employment assistance (job training, coaching, supported or sheltered employment)
- Forensic exam assistance (provided by nurse or forensic examiner)
- Hospital/clinic accompanying
- Language services (interpreters and translators)
- Long term Care (assist with connecting to services for daily needs)
- Peer Support connections
- Personal Planning (assist victim/ survivor with goal-setting and develop plans to accomplish)
- Respite (connect to short term care to victim/survivor to relieve primary caregiver)
- Transportation
- Victim/Survivor advocacy (actions designed to assist victim/survivor in obtaining support, resources or services, including housing, employment shelter services, health care, victim's compensation, etc.)

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

1000 18th Street S.W., Suite 5, Huron, SD 57350

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-353-7155

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

1321 N. Main Street, Mitchell, SD 57301

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule

**Phone:** 605-995-8060

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

3113 Spruce Street, Suite 124, Yankton, SD 57078

**Hours:** 8:00am - 5:00pm (CT), Monday - Wednesday, and Friday 9:00am - 5:00pm (CT), Thursday Walk-ins welcome, appointment preferred.

**Phone:** 605-668-2900

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

904 E. Cherry Street, Vermillion, SD 57069

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule

**Phone:** 605-677-6900

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

420 S. Roosevelt Street, Aberdeen, SD 57401

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only - call or email to schedule

**Phone:** 605-626-2340

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Services and Support offered at South Dakota Deaf Resource & Outreach Programs**

14 S. Main Street, Suite 305, Aberdeen, SD 57401

**Website:** [sddrop.org](http://sddrop.org)      **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 10:00am - 3:00pm (CT), Monday - Thursday, other hours by appointment

**Phone:** 605-626-2668

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

116 W. Missouri Avenue, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule.

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **National Farmworker Jobs Program offered at South Dakota Department of Labor and Regulation**

221 S. Central Avenue, Suite #33, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-494-3608

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Career Launch SD offered at South Dakota Department of Labor and Regulation**

123 W. Missouri Avenue, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-3101

**Eligibility:** High school students and youth ages 14-24



**Coverage Area:** Cities of Belle Fourche, Box Elder, Brookings, Lead/Deadwood, New Underwood, Rapid City, Sioux Falls, Spearfish, Sturgis, Yankton  
Helps youth ages 14-24 explore education and career options.

### **National Farmworker Jobs Program offered at South Dakota Department of Labor and Regulation**

730 E. Watertown Street, Rapid City, SD 57701

**Hours:** 7:30am - 4:00pm (MT), Monday - Friday

**Phone:** 605-394-5120

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Services and Support offered at South Dakota Deaf Resource & Outreach Programs**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [sddrop.org](http://sddrop.org)      **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 8:00am - 12:00noon (MT), Monday - Friday (afternoons by appointment)

**Phone:** 605-394-6864

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

2330 N. Maple Avenue, Suite 1, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Wednesday, Friday 9:00am - 5:00pm (MT), Thursday Walk-ins welcome, appointment preferred.

**Phone:** 605-394-2296

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Liaison Services offered at South Dakota Network Against Family Violence and Sexual Assault**

816 6th Street, Suite 100, Rapid City, SD 57701

**Hours:** Call for information.

**Phone:** 800-670-3989

**Eligibility:** Individuals with a disability, who have been sexually assaulted

**Coverage Area:** South Dakota

Types of services provided:

- Case management
- Civil legal advocacy (protection orders, accompanying to court hearings)
- Civil legal assistance (provided by attorney or paralegal)
- Criminal justice advocacy/ court accompanying
- Crisis intervention
- Employment assistance (job training, coaching, supported or sheltered employment)
- Forensic exam assistance (provided by nurse or forensic examiner)
- Hospital/clinic accompanying
- Language services (interpreters and translators)
- Long term Care (assist with connecting to services for daily needs)
- Peer Support connections
- Personal Planning (assist victim/ survivor with goal-setting and develop plans to accomplish)
- Respite (connect to short term care to victim/survivor to relieve primary caregiver)
- Transportation
- Victim/Survivor advocacy (actions designed to assist victim/survivor in obtaining support, resources or services, including housing, employment shelter services, health care, victim's compensation, etc.)

### **South Dakota Army National Guard Education Service Specialist offered at South Dakota Department of the Military**

2823 W. Main Street, Rapid City, SD 57702

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-737-6079

**Eligibility:** Visit a recruiter for specific requirements for enlistment and benefits

**Coverage Area:** South Dakota

Assists Guard members with higher education planning, preparation and funding.

### **Educational Counseling offered at SeekLearnGrow**

3011 Stockade Drive, Rapid City, SD 57702

**Website:** [www.seeklearngrow.org](http://www.seeklearngrow.org)      **Email:** [Info@SeekLearnGrow.org](mailto:Info@SeekLearnGrow.org)

**Hours:** Virtual office. Will meet by appointment or will communicate by phone or email.

**Phone:** 605-939-0396

**Eligibility:** Our services are open primarily to adult students, military families and former foster children.

**Coverage Area:** South Dakota

Free educational counseling to include document retrieval, career and school research, access to testing and tutoring, help with financial aid, mentors, and community resources.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

120 Industrial Drive, Suite 8, Spearfish, SD 57783

**Hours:** 8:00am - 5:00pm (MT), Monday - Wednesday, and Friday 9:00am - 5:00pm (MT), Thursday Appointment only, call or email to schedule.

**Phone:** 605-642-6900

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Senior Community Service Employment Program offered at National Indian Council on Aging**

8500 Manual Boulevard N.E., Albuquerque, NM 87112

**Hours:** Call for information.

**Phone:** 505-292-2001

**Eligibility:** Low income people aged 55 and older



**Coverage Area:** Counties of: Aurora, Buffalo, Beadle, BonHomme, Brookings, Brown, Brule, Campbell, Charles Mix, Clark, Clay, Codington, Corson, Custer, Davison, Day, Dewey, Douglas, Deuel, Fall River, Faulk, Grant, Gregory, Haakon, Hamlin, Hughes, Hutchinson, Hyde, Jackson, Jerauld, Jones, Kingsbury Lake, Lawrence, Lincoln, Marshall, McCook, McPherson, Meade, Mellette, Miner, Minnehaha, Moody, Oglala, Pennington, Perkins, potter, Roberts, Sanborn, Stanley, Todd, Tuner, Union, Walworth, Yankton, Ziebach

Helps elders find work, develop new skills, new talents, and earn income by participating in a on-the-job training and employment program.

## Family/Parenting/Child Care

### **Pregnancy Services offered at Option 1**

103 22nd Avenue, Brookings, SD 57006

**Website:** [www.option1.org](http://www.option1.org) **Email:** [psd@option1.org](mailto:psd@option1.org)

**Hours:** 12:00noon - 4:00pm (CT), Monday 6:00pm - 8:00pm (CT), Tuesday 6:00pm - 8:00pm (CT), Thursday

**Phone:** 605-692-1600

**Eligibility:** Expecting women and men

**Coverage Area:** Counties of Brookings, Deuel, Hamlin, Kingsbury, Lake and Moody

Offers pregnancy testing, ultrasounds, and STI testing.

### **Financial Assistance offered at My Neighbor**

No Physical Address, Brookings, SD 57006

**Website:** [www.myneighborbrookings.net](http://www.myneighborbrookings.net) **Email:** [info@myneighborbrookings.net](mailto:info@myneighborbrookings.net)

**Hours:** This is a fully remote organization, the website is available 24 hours a day / 7 days a week for a requester to fill out the online request form.

**Phone:** 605-691-3225

**Eligibility:** Must live and work in Brookings. Must demonstrate current employment or very recent history of self-sufficiency through employment.

**Coverage Area:** City of Brookings

A community information and referral program that may be able to assist with rent, deposit, utilities, daycare, small car repairs, car payments (if employed), small health care needs, and Salvation Army vouchers.

### **Hot Meal offered at Harvest Table**

625 5th Street, Brookings, SD 57006

**Email:** [brookingsharvesttable@gmail.com](mailto:brookingsharvesttable@gmail.com)

**Hours:** Meal: 5:30pm - 6:30pm (CT), most Mondays (except major holidays) Office hours: 8:30am - 4:30pm (CT), Monday - Thursday 8:30am - 12:00noon (CT), Friday

**Phone:** 605-692-4345

**Eligibility:** Open to all

**Coverage Area:** Brookings Area

Provides diapers and baby wipes during a weekly meal served 5:30pm - 6:30pm, Monday (except major holidays).

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

1057 8th Street, Pugsley Center, Room 201, Northeast Region Distributing Agency - Child & Family Resource Network, Brookings, SD 57007

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-688-5730

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **DSS Child Care Services offered at South Dakota Department of Social Services**

1310 Main Avenue S., Suite 101, Brookings, SD 57006

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare) **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-688-4330

**Eligibility:** Call for information

**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

### **Spanish-Speaking Community Group offered at Bienvenidos a Brookings**

Brookings, SD 57006

**Hours:** Available by appointment

**Eligibility:** Open to all; assistance is provided to immigrant families

**Coverage Area:** Counties served: Brookings and Moody

Works to bring immigrants, immigrant advocates, and non-immigrant community members together to deepen their relationships and cultural understanding. Nearly all efforts are focused on Latin immigrants.

For immigrant families in need:

- Can provide food, furniture, school supplies, household items, and diapers

Also provides:

- Organizing community English classes and connecting ESL volunteers with new English language learners
- Networking with immigration service providers in Eastern South Dakota
- Creating a general referral service for immigrants needing assistance
- Arranging translation services when needed
- Assisting families with their efforts to change immigration status
- Community outreach to educate the non-immigrant community about obstacles immigrants experience in the Brookings area

### **DSS Child Care Services offered at South Dakota Department of Social Services**

811 E. 10th Street, Sioux Falls, SD 57103

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare) **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday After hours contact local law enforcement

**Phone:** 605-367-5444

**Eligibility:** Call for information

**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

5015 S. Western Avenue, Suite 120, Sioux Falls, SD 57108

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Please make an appointment for installation and education.

**Phone:** 605-312-8390

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

**DSS Child Care Services offered at South Dakota Department of Social Services**

116 E. 11th Avenue, Mitchell, SD 57301

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare) **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)**Hours:** Call for information**Phone:** 605-995-8000**Eligibility:** Call for information**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

**DSS Child Care Services offered at South Dakota Department of Social Services**

3113 Spruce Street, Suite 200, Yankton, SD 57078

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare) **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)**Hours:** 8:00am - 12:00noon;1:00pm - 5:00pm (CT), Monday - Friday**Phone:** 605-668-3030**Eligibility:** Call for information**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

**Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

2905 3rd Avenue, S.E., Aberdeen, SD 57401

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)**Hours:** 8:00am - 5:00pm (CT), Monday - Friday**Phone:** 605-226-5675**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

**DSS Child Care Services offered at South Dakota Department of Social Services**

3401 10th Avenue S.E., Aberdeen, SD 57401

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare) **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)**Hours:** 8:00am - 5:00pm (CT), Monday - Friday**Phone:** 605-626-3160**Eligibility:** Call for information**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

**DSS Child Care Services offered at South Dakota Department of Social Services**

912 E. Sioux Avenue, Pierre, SD 57501

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare) **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)**Hours:** 8:00am - 5:00pm (CT), Monday - Friday**Phone:** 605-773-3612**Eligibility:** Call for information**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

**DSS Child Care Services offered at South Dakota Department of Social Services**

221 Mall Drive, Suite 101, Rapid City, SD 57701

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare) **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)**Hours:** 8:00am - 5:00pm (MT), Monday - Friday**Phone:** 605-394-2525

**Eligibility:** Call for information

**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

3645 Sturgis Road, Suite 110, West Region Distributing Agency - Early Childhood Connections, Rapid City, SD 57702

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday Call to schedule an appointment to ensure seat availability.

**Phone:** 888-999-7759

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **Vehicle Safety Hotline - National Highway Traffic Safety Administration offered at United States Department of Transportation**

1200 New Jersey Avenue, S.E., Washington, DC 20590

**Hours:** Office Hours: 8:30am - 5:30pm (ET), Monday - Friday (excludes Federal Holidays)

**Phone:** 888-327-4236

**Eligibility:** Open to all

**Coverage Area:** United States

A hotline set up for individuals to report problems regarding auto safety or child safety seats. Information can be obtained about auto safety and auto recalls in the United States.

## **Financial**

### **Financial and Homebuying Counseling offered at Lutheran Social Services - Northeast Region**

752 22nd Avenue, Brookings, SD 57006

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday, or by appointment

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues.

**Coverage Area:** Counties of Beadle, Brookings, Brown, and Codington.

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

### **Human Services Office offered at Brookings County**

520 3rd Street, Suite 330, SUITE 220, Brookings, SD 57006

**Website:** [www.brookingscountysd.gov/450/Human-Services](http://www.brookingscountysd.gov/450/Human-Services)

**Email:** [bchs@brookingscountysd.gov](mailto:bchs@brookingscountysd.gov)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-696-8261

**Eligibility:** Must reside in Brookings County.

**Coverage Area:** Brookings County

Provides emergency assistance with rent, utilities, prescriptions, medical expenses, transportation, and county burials as a last resort.

### **Emergency Services offered at Salvation Army Brookings, The**

619 5th Avenue, Suite 4B, Brookings, SD 57006

**Website:** [www.salarmybrookings.org](http://www.salarmybrookings.org)

**Email:** [salarmybrookings@usc.salvationarmy.org](mailto:salarmybrookings@usc.salvationarmy.org)

**Hours:** 1:00pm - 5:00pm (CT), Monday - Thursday Friday by appointment only. Residents can call and schedule appointments outside of office hours.

**Phone:** 605-219-8970

**Eligibility:** Open to all

**Coverage Area:** Brookings County

Provides rent assistance for eviction notices, utility assistance for disconnect notices, transportation help for medical reasons or stranded motorists, emergency hotel stays, prescription assistance, and disaster assistance such as in the event of a house fire or flood. After hours call non-emergency dispatch at (605) 692-2113.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

415 8th Street S., Brookings, SD 57006

**Hours:** 8:00am - 4:30pm (CT), Monday, Tuesday, Thursday, and Friday

**Phone:** 605-692-6391

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

### **Housing Services offered at Inter-Lakes Community Action Partnership**

415 8th Street S., Brookings, SD 57006

**Hours:** 12:00noon - 5:00pm (CT), Monday, Tuesday, Thursday, and Friday

**Phone:** 605-692-6391

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

112 E. Pipestone, Flandreau, SD 57028

**Hours:** 9:00am - 3:30pm (CT), Wednesday and Thursday

**Phone:** 605-997-2824

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

### **Housing Services offered at Inter-Lakes Community Action Partnership**

112 E. Pipestone, Flandreau, SD 57028

**Hours:** 9:00am - 3:30pm (CT), Wednesday, Thursday

**Phone:** 605-997-2824

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

111 N. Van Eps Avenue, Madison, SD 57042

**Hours:** 8:00am - 4:30pm (CT), Monday, Tuesday, and Friday

**Phone:** 605-256-6518

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

**Housing Services offered at Inter-Lakes Community Action Partnership**

111 N. Van Eps Avenue, Madison, SD 57042

**Hours:** 8:00am - 4:30pm (CT), Monday, Tuesday, and Friday

**Phone:** 605-256-6518

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

**Emergency Services offered at Inter-Lakes Community Action Partnership**

408 4th Street W., Deuel County Courthouse, Clear Lake, SD 57226

**Hours:** 8:00am - 4:30pm (CT), Monday, Wednesday, Thursday, and Friday

**Phone:** 605-874-2062

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

**Housing Services offered at Inter-Lakes Community Action Partnership**

408 4th Street W., Deuel County Courthouse, Clear Lake, SD 57226

**Hours:** 8:00am - 4:30pm (CT), Monday, Wednesday, Thursday, and Friday

**Phone:** 605-874-2062

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

**Emergency Services offered at Inter-Lakes Community Action Partnership**

300 4th Street, Hamlin County Courthouse, Hayti, SD 57241

**Hours:** 9:00am - 3:30pm (CT), Tuesday

**Phone:** 605-783-3867

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

**Housing Services offered at Inter-Lakes Community Action Partnership**

300 4th Street, Hamlin County Courthouse, Hayti, SD 57241

**Hours:** 9:00am - 3:30pm (CT), Tuesday

**Phone:** 605-783-3867

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

**Emergency Services offered at Inter-Lakes Community Action Partnership**

202 2nd Street S.W., Kingsbury County Courthouse, Upper Level, De Smet, SD 57231

**Hours:** 9:00am - 3:30pm (CT), Wednesday

**Phone:** 605-874-3701

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.



### **Housing Services offered at Inter-Lakes Community Action Partnership**

202 2nd Street S.W., Kingsbury County Courthouse, Upper Level, De Smet, SD 57231

**Hours:** 9:00am - 3:30pm (CT), Wednesday

**Phone:** 605-854-3701

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

108 E. Highway 34, Howard, SD 57349

**Hours:** 9:00am - 3:30pm (CT), Tuesday and Thursday

**Phone:** 605-772-5712

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

### **Housing Services offered at Inter-Lakes Community Action Partnership**

108 E. Highway 34, Howard, SD 57349

**Hours:** 9:00am - 3:00pm (CT); Tuesday and Thursday

**Phone:** 605-772-5712

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

### **Financial and Homebuying Counseling offered at Lutheran Social Services - Northeast Region**

1424 9th Avenue S.E., Watertown, SD 57201

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>      **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** 8:00am - 9:00pm (CT), Monday, Wednesday 8:00am - 5:00pm (CT), Tuesday, Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues.

**Coverage Area:** Counties of Beadle, Brookings, Brown, and Codington.

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

7 8th Avenue S.E., Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday and Wednesday Must call for an appointment

**Phone:** 605-886-7674

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

### **Housing Services offered at Inter-Lakes Community Action Partnership**

7 8th Avenue S.E., Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday and Wednesday Must call for an appointment.

**Phone:** 605-886-7674

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

**Emergency Services offered at Inter-Lakes Community Action Partnership**

130 W. Essex Avenue, McCook County Courthouse, Main Level, Salem, SD 57058

**Hours:** 8:00am - 4:30pm (CT), Monday and Wednesday

**Phone:** 605-425-2271

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

**Housing Services offered at Inter-Lakes Community Action Partnership**

130 W. Essex Avenue, McCook County Courthouse, Main Level, Salem, SD 57058

**Hours:** 8:00am - 4:30pm (CT), Monday and Wednesday

**Phone:** 605-425-2271

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

**Emergency Services offered at Inter-Lakes Community Action Partnership**

409 N. Western Avenue, Sioux Falls, SD 57104

**Hours:** 8:00am - 12:00noon;1:00pm - 4:30pm (CDT), Monday - Friday

**Phone:** 605-334-2808

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

**Housing Services offered at Inter-Lakes Community Action Partnership**

409 N. Western Avenue, Sioux Falls, SD 57104

**Hours:** 8:00am - 12:00noon;1:00pm - 4:30pm (CT), Monday - Friday

**Phone:** 605-334-2808

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

**Housing Education Programs offered at Sioux Empire Housing Partnership, Inc.**

200 N. Phillips Avenue, Suite 200, Suite 200, Sioux Falls, SD 57104

**Website:** [www.siouxempirehousing.org](http://www.siouxempirehousing.org)      **Email:** [sehp@siouxfalls.com](mailto:sehp@siouxfalls.com)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Evening sessions and Saturday classes available once a month

**Phone:** 605-339-0942

**Eligibility:** Individuals interested in homeownership or rental education, financial literacy and establishing or rebuilding credit. Youth seeking financial literacy.

**Coverage Area:** South Dakota

Sioux Empire Housing Partnership (SEHP) offers housing education programs, such as Homebuyer & Rental Education, Financial Literacy and Debt Management, and Credit Review Services.

**Housing Opportunities for People with AIDS offered at Sioux Falls Housing and Redevelopment Commission**

630 S. Minnesota Avenue, Sioux Falls, SD 57104

**Website:** [www.siouxfallshousing.org](http://www.siouxfallshousing.org)      **Email:** [sfhrc@siouxfallshousing.org](mailto:sfhrc@siouxfallshousing.org)

**Hours:** Main door is open from 8:00am to 5:00pm (CT) Monday - Thursday. Walk-in hours are available from 11:00am - 12:00noon (CT) Monday - Thursday for anyone to talk with a caseworker. Main door is closed on Fridays with no walk-in hours. May be available by appointment.

**Phone:** 605-332-0704

**Eligibility:** Serves persons who are diagnosed with HIV/AIDS and meet income limitations.

**Coverage Area:** South Dakota

Provides short or long term rental assistance and mortgage payment assistance to persons who are diagnosed with HIV/AIDS and meet income limitations.

### **SD Cares Rental Assistance Program offered at South Dakota Housing Development Authority**

No Physical Address, Sioux Falls, SD 57105

**Hours:** Applications currently being accepted.

**Phone:** 605-339-4357

**Eligibility:** Must be a renter; Have income at or below 80% of AMI for respective county; Owe past due rent or utilities or unable to pay current expenses.

**Coverage Area:** South Dakota

Provides rental and utility assistance. Assistance provided is not a loan and does not have to be paid back. Online only application - fill this out first.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

116 N. Commercial Street, Clark, SD 57225

**Hours:** 8:00am - 4:30pm (CT), Tuesday and Thursday

**Phone:** 605-532-3722

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

### **Housing Services offered at Inter-Lakes Community Action Partnership**

116 N. Commercial Street, Clark, SD 57225

**Hours:** 9:00am - 3:30pm (CT), Tuesday and Thursday

**Phone:** 605-532-3722

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

210 E. 5th Avenue, County Courthouse, Milbank, SD 57252

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday Call to schedule an appointment

**Phone:** 605-432-6571

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

### **Housing Services offered at Inter-Lakes Community Action Partnership**

210 E. 5th Avenue, County Courthouse, Milbank, SD 57252

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday Call to schedule an appointment.

**Phone:** 605-432-6571

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

400 S. Main Avenue, Turner County Courthouse, Lower Level, Parker, SD 57053

**Hours:** 8:00am - 4:00pm (CT), Tuesday

**Phone:** 605-940-1909

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

### **Housing Services offered at Inter-Lakes Community Action Partnership**

400 S. Main Avenue, Turner County Courthouse, Lower Level, Parker, SD 57053

**Hours:** 8:00am - 4:00pm (CT), Tuesday

**Phone:** 605-940-1909

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

### **Emergency Services offered at Inter-Lakes Community Action Partnership**

104 N. Main Street, Suite 140, Canton, SD 57013

**Hours:** 9:00am - 3:30pm (CT), Monday

**Phone:** 605-940-1909

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

ICAP Emergency Services helps with emergency utilities and rent for income qualified households. Must meet all requirements. Also offers food pantry vouchers to those who qualify.

### **Housing Services offered at Inter-Lakes Community Action Partnership**

104 N. Main Street, Suite 140, Canton, SD 57013

**Hours:** 8:00am - 3:30pm (CT), Monday

**Phone:** 605-940-1909

**Eligibility:** Varies by program, call for information.

**Coverage Area:** East Central South Dakota

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

### **Financial and Homebuying Counseling offered at Lutheran Social Services - Northeast Region**

33 3rd Street S.E., Suite 202, Huron, SD 57350

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Services available by appointment.

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues.

**Coverage Area:** Counties of Beadle, Brookings, Brown, and Codington.

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

### **Housing Programs offered at GROW South Dakota**

104 Ash Street E., Sisseton, SD 57262

**Website:** [www.growsd.org](http://www.growsd.org)

**Email:** [info@growsd.org](mailto:info@growsd.org)

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday (summer hours may vary)

**Phone:** 605-698-7654

**Eligibility:** All programs have varying income guidelines, service areas and eligibility restrictions. Availability and sources of funds may vary.

**Coverage Area:** South Dakota

Home ownership preparation services and Home Buyer Education classes. For eligible individuals/families, down payment/closing cost assistance or low-cost loans for purchasing a home or home improvements may be available.

### **Financial and Homebuying Counseling offered at Lutheran Social Services - Northeast Region**

110 6th Avenue S.E., Suite 200, Aberdeen, SD 57401

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday, or by appointment

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues.

**Coverage Area:** Counties of Beadle, Brookings, Brown, and Codington.

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

### **Small Business Assistance offered at Four Bands Community Fund, Inc.**

412 S. Main Street, Eagle Butte, SD 57625

**Website:** [www.fourbands.org](http://www.fourbands.org)

**Email:** [info@fourbands.org](mailto:info@fourbands.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-964-3687

**Eligibility:** Open to all potential and existing Native American owned businesses in South Dakota

**Coverage Area:** Counties of Dewey and Ziebach, and all potential and existing Native American owned businesses in South Dakota

Providing business training/coaching, financial empowerment coaching, and lending to potential and existing Native American owned businesses in South Dakota.

### **Never Give Up Hope offered at FoY Foundation, Inc.**

429 Kansas City Street, Suite 2-3, Rapid City, SD 57701

**Website:** [www.FoYFoundationInc.org](http://www.FoYFoundationInc.org)

**Email:** [FoYFoundationInc@gmail.com](mailto:FoYFoundationInc@gmail.com)

**Hours:** 9:00am - 3:00pm (MT), by appointment

**Phone:** 605-721-7775

**Eligibility:** Adults 18 - 65 years old undergoing invasive major surgery to remove cancer.

**Coverage Area:** South Dakota

Helps adult cancer patients who need surgery with rent/mortgage payments.

### **Bankruptcy Advice Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173

**Website:** <http://careconnectusa.org/free-bankruptcy-advice/>

**Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)

**Hours:** 9:00am - 8:00pm (ET), Monday - Friday

**Phone:** 800-379-0985

**Eligibility:** Must have burdensome debt without ability to pay it back in a timely manner.

**Coverage Area:** United States

Free Bankruptcy Advice Hotline 800-379-0985.

### **Debt Counseling Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173

**Website:** <https://careconnectusa.org/debt-relief-help-line/>

**Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)

**Hours:** 9:00am - 6:00pm (ET), Monday - Friday

**Phone:** 800-453-1738

**Eligibility:** Must have unsecured (credit card) debt and a willingness to receive counseling.

**Coverage Area:** United States

Debt Relief Helpline 800-453-1738.

**Private Student Loan Relief Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173

**Website:** [careconnectusa.org/private-student-loan-relief](http://careconnectusa.org/private-student-loan-relief)

**Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)

**Hours:** 8:00am - 5:00pm (ET), Monday - Friday

**Phone:** 888-669-1064

**Eligibility:** Open to student loan borrowers who have private loans through a bank or credit union.

**Coverage Area:** Nationwide

A helpline for student loan borrowers who have a private loan from a bank or credit union.

**Financial Assistance for Military Families offered at American Red Cross**

No Physical Address

**Website:** <https://www.redcross.org/get-help/military-families/financial-assistance.html>

**Hours:** 24 hours a day / 7 days a week

**Phone:** 877-272-7337

**Eligibility:** Active duty service members and their immediate family, members of the activated National Guard or Reserve Unit and their immediate family members, and military retiree or spouse/widow(er) of a retiree.

**Coverage Area:** State of South Dakota

The American Red Cross works in partnership with Military Aid Societies to provide financial assistance to eligible applicants.

## Food

**Senior Meals offered at Inter-Lakes Community Action Partnership**

519 Heritage Drive, Heritage Apartments, Brookings, SD 57006

**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday Lunch: 11:30am (CT), Monday - Friday

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

790 22nd Avenue S., Hy-Vee, Brookings, SD 57006

**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday Lunch: 11:30am (CT), Monday - Friday

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

402 7th Avenue S., Sunchase Apartments, Brookings, SD 57006

**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday Lunch: 11:30am (CT), Monday - Friday

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.



### **Food Program offered at Feeding Brookings**

2030 3rd Street, Distribution Site: Ascension Lutheran Church, Brookings, SD 57006

**Website:** [www.feedingbrookings.org](http://www.feedingbrookings.org)      **Email:** [feedingbrookings@gmail.com](mailto:feedingbrookings@gmail.com)

**Hours:** Distribution: 3:30pm - 5:00pm (CT), Thursday Volunteers needed on Thursdays especially from 2:00pm - 4:00pm (CT).

**Phone:** 605-692-6565

**Eligibility:** All in need are welcome. Income guidelines must be met to receive some of the TEFAP food items but there is still other food to give to all who come.

**Coverage Area:** Brookings County

Provides meat, tuna, eggs, milk, produce, bakery items, canned goods, other non-perishable foods and hygiene supplies.  
4:00pm - 5:00pm, every Thursday

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

320 5th Avenue, Brookings Activity Center, Brookings, SD 57006

**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday Lunch: 11:30am (CT), Monday - Friday

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

913 Onaka Trail, Arrowhead Apartments, Brookings, SD 57006

**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday Lunch: 11:30am (CT), Monday - Friday

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Food Pantry offered at Council for Emergency Services**

908 Hope Drive, Brookings, SD 57006

**Website:** [www.brookingscountyfoodpantry.weebly.com](http://www.brookingscountyfoodpantry.weebly.com)      **Email:** [bkfoodpantry@swiftnet.net](mailto:bkfoodpantry@swiftnet.net)

**Hours:** 1:00pm - 4:30pm (CT), Monday, Wednesday, Friday

**Phone:** 605-692-5007

**Eligibility:** Open to all

**Coverage Area:** Brookings County

Distributes food 1:00pm - 4:30pm, Monday, Wednesday, and Friday. Bring valid picture ID and proof of current address.

### **Backpack Program offered at Brookings Backpack Project**

908 Hope Drive, Brookings, SD 57006

**Website:** [www.brookingsbackpackproject.org/](http://www.brookingsbackpackproject.org/)      **Email:** [volunteersbbp@gmail.com](mailto:volunteersbbp@gmail.com)

**Hours:** Summer distribution: 1:00pm - 6:00pm (CT), Wednesday School year distribution: 10:00am - 2:00pm (CT), Friday

**Phone:** 605-651-3900

**Eligibility:** Children, Head Start - 12th Grade, Family

**Coverage Area:** Brookings County Schools, Sioux Valley School and Elkton School - Home schooled children

Assists children and youth in Brookings County who may not have food on the weekends by providing easy-to-prepare meals and snacks throughout the school year and summer months. No financial guidelines to provide and all ages from Head Start through Senior High are eligible. Food is distributed through the schools on Fridays and is available for pick up in the summer.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

601 Samara Avenue, Westside Apartments, Volga, SD 57071

**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday Lunch: 11:30am (CT), Monday - Friday

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

919 Jay Street, The Ridge, Bruce, SD 57220

**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday Lunch: 11:30am (CT), Monday - Friday

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

100 1st Street, Mortland's Burgers and More, Elkton, SD 57026

**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday Lunch: 11:30am (CT), Monday - Friday

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

407 Bill Davis Street #34, BlueJays C-Store, Egan, SD 57024

**Hours:** 10:00am - 7:00pm (CT), Monday - Sunday

**Phone:** 605-256-6518

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

111 N. Van Eps Avenue, Project Office Location, Madison, SD 57042

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-256-6518

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

511 Main Street, The Bullpen, Lake Norden, SD 57248

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-874-2062

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

105 Main Street, Ships Inn Bar and Grill, Castlewood, SD 57223

**Hours:** Call for information.

**Phone:** 605-692-1407

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

406 3rd Avenue S., Pizza and Burger Shack, Clear Lake, SD 57226

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-874-2062

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

213 3rd Avenue S., August 17th Gourmet Coffee and Sandwich Shoppe, Clear Lake, SD 57226

**Hours:** 8:00am - 4:30pm (CT), Monday, Wednesday, Thursday, and Friday

**Phone:** 605-874-2062

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

219 1st Avenue, The Alibi, Gary, SD 57237

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-874-2062

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

127 Calumet Avenue S.W., Wards Store and Bakery, De Smet, SD 57231

**Hours:** 8:00am - 10:30am; 2:00pm - 5:00pm (CT), Monday - Thursday 8:00am - 10:30am (CT), Friday

**Phone:** 605-854-3701

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

300 W. Hazel Avenue, Good Samaritan Center, Howard, SD 57349

**Hours:** Vary; call for information.

**Phone:** 605-772-5712

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

108 E. Highway 34, Nearly New Store, Howard, SD 57349

**Hours:** Hours vary; call for information.

**Phone:** 605-772-5712

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

1320 9th Avenue S.E., Hy-Vee, Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday

**Phone:** 605-882-2166

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

1007 9th Avenue S.W., The Roadhouse Cafe, Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday

**Phone:** 605-882-2166

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

215 S. Maple, Town View Apartments, Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday

**Phone:** 605-882-2166

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

26 1st Ave S.W., Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday

**Phone:** 605-882-2166

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

6 1st Street S.W., Highrise Apartments, Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday

**Phone:** 605-882-2166

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

17 1st Street S.W., Towers Apartment, Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday

**Phone:** 605-882-2166

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

221 Garfield Avenue, The Rusty Nail, Willow Lake, SD 57278

**Hours:** 11:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-256-6518

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Senior Meals offered at Inter-Lakes Community Action Partnership**

109 Main Street, Labolt Mini Mall, Labolt, SD 57246

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-882-2166

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

**Statewide Mobile Food Distribution Program offered at Feeding South Dakota**

Sioux Falls, SD 57105

**Website:** [www.feedingsouthdakota.org/mobile](http://www.feedingsouthdakota.org/mobile)

**Email:** [info@feedingsouthdakota.org](mailto:info@feedingsouthdakota.org)

**Hours:** Find locations and schedules on website.

**Eligibility:** When picking up food, guests will be asked to register their household and self-declare their income.

**Coverage Area:** South Dakota

Distributes free food to individuals and families. Visit website to see list of location dates/times in your area.

**Senior Meals offered at Inter-Lakes Community Action Partnership**



123 S. Main Street, Ruger's General Store, Strandburg, SD 57265

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-432-6571

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

202 N. Main Street, Alice's Restaurant, Stockholm, SD 57264

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-432-6571

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

100 N. Commercial Street, Corner Diner, Clark, SD 57225

**Hours:** Hours vary, call for information.

**Phone:** 605-886-7674

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

524 415th Avenue, Carpenter Cafe, Carpenter, SD 57322

**Hours:** 11:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-256-6518

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

204 S. 4th Street, Columbus Heights Apartments, Milbank, SD 57252

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-432-6571

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota

60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **Senior Meals offered at Inter-Lakes Community Action Partnership**

103 N. Viola Street, St. William's Care Center, Milbank, SD 57252

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-432-6571

**Eligibility:** Anyone 60 years or older

**Coverage Area:** East Central South Dakota



60's + Dining: A senior congregate meal program that provides a nutritious lunch meal which reduces or prevents malnutrition and provides socialization for the participants. Home Meal Delivery: Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty.

### **HOPE Waivers offered at South Dakota Department of Human Services**

3800 E. Highway 34, Division of Long Term Services and Supports, Hillsvie Plaza, Pierre, SD 57501

**Website:** <https://dhs.sd.gov/en/ltss/hope-waiver>

**Email:** [DakotaAtHome@state.sd.us](mailto:DakotaAtHome@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 833-663-9673

**Eligibility:** Open to those 65 and older or age 18 and older with a qualifying disability

**Coverage Area:** South Dakota

Provides home and community-based services to people who need nursing facility level of care. The waiver allows people age 65 and older, and people age 18 and older who have a qualifying disability, to live at home or in the setting that is most independent for them.

### **Programs and Services offered at Dysphagia Outreach Project, The**

300 W. Carolina Avenue, Suite 9, Ruston, LA 71270

**Website:** [www.dysphagiaoutreach.org](http://www.dysphagiaoutreach.org)

**Email:** [team@dysphagiaoutreach.org](mailto:team@dysphagiaoutreach.org)

**Hours:** Online database;monitored daily

**Eligibility:** For individuals diagnosed with dysphagia and their caregivers.

**Coverage Area:** United States

Collects and distributes dysphagia supplies to individuals in need, establish a dysphagia awareness advocacy program, provide education services relating to appropriate prescription and use of dysphagia supplies, and assist in establishing a network of interconnected dysphagia support groups across the country.

### **Cooked Meals offered at Lasagna Love**

Williamstown, MA 1267

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides 1 cooked meal per month for families in need;also delivers the meal. Currently, serving South Dakota.

## **Clothing**

### **Thrift Store offered at Goodwill of the Great Plains**

625 Main Avenue, Brookings, SD 57006

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-692-2085

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store and Document Shredding Services offered at Goodwill of the Great Plains Brookings**

625 Main Avenue, Brookings, SD 57006

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-692-2085

**Eligibility:** Open to all

**Coverage Area:** Brookings area

Offers low cost clothing, furniture, and household items. Clothing vouchers available with referral from a social service agency.

### **Ivy Closet offered at Brookings Behavioral Health & Wellness**

211 4th Street, The Ivy Center, Brookings, SD 57006

**Website:** [www.brookingsivycenter.org](http://www.brookingsivycenter.org) **Email:** [info@brookingsivycenter.org](mailto:info@brookingsivycenter.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday Crisis Services Available 24 hours a day / 7 days a week

**Phone:** 605-697-2850

**Eligibility:** Open to Brookings County residents; once every 3 months

**Coverage Area:** Brookings County

The Ivy Closet is a free resource open to Brookings County residents. Individuals must schedule an appointment with a Systems of Care Coordinator or Case Manager and complete a short intake form prior to receiving donations from the Ivy Closet.

### **Thrift Store offered at Encore Family Store**

209 S. Egan Avenue, Madison, SD 57042

**Hours:** 10:00am - 6:00pm (CT), Tuesday - Friday 10:00am - 3:00pm (CT), Saturday

**Phone:** 605-556-3100

**Eligibility:** Open to all

**Coverage Area:** Counties of Brookings, Kingsbury, Lake, Miner, and Moody

Offers low cost clothing, furniture, and household items. Vouchers may be available from ICAP.

### **Thrift Store offered at Goodwill of the Great Plains**

2318 9th Avenue S.E., Watertown, SD 57201

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-886-6379

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Gender-Diverse Clothing Closet offered at Transformation Project, The**

500 N. Western Avenue, Suite 300, Sioux Falls, SD 57104

**Website:** [www.transformationprojectsd.org](http://www.transformationprojectsd.org) **Email:** [info@transformationprojectsd.org](mailto:info@transformationprojectsd.org)

**Hours:** Check website for appointment availability.

**Phone:** 605-836-3105

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Providing Transgender & Gender Diverse individuals in need of clothing a meeting with a personal stylist to choose clothing, shoes and accessories and take home a week's worth at no cost to them.

Fill out an online application or call to book an appointment.

### **Thrift Store offered at Goodwill of the Great Plains**

120 N. Kiwanis Avenue, Sioux Falls, SD 57104

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-334-2028

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

3400 S. Norton Avenue, Sioux Falls, SD 57105

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-731-1930

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

4701 E. 41st Street, Sioux Falls, SD 57110

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-338-2431

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

1415 W. Haven, Unit 6, Mitchell, SD 57301

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-996-3640

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

2508 Fox Run Parkway, Yankton, SD 57078

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-665-8847

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

424 S. Brown County Highway 19, Aberdeen, SD 57401

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-225-0822

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

1902 Eastgate Avenue, Pierre, SD 57501

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-494-3033

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

611 Timmons Boulevard, Rapid City, SD 57703

**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

**Phone:** 605-731-1930

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

611 Lindbergh Avenue, Rapid City, SD 57701

**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

**Phone:** 605-737-3955

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

## Shelters

### **Crisis Hotline and Emergency Shelter offered at Brookings Domestic Abuse Shelter**

807 Onaka Trail, Brookings, SD 57006

**Website:** <https://brookingsdomesticabusesheltersd.weebly.com/>

**Email:** [domestic@brookingssshelter.com](mailto:domestic@brookingssshelter.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-692-7233

**Eligibility:** Battered Person / Sexual Assault Victim / Stalking Victim Residency of Brookings County is not required.

**Coverage Area:** Counties of Brookings and Kingsbury are given priority but will accept victims from all of South Dakota

A 24-hour crisis program for victims of domestic abuse, sexual assault, and stalking. Services include crisis hotline, emergency shelter, support group, safety planning, crisis intervention, supportive listening, civil/legal assistance with protection orders, referral services, and limited financial assistance.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

7 W. Kemp, Codington County Community Services, Watertown, SD 57201

**Hours:** 9:00am - 4:00pm (CT), Monday - Friday

**Phone:** 605-882-6286

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **Arise Youth Center East offered at Lutheran Social Services - Southeast Region**

621 E. Presentation Street, Sioux Falls, SD 57104

**Website:** <https://lsssd.org/what-we-do/detention-alternatives/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-221-2346

**Eligibility:** Children aged 10-17

**Coverage Area:** Currently set only to serve Minnehaha County for Reception Center. Shelter Care in South Dakota upon approval (Safe Place walk in services available). Evening Report Center available to local court system referrals and taking referrals for youth who have successfully completed court-mandated Evening Report Center services who want to continue in the voluntary ERC program.

Temporary care alternative for youth, services include identifying assistance programs and court system collaboration.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

505 N. Western Avenue, Inter-Lakes Community Action Partnership, Sioux Falls, SD 57104

**Hours:** 8:00am - 12:00noon;1:00pm - 4:30pm (CT), Monday - Friday

**Phone:** 605-334-2808

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **24/7 Hotline Number offered at Domestic Violence Hotline for South Dakota**

No Physical Address, Sioux Falls, SD 57105

**Hours:** 24 hours a day / 7 days a week

**Phone:** 800-430-7233

**Eligibility:** Open to anyone in a domestic violence situation, friends, or concerned loved ones

**Coverage Area:** South Dakota

Provides support and crisis intervention 24 hours a day / 7 days a week.

### **Axis180 offered at Volunteers of America, Dakotas**

3201 S. Theodore Avenue, Sioux Falls, SD 57106

**Website:** [www.voa-dakotas.org](http://www.voa-dakotas.org)      **Email:** [axis180@voa-dakotas.org](mailto:axis180@voa-dakotas.org)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-366-7803

**Eligibility:** Homeless youth ages 16 - 21

**Coverage Area:** South Dakota

Provides shelter, case management, life skills, and education services to young people ages 16 to 21, who are preparing for independent living. The program provides young people with a safe, supportive environment while they learn the skills necessary to succeed on their own.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

201 E. 2nd Avenue, Rural Office of Community Services, Mitchell, SD 57301

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-996-9626

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

920 Broadway Avenue, Suite 1, Rural Office of Community Services, Yankton, SD 57078

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-665-4559

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

107 2nd Street S.W., Rural Office of Community Services, Wagner, SD 57380

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-384-3883

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

58 N. 3rd Avenue, ROCS Lake Andes Office, Lake Andes, SD 57356

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-487-7634

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **Transitional Shelter offered at Maggie's House**

15 Wasuya Avenue, Kyle, SD 57752

**Email:** [maggieshousetlp@gmail.com](mailto:maggieshousetlp@gmail.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-455-1214

**Eligibility:** Ages 17 - 21

**Coverage Area:** South Dakota

Provides a safe and stable environment enriched with culturally appropriate and evidence based services to youth aging out of foster care, trafficked, homeless, parenting teens, and young adults ages 17-21.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

706 E. Monroe, Family Connections Center, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Sunday

**Phone:** 605-716-0422

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

111 New York Street, Volunteers of America, Northern Rockies, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-341-8336

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **24/7 Crisis Intervention Safeline offered at National Runaway Safeline**

3141 B N. Lincoln Avenue, Chicago, IL 60657

**Website:** [www.1800RUNAWAY.org](http://www.1800RUNAWAY.org) **Email:** [info@1800runaway.org](mailto:info@1800runaway.org)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday Hotline hours: 24 hours a day / 7 days a week / 365 days a year

**Phone:** 800-786-2929

**Eligibility:** Youth 21 years of age and under, their families, and concerned adults.

**Coverage Area:** United States

Confidential, 24/7 crisis intervention for runaway and homeless youth and their families.



## Housing

### **Teen Challenge of the Dakotas**

600 W. 16th Avenue S., Brookings, SD 57006

**Hours:** Office hours: 8:30am - 5:00pm (CT), Monday - Friday

**Phone:** 605-693-9753

**Eligibility:** Men, 18 years and older with life controlling problems such as addictions

**Coverage Area:** Located in Brookings, but serving residents of South Dakota

A residential, Christian discipleship program utilizing biblical principles including faith and genuine repentance to help men (18 years and older) overcome life-controlling problems such as addictions.

### **Sober Living Home offered at Oxford House**

2 Oxford Houses in Brookings, Brookings, SD 57006

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-270-2373

**Eligibility:** Houses for men, women, women and children; no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Housing Assistance offered at Brookings Housing Authority**

1310 Main Avenue S., Suite 106, Brookings, SD 57006

**Website:** [www.brookingscountysd.gov](http://www.brookingscountysd.gov) **Email:** [sdbhrc@brookings.net](mailto:sdbhrc@brookings.net)

**Hours:** 8:00am - 5:00pm (CT), Monday - Thursday

**Phone:** 605-692-1670

**Eligibility:** Open to all

**Coverage Area:** Counties of Brookings Hamlin, Moody, Kingsbury and Deuel

Provides housing rental assistance to low income families. Preference is given to elderly, disabled, and those experiencing domestic violence situations. Family Self-Sufficiency Program available to families that participate in the Section 8 Voucher Program.

### **Affordable Housing offered at Volga Housing and Redevelopment**

601 Samara Avenue, Volga, SD 57071

**Hours:** 9:00am - 11:00am (CT), Monday - Friday

**Phone:** 605-627-5249

**Eligibility:** Income guidelines, call for information.

**Coverage Area:** Volga and surrounding areas.

HUD low income house. Rent dependent upon income.

### **Halfway House and Detox Center offered at Human Service Agency**

119 19th Street N.E., Watertown, SD 57201

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-884-0650

**Eligibility:** Halfway House: Males, 18 and over, diagnosed with substance use disorder and mental illness. Detox: Available for males and females, 18 and over. Admission criteria is either currently experiencing intoxication or withdrawal symptoms with the desire for recovery. Crisis Intervention: Available for 18 and over experiencing severe Mental Health crisis or suicidal thought.

**Coverage Area:** Located in Watertown, but serving residents of South Dakota

A therapeutic place of residence for persons suffering from mental illness and chemical dependency. Offering dignity and serenity for chemically dependent and or mentally ill persons to continue the journey of recovery, healing, and wholeness.

### **Inmate and Ex-Offender Support Services offered at Hope Prison Ministry**

PO Box 284, Sioux Falls, SD 57104

**Website:** [www.hopeprisonministry.com](http://www.hopeprisonministry.com)      **Email:** [hopeprisonministry@gmail.com](mailto:hopeprisonministry@gmail.com)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-338-7526

**Eligibility:** All prison inmates released within the last 6 months and have not been assisted by Hope Prison Ministry previously.

**Coverage Area:** South Dakota

Helps men and women after release from incarceration by providing them with clothes and resources needed to find food, housing resource information and other items on a one-time basis.

### **Marissa's House offered at Call to Freedom**

Sioux Falls, SD 57104

**Website:** [www.calltofreedom.org](http://www.calltofreedom.org)      **Email:** [info@calltofreedom.org](mailto:info@calltofreedom.org)

**Hours:** Call for information

**Phone:** 605-759-3565

**Eligibility:** Women 18+ and their children (call for age specific information) (Victims/Survivors of Human Trafficking and sexual exploitation)

**Coverage Area:** South Dakota

Call to Freedom provides victim-centered responsive services to those who have experienced sexual exploitation and human trafficking. Our Vision is to create a cohesive community model of care and support for victims, bringing communities together while educating and advocating to stop human trafficking.

### **Sober Living Home offered at Oxford House**

13 Oxford Houses in Sioux Falls, Sioux Falls, SD 57104

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-569-2111

**Eligibility:** Houses for men, women, women and children;no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Ex-Offender Transitional Housing offered at Kingdom Boundaries Prison Aftercare**

417 S. Summit Avenue, Sioux Falls, SD 57104

**Hours:** 6:00am - 6:00pm (CT), Monday - Friday

**Phone:** 605-695-0048

**Eligibility:** Can only house male ex-offenders.

**Coverage Area:** South Dakota

Transitional housing for up to 20 males. Program also helps anyone re-entering society after incarceration including finding employment, clothes, furniture, etc. (based on what is currently available).

### **Inpatient Treatment for Women offered at Volunteers of America, Dakotas**

1401 W. 51st Street, Sioux Falls, SD 57105

**Website:** [www.voa-dakotas.org](http://www.voa-dakotas.org)      **Email:** [info@voa-dakotas.org](mailto:info@voa-dakotas.org)

**Hours:** 24 hours a day / 7 days per week

**Phone:** 605-334-1414

**Eligibility:** Pregnant and parenting women aged 18 and older are eligible for the New Start for Women program.

**Coverage Area:** Located in Sioux Falls, but serving residents of South Dakota

Offers substance use evaluations for adolescents and adults. The evaluation is the first step in determining if the individual needs further assistance with their substance use.

### **Residential Program offered at Glory House of Sioux Falls**

4000 S. West Avenue, Sioux Falls, SD 57105

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-332-3273

**Eligibility:** Adult, employable, eligible according to referral agency criteria, willing to comply with rules and programming

**Coverage Area:** Located in Sioux Falls, but serving residents of South Dakota

Transitional program provides assistance with employment, money management, recovery from substances, as well as co-occurring conditions assisting the individual in establishing and the continuation of applying these life skills.

### **HUD South Dakota offered at United States Department of Housing and Urban Development**

4301 W. 57th Street, Suite 101, Sioux Falls Field Office, Sioux Falls, SD 57108

**Website:** [www.hud.gov/southdakota](http://www.hud.gov/southdakota)      **Email:** [sd\\_webmanager@hud.gov](mailto:sd_webmanager@hud.gov)

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday. Office is open for visitors 8:30am - 3:30pm (CT), Monday, Wednesday and Thursday. Advisable to call for an appointment as some days staff are working in the field.

**Phone:** 605-330-4223

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides information on low income (subsidized) rental units and public housing authorities.

### **Stepping Stones Rehabilitation Services offered at Dakota Counseling Institute**

901 S. Miller, Mitchell, SD 57301

**Website:** [www.dakotacounseling.net](http://www.dakotacounseling.net)      **Email:** [info@dakotacounseling.net](mailto:info@dakotacounseling.net)

**Hours:** 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 2:00pm (CT), Friday to schedule appointment Treatment center is open 24 hours a day / 7 days a week / 365 days a year

**Phone:** 605-995-8180

**Eligibility:** Open to all

**Coverage Area:** Located in Mitchell, but serving residents of South Dakota

Provides professional prevention services, education, assessment, intervention, counseling, referral, group and individual therapy, social detoxification, transitional living and continued care for those affected directly or indirectly by mood-altering chemical use or dependency.

### **Sober Living Services offered at Reflections Recovery Home**

110 E. 7th Avenue, Redfield, SD 57469

**Website:** [www.reflectionsrecoverysd.com](http://www.reflectionsrecoverysd.com)      **Email:** [reflectionsrecoverysd@gmail.com](mailto:reflectionsrecoverysd@gmail.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-460-2444

**Eligibility:** Men 18 years and older.

**Coverage Area:** United States

A structured sober living home for men centered on residents and providing a healthy environment with shared values of accountability, reflection, growth, and empowerment. With the help of staff, residents encourage each other in long-term sobriety to enable a successful recovery.

### **Sober Living Home offered at Oxford House**

2 Oxford Houses in Yankton, Yankton, SD 57078

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-270-2373

**Eligibility:** Houses for men, women, women and children;no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Sober Living Home offered at Oxford House**

2 Oxford Houses in Aberdeen, Aberdeen, SD 57401

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-270-2373

**Eligibility:** Houses for men, women, women and children;no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **SD Housing Search offered at South Dakota Housing Development Authority**

Pierre, SD 57501

**Website:** [www.sdhousingsearch.com](http://www.sdhousingsearch.com)      **Email:** [info@sdhda.org](mailto:info@sdhda.org)

**Hours:** Website: 24 hours a day / 7 days a week

**Eligibility:** Open to all

**Coverage Area:** South Dakota

A free housing locator providing information on Section 8 and income based rental units.

### **Housing Assistance offered at South Dakota Housing Development Authority**

3060 E. Elizabeth Street, Pierre, SD 57501

**Website:** [www.sdhousing.org](http://www.sdhousing.org)      **Email:** [info@sdhda.org](mailto:info@sdhda.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-3181

**Eligibility:** Program guidelines apply

**Coverage Area:** South Dakota

Provides mortgage and down payment assistance, housing construction and rehabilitation, homelessness prevention, and rental assistance.

### **Treatment Program offered at Rosebud Sioux Tribe**

719 Hospital Drive, Alcohol Treatment Center, Rosebud, SD 57570

**Website:** [www.greatplainsbehavioralhealth.org/rosebud-sioux-tribe-alcohol-drug-tr](http://www.greatplainsbehavioralhealth.org/rosebud-sioux-tribe-alcohol-drug-tr)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-747-2342

**Eligibility:** Enrolled member of federally recognized tribe

**Coverage Area:** Located in Rosebud, but serving South Dakota

Culturally sensitive adult and youth outpatient treatment programs and residential alcohol treatment facility. After care programs, youth alcohol and drug assessments, and youth treatment placement.

### **Sober Living Home offered at Oxford House**

4 Houses in Rapid City, Rapid City, SD 57701

**Hours:** Residential services are 24 hours a day / 7 days a week.

**Phone:** 605-569-2111

**Eligibility:** Houses for men, women, women and children; no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Full Circle offered at West River Mental Health**

350 Elk Street, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

**Phone:** 605-343-7262

**Eligibility:** Pregnant and parenting women

**Coverage Area:** Located in Rapid City, but serving residents of South Dakota

A residential substance abuse treatment and prevention program for pregnant and parenting women. Intensive inpatient treatment is offered along with prenatal care, parenting information, case management, and continued care in a residential facility for those who have completed treatment. Also, offers MAT (Medication Assisted Treatment).

### **Residential Treatment Program offered at New Dawn Center**

19271 SD Highway 79, Vale, SD 57788

**Hours:** Facility is open and staffed 24 hours a day / 7 days a week.

**Phone:** 605-309-5105

**Eligibility:** Men who have completed prior treatment programs, or awaiting admittance to treatment facility

**Coverage Area:** Located in Vale, but serving residents of South Dakota.

Provides transitional, clinically-managed, low-intensity, open-ended residential treatment program. Residents are encouraged to take part in the outdoor operation of the facilities and participate in any of the recreational therapy programs. ASAM level 3.1 transitional substance abuse treatment.

### **Sober Living Home offered at Oxford House**

1 House in Sturgis, Sturgis, SD 57785

**Hours:** Residential services are 24 hours a day / 7 days a week.

**Phone:** 605-569-2111

**Eligibility:** Houses for men, women, women and children;no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Rural Development Multi-Family Housing Rentals offered at United States Department of Agriculture**

No Physical Address, , SD

**Hours:** Available online 24 hours a day / 7 days a week

**Phone:** 202-720-1494

**Eligibility:** Website is open to all

**Coverage Area:** South Dakota

Through the website, people who are looking for low-cost rentals, can find units for rent in rural South Dakota. Search based on county or town. Then, contact the property company regarding how to apply. To find apartments in rural areas: 1. Go to [www.rd.usda.gov](http://www.rd.usda.gov) 2. Scroll down on left hand side, it says, Find Rural Rentals 3. Then click on South Dakota in the map 4. Then, select your County.

## **Immigration/refugee resources**

### **Glacial Lakes Multicultural Center, Inc.**

653 W. Kemp, Watertown, SD 57201

**Hours:** 10:00am - 6:00pm (CT), Monday - Friday

**Phone:** 605-878-2021

**Eligibility:** Open to all immigrants

**Coverage Area:** South Dakota

Translation & Interpretation (For jobs, medical/dental appointments, court services, schools, community services).

Workforce Placement (providing inroads & assistance to immigrants entering the SD workforce or changing careers).

Immigration Services (documentation assistance, transportation, citizenship coaching).

Language Education (English as a second language 'ESL' & Spanish classes).

Advocacy (referrals and resource connections).

Household Needs (Furniture, bedding, etc.).

### **Community Interpreter Service offered at Lutheran Social Services - Southeast Region**

300 E. 6th Street, Center for New Americans, Sioux Falls, SD 57104

**Website:** <https://lsssd.org/what-we-do/center-for-new-americans/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 24 hours a day / 7 days per week

**Phone:** 605-731-2010

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides interpretation and written translation to the major languages and other minor, regional, or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

### **United States Department of Homeland Security**

245 Murray Lane S.W., Washington, DC 20528

**Hours:** Call for information

**Phone:** 202-282-8000

**Eligibility:** Open to all

**Coverage Area:** United States

The Department of Homeland Security Missions include Preventing terrorism and enhancing security, Managing borders, Administering immigration laws, Securing cyberspace, and Ensuring disaster resilience.

### **Language Translation Services offered at LanguageLine Solutions**

1 Lower Ragsdale Drive, Building 2, Monterey, CA 93940

**Website:** [www.languageline.com](http://www.languageline.com)      **Email:** [customercare@languageline.com](mailto:customercare@languageline.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 800-752-6096

**Eligibility:** Open to all

**Coverage Area:** United States, UK, Costa Rica

Provides 24-hour interpreting service as well as translation/localization and video interpreting to over 240 languages.

## **Mental Health / Substance Abuse**

### **Counseling Services offered at Circle of Encouragement Counseling**

1514 12th Street S., Brookings, SD 57006

**Email:** [encourage@brookings.net](mailto:encourage@brookings.net)

**Hours:** 8:00am - 6:00pm (CT), Monday - Friday by appointment

**Phone:** 605-691-7630

**Eligibility:** Open to all with emphasis on working with children, adolescents, and families.

**Coverage Area:** Brookings area and others by appointment

Provides individual therapy and consultation/training services in the following areas anxiety, behavioral concerns, depression, divorce, grief and loss.

### **Behavioral Health Services offered at Lutheran Social Services - Northeast Region**

752 22nd Avenue, Brookings, SD 57006

**Website:** <https://lsssd.org/what-we-do/behavioral-health-services/>      **Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday, and by appointment

**Phone:** 605-444-7500

**Eligibility:** Open to all

**Coverage Area:** Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

### **Counseling Services offered at Clear Perspectives Counseling Associates**

1451 6th Street, Brookings, SD 57006

**Hours:** 9:00am - 6:00pm (CT), Monday - Thursday Friday by appointment only

**Phone:** 605-651-7416

**Eligibility:** Open to all

**Coverage Area:** Brookings area



Provides mental health counseling services to individuals, couples, groups, and families. Works with a wide range of client populations experiencing issues including, but not limited to; anxiety, depression, mood disorders, life stage changes, adjustment issues, relationship problems, behavior issues, substance abuse and recovery, grief, trauma, parenting and discipline, educational/vocational concerns, and more. Offers EMDR and Brainspotting for trauma treatment and recovery.

### **Counseling Services offered at New Perspectives Counseling, LLC**

1451 6th Street, Brookings, SD 57006

**Website:** [www.clearreflections-counseling.com](http://www.clearreflections-counseling.com)

**Email:** [new.perspectives@hotmail.com](mailto:new.perspectives@hotmail.com)

**Hours:** 9:00am - 6:00pm (CT), Monday - Thursday

**Phone:** 605-864-6946

**Eligibility:** Open to all

**Coverage Area:** Brookings area

Provides individual and/or family therapy in the areas such as anxiety, depression, stress management, behavioral issues, and school issues.

### **Behavioral Health Clinic Brookings offered at Avera Behavioral Health**

1024 6th Street, Suite B, Brookings, SD 57006

**Hours:** Appointments available as needed, evening hours available.

**Phone:** 605-322-5700

**Eligibility:** Open to all

**Coverage Area:** Brookings and surrounding area.

Avera Behavioral Health of Brookings provides outpatient mental health therapeutic services all across the lifespan (pre-natal to gerontology). Individual, Couples, Family, Group and School-Based services are available. Specialized therapeutic services such as Theraplay, Play Therapy, Tapping and Acu-Detox interventions are available.

### **Brookings Clinic offered at Avera**

400 22nd Avenue, Brookings, SD 57006

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-697-9500

**Eligibility:** Open to all

**Coverage Area:** Brookings area

A multi-specialty medical clinic. Clinic hours: 8:00am - 5:00pm, Monday - Friday / Urgent Care hours: 5:00pm - 7:00pm, Monday - Friday, 9:00am - 12:00noon, Saturday, Sunday.

### **Counseling Services offered at Rising Hope Counseling, LLC**

601 4th Street, Suite 102, Brookings, SD 57006

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** 8:30am - 4:30pm (CT), Monday - Thursday 8:30am - 12:00pm (MT), Friday

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Yellow Brick Road Counseling and Therapy**

601 4th Street, Brookings, SD 57006

**Hours:** 8:00am - 6:00pm (CT), Monday - Thursday

**Phone:** 605-214-6855

**Eligibility:** Open to all

**Coverage Area:** Eastern South Dakota

Mental health clinic addressing trauma in a safe and healthy way. Services offered include: Individual counseling, Marriage counseling, Divorce counseling, Dialectical Behavioral Therapy (DBT), and Cognitive Behavioral Therapy (CBT).

### **Counseling Services offered at Brookings Counseling Solutions, LLC**

1304 Main Avenue S., Brookings, SD 57006

**Website:** [brookingscounselingsolutions.com](http://brookingscounselingsolutions.com)      **Email:** [office@srbservice.com](mailto:office@srbservice.com)

**Hours:** Generally 8:00am - 5:00pm (CT), Monday - Thursday by appointment only

**Phone:** 605-999-6162

**Eligibility:** Open to all

**Coverage Area:** Brookings area for face to face services; South Dakota for telehealth services

Provides mental health and addictions counseling to individuals, couples, and families ages 6 and up, all genders. Provides holistic wellness coaching in individuals 18 and up. Provides Reiki services.

### **Counseling Services offered at Psychiatric Services, LLC**

306 4th Street, Suite G, Brookings, SD 57006

**Email:** [clientservices@strivingtoimprove.org](mailto:clientservices@strivingtoimprove.org)

**Hours:** 8:00am - 5:00pm (CT), Monday, Tuesday, and Thursday

**Phone:** 605-988-8366

**Eligibility:** Open to all

**Coverage Area:** Counties served: Brookings, Lincoln, McCook, Minnehaha, and Turner.

Diagnosing and treating mental illnesses such as depression, anxiety, attention deficit hyperactivity disorder (ADD/ADHD), obsessive compulsive disorders (OCD), trauma issues, eating disorders, bipolar, schizophrenia, and addiction issues.

### **Counseling Services offered at Sandra Diedrich**

306 4th Street, Suite G, Brookings, SD 57006

**Hours:** 8:00am - 6:00pm (CT), Monday, Wednesday 8:00am - 12:00pm (CT), Tuesday 8:00am - 5:00pm (CT), Thursday On site appointments April - October

**Phone:** 605-690-9062

**Eligibility:** Open to all

**Coverage Area:** Brookings area

For profit program providing a variety of counseling services in-person and via telehealth integrated with clients' Christian beliefs.

### **Counseling Services offered at Alpine Counseling Services, LLC**

510 Main Avenue, Suite 1, Brookings, SD 57006

**Website:** [www.alpynecounselingsd.com](http://www.alpynecounselingsd.com)      **Email:** [info@alpynecounselingsd.com](mailto:info@alpynecounselingsd.com)

**Hours:** 8:00am - 4:00pm (CT), Monday - Thursday 8:00am - 12:00pm (CT), Friday (by appointment only)

**Phone:** 605-620-1706

**Eligibility:** Children, teens, families, and adults under 65.

**Coverage Area:** Counties of Brookings and Kingsbury.

Provides evidence-based therapy, Parent Child Interaction Therapy, Parent Management Training, and treating disorders such as anxiety, depression, OCD, and PTSD.

### **Counseling Services offered at Uckert Counseling**

619 5th Avenue, Suite 3, Brookings, SD 57006

**Website:** [www.uckertcounseling.com](http://www.uckertcounseling.com)      **Email:** [uckertcounseling@gmail.com](mailto:uckertcounseling@gmail.com)

**Hours:** 9:00am - 4:00pm (CT), Monday - Thursday

**Phone:** 605-592-5300

**Eligibility:** Open to all

**Coverage Area:** Brookings area

Providing mental health counseling to individuals. Areas of specialty include using Accelerated Resolution Therapy for anxiety, trauma, and other issues.

### **Counseling Services offered at Brookings Behavioral Health & Wellness**

211 4th Street, The Ivy Center, Brookings, SD 57006

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday Crisis Services Available 24 hours a day / 7 days a week

**Phone:** 605-697-2850

**Eligibility:** Open to all

**Coverage Area:** Brookings County and surrounding communities in South Dakota & Minnesota

A fully-integrated community-based mental health and substance abuse service provider. Direct services are provided after a comprehensive, interactive assessment (including mental health, chemical dependency, behavior, strengths, capabilities, supports, etc.) determines appropriate services needed.

### **Counseling Services offered at Lighthouse Counseling Services**

628 Main Avenue, Suite B, Brookings, SD 57006

**Email:** [lighthousecounselingservices@outlook.com](mailto:lighthousecounselingservices@outlook.com)

**Hours:** 7:00am - 7:00pm (CT), Monday - Friday Weekend appointments available

**Phone:** 605-690-4645

**Eligibility:** Open to all

**Coverage Area:** Brookings and surrounding area

Offers mental health services for adults, couples, children (including adolescents), and families.

### **Student Health Clinic and Counseling Services offered at South Dakota State University**

1440 N. Campus Drive, Box 2818, Brookings, SD 57007

**Website:** [www.sdstate.edu/university-wellbeing](http://www.sdstate.edu/university-wellbeing) **Email:** [sdsu.shc@sdstate.edu](mailto:sdsu.shc@sdstate.edu)

**Hours:** 9:00am - 5:00pm (CT), Monday 8:00am - 5:00pm (CT), Tuesday - Friday Follows all SDSU scheduled holiday closures and all SDSU emergency closures.

**Phone:** 605-688-4157

**Eligibility:** Registered students who are local, distance, and remote learning.

**Coverage Area:** Campus of South Dakota State University

Offers a wide range of confidential services to currently enrolled SDSU students. These services include, but are not limited to individual and group counseling, crisis intervention, and self-help resources.

### **Life Coaching and Mediation Services offered at Rita Olson Counseling & Mediation**

1727 Teton Pass, Brookings, SD 57006

**Hours:** 9:00am - 5:00pm (CT), Tuesday Other times available on as needed basis

**Eligibility:** Services provided to individuals 16 years and older.

**Coverage Area:** Brookings area

Life Coaching Services provided to adults and children above the age of 8.

### **Counseling Services offered at Rising Hope Counseling, LLC**

700 S. Washington Avenue, Suite 100, Madison, SD 57042

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

120 S. Main Street, The Minor County Pioneer, Howard, SD 57349

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Behavioral Health Services offered at Lutheran Social Services - Northeast Region**

1424 9th Avenue S.E., Watertown, SD 57201

**Website:** <https://lsssd.org/what-we-do/behavioral-health-services/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 8:00am - 9:00pm (CT), Monday, Wednesday 8:00am - 5:00pm (CT), Tuesday, Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 605-882-2740

**Eligibility:** Open to all

**Coverage Area:** Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

**Counseling Services offered at Better Me Counseling and Consulting**

1105 Jensen Avenue, S.E., Watertown, SD 57201

**Hours:** 8:30am - 5:30pm (CT), Tuesday, Wednesday, Thursday 9:00am - 7:00pm (CT), Monday

**Phone:** 605-880-0100

**Eligibility:** Serving ages 4-65+

**Coverage Area:** Counties of Codington, Hamlin, Clark, and South Dakota via telehealth

Provides mental health counseling for children, adults, families and couples. Including the following services:

- individual counseling
- marriage counseling
- divorce counseling
- grief/bereavement counseling
- LGBTQ counseling
- child abuse counseling
- child abuse survivor counseling for adults
- family counseling
- couples (conjoint) counseling
- trauma informed therapy
- cognitive behavioral therapy
- adolescent/youth counseling
- parent counseling
- spouse/intimate partner abuse counseling
- internet (tele-health) counseling
- farm crisis counseling
- retirement and aging concerns

**Counseling Services offered at Rising Hope Counseling, LLC**

818 S. Broadway Street, Suites 109 & 110, Watertown, SD 57201

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Counseling Services offered at Rising Hope Counseling, LLC**

304 W. SD Highway 38, Suite 126, Hartford, SD 57033

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Residential Treatment offered at Children's Home Society of South Dakota**

801 N. Sycamore Avenue, Loving School, Sioux Falls, SD 57110

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday Residential 24 hours a day / 7 days a week

**Phone:** 605-334-6004

**Eligibility:** Children ages 4 - 14 with emotional or behavioral problems

**Coverage Area:** South Dakota

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

### **Counseling Services offered at Parts of You Therapy**

505 W. 9th Street, Suite 203, Sioux Falls, SD 57104

**Website:** <https://www.partsofyou.org/> **Email:** [crosby@partsofyou.org](mailto:crosby@partsofyou.org)

**Hours:** 9:00am - 6:00pm (CT), Monday - Thursday 8:00am - 12:00pm (CT), Friday

**Phone:** 605-550-2655

**Eligibility:** Open to teens and adults ages 12 and older.

**Coverage Area:** Individual and group therapy sessions for Sioux Falls area residents. Telehealth services throughout South Dakota.

Counseling Services include individual counseling, youth counseling, parent counseling, LGBTQ+ counseling, gender identity counseling, grief/bereavement counseling, and cognitive behavioral therapy.

### **Mental Health Counseling and Parenting Classes offered at Recourse Solutions Sioux Empire LLC**

100 S. Spring Avenue, Sioux Falls, SD 57104

**Hours:** By appointment only.

**Phone:** 605-271-6979

**Eligibility:** Open to those 10 and up.

**Coverage Area:** South Dakota and Iowa via telehealth. Social Early Neutral Evaluation (SENE) is available in Minnesota via telehealth.

Providing mental health services, Positive Indian Parenting (parenting education for Native American parents), and court approved parent education classes for parents who are separated or divorced.

### **Mental Health Counseling and Parenting Classes offered at Recourse Solutions Sioux Empire LLC**

629 S. Minnesota Avenue, Suite 203, Sioux Falls, SD 57104

**Hours:** 9:00am - 5:00pm (CT), Monday - Thursday

**Phone:** 605-271-6979

**Eligibility:** Open to those 10 and up.

**Coverage Area:** South Dakota and Iowa via telehealth. Social Early Neutral Evaluation (SENE) is available in Minnesota via telehealth.

Providing mental health services, Positive Indian Parenting (parenting education for Native American parents), and court approved parent education classes for parents who are separated or divorced.

### **Counseling Services offered at Alexander Therapy & Consulting, PLLC**

No Physical Address, Sioux Falls, SD 57103

**Hours:** 9:00am - 9:00pm (CT), Monday and Tuesday 9:00am - 3:00pm (CT), Wednesday

**Phone:** 605-206-9301

**Eligibility:** Adults ages 18 and up

**Coverage Area:** South Dakota via telehealth

Provide a safe and compassionate space for people from all walks of life to work through various mental health struggles so they can live a more vibrant and healthy life. Specializes in LGBTQ+ topics and sex therapy, however, also addresses mental health concerns such as depression, anxiety, trauma, parenting difficulties, and grief.

### **Counseling Service offered at Dakota Hope Counseling**

1500 S. Sycamore Avenue, Suite 102, Sioux Falls, SD 57110

**Hours:** 9:00am - 8:00pm (CT), Monday - Friday

**Phone:** 605-223-5155

**Eligibility:** Youth (ages 10 - 18) and adults

**Coverage Area:** In person: Sioux Falls area; Telehealth: South Dakota

Counseling services for ages 10 - adult. In-person and telehealth appointments available.

### **Counseling Services offered at Psychiatric Services, LLC**

2116 S. Minnesota Avenue, Suite 5, Sioux Falls, SD 57105

**Email:** [clientservices@strivingtoimprove.org](mailto:clientservices@strivingtoimprove.org)

**Hours:** 8:00am - 5:00pm (CT), Wednesday

**Phone:** 605-697-5352

**Eligibility:** Open to all

**Coverage Area:** Counties served: Brookings, Lincoln, McCook, Minnehaha, and Turner.

Diagnosing and treating mental illnesses such as depression, anxiety, attention deficit hyperactivity disorder (ADD/ADHD), obsessive compulsive disorders (OCD), trauma issues, eating disorders, bipolar, schizophrenia, and addiction issues.

### **Addiction Recovery Program offered at Avera Behavioral Health**

2412 S. Cliff Avenue, Avera Professional Plaza, Sioux Falls, SD 57105

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-322-5700

**Eligibility:** Open to individuals, couples, and families affected by addiction or co-occurring issues.

**Coverage Area:** Eastern South Dakota

Individuals, couples, or families can get treatment for co-occurring issues of substance abuse/addictive disorders.

### **Counseling Services offered at Balance Point, LLC**

3508 S. Minnesota Avenue, Suite 100, Sioux Falls, SD 57105

**Hours:** 8:00am - 5:00pm (CT), Monday - Thursday

**Phone:** 605-524-8910

**Eligibility:** Open to all

**Coverage Area:** Southeastern South Dakota

Provides individual, couple, and family therapy services. Collaborative space to challenge life's ups and downs.

### **Counseling Services offered at Counseling Resources**

4109 S. Carnegie Circle, Sioux Falls, SD 57106

**Hours:** 9:00am - 5:00pm (CT), Monday - Thursday 9:00am - 2:00pm (CT), Friday

**Phone:** 605-331-2419

**Eligibility:** Ages 17 years and older

**Coverage Area:** Eastern South Dakota

Outpatient mental health, substance abuse and co-occurring disorders therapy. Caring, confidential and professional.

### **Counseling Services offered at Talking Pointe, The**

3701 W. 49th Street, Suite 202C, Sioux Falls, SD 57106

**Hours:** 9:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-215-1309

**Eligibility:** Children, teens, and adults

**Coverage Area:** Sioux Falls and surrounding areas. Telehealth appointments are available for east river clients.



Counseling services offered are individual counseling, couples counseling, family counseling, youth counseling, and marriage counseling.

### **Counseling Services offered at Stronghold Counseling Services, Inc.**

4300 S. Louise Avenue, Suite 201, Sioux Falls, SD 57106

**Website:** [www.strongholdcounseling.com](http://www.strongholdcounseling.com)      **Email:** [info@strongholdcounseling.com](mailto:info@strongholdcounseling.com)

**Hours:** 8:00am - 8:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 605-334-7713

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Assessments and therapy for individuals, groups, families, of all ages. Services address alcohol abuse and addiction, sexual abuse, spiritual abuse, marriage problems, family problems, adolescent and child adjustment, anxiety, grief, eating disorders, physical abuse, emotional abuse, delinquency problems, parent-child conflicts, stress, depression, spiritual needs, and mid-life issues.

Offers telehealth sessions only if it is covered by insurance and client is located in state at the time of the call. Preference is for the first appointment to be face-to-face. The website wecounsel is used for telehealth services.

### **Counseling Services offered at Midwest Wellness Institute, PLLC**

4308 S. Arway Drive, Sioux Falls, SD 57106

**Website:** [www.mwihealth.org/](http://www.mwihealth.org/)      **Email:** [office@mwihealth.org](mailto:office@mwihealth.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Office staff works remotely some days; please call before stopping in.

**Phone:** 605-573-2000

**Eligibility:** Open to all

**Coverage Area:** South Dakota

MWI Health finds innovative ways to improve lives with team of mental health providers, offering psychiatric evaluations, medication management, and individual psychotherapy in Sioux Falls, SD, with telehealth options available.

### **Counseling Services offered at Counseling Cafe, The**

4804 S. Minnesota Avenue, Suite 108, Suite 108, Sioux Falls, SD 57108

**Website:** [thecounselingcafesf.com](http://thecounselingcafesf.com)      **Email:** [info@thecounselingcafesf.com](mailto:info@thecounselingcafesf.com)

**Hours:** 8:30am - 8:00pm (CT), Monday 8:30am - 6:00pm (CT), Tuesday - Thursday 7:30am - 12:00noon (CT), Friday

**Phone:** 605-271-8008

**Eligibility:** Adults and children ages 9 years and above

**Coverage Area:** South Dakota, Northwest Iowa and Minnesota

Providing a safe place for people to explore, discover and accept the individual as they are. Services offered include evaluations and assessments and professional therapy and counseling.

### **Counseling Services offered at Guiding Light Counseling, LLC**

5000 S. MacArthur Lane, Suite 104, Sioux Falls, SD 57108

**Website:**

<https://sarah-scherr.clientsecure.me/?mld=18341d8b6e8569-0e1e8db0ccd33d-26021c51-15f900-18341d8b6e93cc#home>

**Email:** [guidinglightcounselingsf@gmail.com](mailto:guidinglightcounselingsf@gmail.com)

**Hours:** Monday - Friday; call for specific hours

**Phone:** 605-413-6835

**Eligibility:** Ages 13 and up.

**Coverage Area:** South Dakota. Telehealth visits are available for people living outside of the Sioux Falls area.

A for-profit counseling center serving teens and adults in the Sioux Falls area. Also trained in Accelerated Resolution Therapy - a type of therapy that helps alleviate trauma symptoms.

### **Assessment and Referral offered at Avera Behavioral Health**

4400 W. 69th Street, Suite 100, Sioux Falls, SD 57108

**Hours:** 24 hours a day / 7 days a week. A message may be left if call is not able to be answered immediately. A staff will respond to messages as soon as possible.

**Phone:** 605-322-4065

**Eligibility:** Open to all, including children

**Coverage Area:** Eastern South Dakota

Program provides assessments 24-hours a day for mental health problems to determine an appropriate level of care.

### **Adolescent Partial Hospitalization Program offered at Avera Behavioral Health**

4400 W. 69th Street, Suite 1500, Sioux Falls, SD 57108

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-322-4056

**Eligibility:** Adolescents ages 12 - 18

**Coverage Area:** Eastern South Dakota

Offering partial hospitalization and intensive outpatient treatment for adolescents.

### **Behavioral Health Urgent Care offered at Avera Behavioral Health**

4400 W. 69th Street, Suite 1500, Sioux Falls, SD 57108

**Hours:** Open 24 hours a day / 7 days a week

**Phone:** 605-322-4065

**Eligibility:** Open to all

**Coverage Area:** Eastern South Dakota

Provides a level of care assessment and identifies referral options for patients in behavioral health crisis.

### **Counseling Services offered at Rising Hope Counseling, LLC**

6340 S. Western Avenue, Suite 120, Sioux Falls, SD 57108

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Aspire Counseling, LLC**

6340 S. Western Avenue, Sioux Falls, SD 57108

**Website:** [www.aspirecounselingsd.com](http://www.aspirecounselingsd.com)

**Email:** [info@aspirecounselingsd.com](mailto:info@aspirecounselingsd.com)

**Hours:** 8:00am - 6:00pm (CT), Monday - Thursday 8:00am - 4:00pm (CT), Friday

**Phone:** 605-277-1422

**Eligibility:** Ages 5 and up

**Coverage Area:** Located in Sioux Falls, serving South Dakota via telehealth

Provides therapy services for those with mental health needs.

### **Counseling Services offered at Evergreen Counseling and Consulting Services, LLC**

6809 S. Minnesota Avenue, Suite 102, Sioux Falls, SD 57108

**Hours:** Varies; call for appointment times.

**Phone:** 605-423-7880

**Eligibility:** Open to all ages

**Coverage Area:** Located in Sioux Falls but serving the state of South Dakota via telemental health.

Focuses on supporting people through grief/loss, life transitions, mental health challenges, and family conflict.

### **Counseling Services offered at Yellow Brick Road Counseling and Therapy**

6901 S. Lyncrest Place, Suite 104, Sioux Falls, SD 57105

**Hours:** 8:00am - 6:00pm (CT), Monday - Thursday

**Phone:** 605-214-6855

**Eligibility:** Open to all

**Coverage Area:** Eastern South Dakota

Mental health clinic addressing trauma in a safe and healthy way. Services offered include: Individual counseling, Marriage counseling, Divorce counseling, Dialectical Behavioral Therapy (DBT), and Cognitive Behavioral Therapy (CBT).

**Counseling Services offered at Rising Hope Counseling, LLC**

317 N. Heritage Parkway, Tea, SD 57064

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Behavioral Health Services offered at Lutheran Social Services - Northeast Region**

401 S. Flynn Drive, Milbank, SD 57252

**Website:** <https://lsssd.org/what-we-do/behavioral-health-services/>      **Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 10:00am - 6:00pm (CT), Monday, Tuesday, 10:00am - 2:00pm (CT), Wednesday, Thursday

**Phone:** 605-882-2740

**Eligibility:** Open to all

**Coverage Area:** Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

**Counseling Services offered at Rising Hope Counseling, LLC**

230 6th Street, Hanson Elementary, Alexandria, SD 57311

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Counseling Services offered at Rising Hope Counseling, LLC**

230 6th Street, Hanson Middle School, Alexandria, SD 57311

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Counseling Services offered at Rising Hope Counseling, LLC**

904 E. 5th Street, Canton, SD 57013

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

110 3rd Street S.W., Suite 107, Huron, SD 57350

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for more information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1401 N. Main Street, Suite 108, Mitchell, SD 57301

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** 9:00am - 5:00pm (CT), Monday and Wednesday 10:00am - 6:00pm (CT), Tuesday

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1108 W. Cedar Street, Suite 5B, Beresford, SD 57004

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

104 W. Main Street, Parkston, SD 57366

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

451 Main Street, Scotland, SD 57059

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Behavioral Health Services offered at Lutheran Social Services - Northeast Region**

421 3rd Avenue E., Sisseton, SD 57262

**Website:** <https://lsssd.org/what-we-do/behavioral-health-services/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** Call for information

**Phone:** 605-882-2740

**Eligibility:** Open to all

**Coverage Area:** Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

### **Counseling Services offered at Stronghold Counseling Services, Inc.**

610 W. 23rd Street, Suite 8, Yankton, SD 57078

**Website:** [www.strongholdcounseling.com](http://www.strongholdcounseling.com)

**Email:** [info@strongholdcounseling.com](mailto:info@strongholdcounseling.com)

**Hours:** 10:00am - 8:00pm (CT), Monday - Thursday

**Phone:** 605-334-7713

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Assessments and therapy for individuals, groups, families, of all ages. Services address alcohol abuse and addiction, sexual abuse, spiritual abuse, marriage problems, family problems, adolescent and child adjustment, anxiety, grief, eating disorders, physical abuse, emotional abuse, delinquency problems, parent-child conflicts, stress, depression, spiritual needs, and mid-life issues.

Offers telehealth sessions only if it is covered by insurance and client is located in state at the time of the call. Preference is for the first appointment to be face-to-face. The website wecounsel is used for telehealth services.

### **Counseling Services offered at Rising Hope Counseling, LLC**

717 E. Main Street, Vermillion, SD 57069

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Behavioral Health Services offered at Lutheran Social Services - Northeast Region**

110 6th Avenue S.E., Suite 200, Aberdeen, SD 57401

**Website:** <https://lsssd.org/what-we-do/behavioral-health-services/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 8:00am - 6:00pm (CT), Monday - Thursday 8:00am - 5:00pm (CT), Friday

**Phone:** 605-262-6300

**Eligibility:** Open to all

**Coverage Area:** Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

### **Counseling Services offered at Empowerment Counseling, LLC**

416 S. Dakota Street, Suite 1, Aberdeen, SD 57401

**Website:** [empowermentcounselingsd.com](http://empowermentcounselingsd.com)

**Email:** [empowermentcounselingsd@gmail.com](mailto:empowermentcounselingsd@gmail.com)

**Hours:** 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 605-846-0464

**Eligibility:** Ages 14 and up

**Coverage Area:** Northeastern South Dakota

Services provided are individual counseling, marriage counseling, dialectical behavioral therapy, family counseling, and family functional therapy.

### **Counseling Services offered at Shelterbelt Counseling, LLC**

416 S. Dakota Street, Suite 1, Suite 1, Aberdeen, SD 57401

**Hours:** 11:00am - 6:00pm (CT), Monday 8:00am - 6:00pm (CT), Tuesday, Wednesday 10:00am - 7:00pm (CT), Thursday

**Phone:** 605-824-4288

**Eligibility:** 18 years and older

**Coverage Area:** Located in Aberdeen, but serving South Dakota through telemental health.

Provides both individual and group counseling for adults using Cognitive Behavioral Therapy (CBT) and Radically Open Dialectical Behavior Therapy (RO DBT) with Level 3 trained practitioners using in-person and telemedicine services.

### **Counseling Services offered at Rising Hope Counseling, LLC**

426 N. Highway 281, Suite 3, Aberdeen, SD 57401

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for more information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Northern Plains Psychological Associates, LLC**

405 8th Avenue N.W., Suite 333, Aberdeen, SD 57401

**Website:** [nppasd.com](http://nppasd.com)      **Email:** [admin@nppasd.com](mailto:admin@nppasd.com)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-225-3622

**Eligibility:** Open to adults

Mental health services and counseling for individuals of all ages, families, and couples. Issues such as depression, anxiety, panic, life transition and adjustment (such as career, mid-life, relationship changes, aging, etc.), coping with chronic illness, grief and loss, trauma, PTSD, job stress, issues relating to confidence, self esteem, and empowerment, ADHD, behavioral issues, anger, and parenting. Sessions can also be offered via telehealth.

### **Counseling Services offered at Inspire Counseling, LLC**

405 8th Avenue N.W., Suite 321, Aberdeen, SD 57401

**Hours:** 8:30am - 5:00pm (CT), Monday - Thursday 8:30am - 2:30pm (CT), Friday

**Phone:** 605-262-0513

**Eligibility:** Ages 5 and up

**Coverage Area:** South Dakota



Specific training in trauma therapy including child trauma certified. Works with all ages, diagnosis, and families. Also provides a Spanish speaking translator at no cost if needed. Other services include:

- individual counseling
- divorce counseling
- grief/bereavement counseling
- Dialectical Behavioral Therapy (DBT)
- LGBTQ counseling
- child abuse counseling
- child abuse survivor counseling for adults
- family counseling
- play therapy
- trauma informed therapy
- Cognitive Behavioral Therapy (CBT)
- adolescent/youth counseling
- gender identity counseling
- parent counseling
- spouse/intimate partner abuse counseling
- internet (tele-health) counseling

### **Counseling Services offered at Rising Hope Counseling, LLC**

118 S. Main Street, Suite 1, Chamberlain, SD 57325

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

841 Jackson Street, Suite C, Burke, SD 57523

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Educational Directory (Elementary, Intermediate, Middle and High Schools) offered at South Dakota Department of Education**

No Physical Address, Pierre, SD 57501

**Website:** <https://doe.sd.gov/ofm/edudir.aspx>      **Email:** [doe@state.sd.us](mailto:doe@state.sd.us)

**Hours:** See website for details.

**Phone:** 605-773-3134

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Visit the South Dakota Educational Directory to get details about any elementary, intermediate, middle, high school or alternative program within South Dakota.

### **Counseling Services offered at Rising Hope Counseling, LLC**

420 S. Henry Street, Pierre, SD 57501

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** Pierre area

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Support Groups offered at Aneptu Luta Otipi**

North Route, Kyle, SD 57752

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 605-455-2331

**Eligibility:** Enrolled Tribal Members 12 years of age and older; degree of Indian blood or Tribal Enrollment number required.

**Coverage Area:** Pine Ridge Reservation

See program description for list of virtual meetings.

### **Clinical Outpatient Therapy Services offered at Children's Home Society of South Dakota**

1330 Jolly Lane, Rapid City, SD 57703

**Hours:** 8:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-343-2811

**Eligibility:** Children, Youth, Adolescents, Teens, Families

**Coverage Area:** South Dakota

Offering outpatient individual, group and family counseling with many specialties in therapeutic methods.

### **Residential Addiction Recovery Center offered at Wellfully**

22 Waterloo Street, Rapid City, SD 57701

**Website:** [www.wellfully.org](http://www.wellfully.org) **Email:** [info@wellfully.org](mailto:info@wellfully.org)

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential services: 24 hours a day / 7 days a week

**Phone:** 605-718-4870

**Eligibility:** Youth ages 10 - 17 years old with an addiction assessment recommending level 111.7 Medically Monitored High Intensity Residential Substance Abuse Treatment.

**Coverage Area:** Located in Rapid City, but serving residents of South Dakota

Residential program offering 24 hour supervision, intensive 45-60 day program offering addiction recovery therapy.

### **Counseling Services offered at Esthers Rising**

Rapid City, SD 57701

**Website:** <https://esthersrisingministry.com/free23/>

**Email:** [referrals.esthersrising@protonmail.com](mailto:referrals.esthersrising@protonmail.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-519-8870

**Eligibility:** Adolescents who are at risk for or have experienced sexual exploitation and/or sex trafficking

**Coverage Area:** South Dakota

Providing trauma-based counseling for adolescents 12 - 17 who have experience or are at risk for sexual exploitation or sex trafficking.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1301 W. Omaha Street, Suite 225, Rapid City, SD 57701

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Clinical Outpatient Therapy Services offered at Children's Home Society of South Dakota**

5301 U.S. Highway 16, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-343-2811

**Eligibility:** Children, Youth, Adolescents, Teens, Families

**Coverage Area:** South Dakota

Offering outpatient individual, group and family counseling with many specialties in therapeutic methods.

**Oyate Health Center - Behavioral Health Program offered at Great Plains Tribal Leaders Health Board**

3200 Canyon Lake Drive, Rapid City, SD 57702

**Hours:** Outpatient Clinic Hours: 8:00am - 4:30pm (MT), Monday - Friday Urgent care: 7:00am - 7:00pm (MT), Monday - Sunday Pediatric after hours urgent care appointments available

**Phone:** 605-718-5095

**Eligibility:** American Indian enrollees

**Coverage Area:** Located in Rapid City

Oyate Behavioral Health is a component of Integrated Health Care. Individual Behavioral health services are offered through Clinic Appointment and Telehealth scheduled appointments. Walk-ins may be available.

**Counseling Services offered at Rapid City Mental Health Professionals, LLC**

3939 Canyon Lake Drive, Suite A, Rapid City, SD 57702

**Website:** [www.rapidcitymentalhealth.com](http://www.rapidcitymentalhealth.com) **Email:** [office@rapidcitymentalhealth.com](mailto:office@rapidcitymentalhealth.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-716-3555

**Eligibility:** Open to all ages

**Coverage Area:** South Dakota

Provides medication management of mental health disorders: depression, anxiety, PTSD, OCD, ADHD, bipolar disorder, schizophrenia and other psychotic illnesses. Services provided by psychiatric mental health nurse practitioners who have been employed in the inpatient settings, correctional facilities, and outpatient mental health.

Other services provided:

- Adolescent psychiatry
- Medication management
- Mental health screening
- Adult psychiatry
- Geriatric psychiatry
- Spravato treatment
- Culturally sensitive
- Photobiomodulation Therapy (light therapy)

**Residential Treatment offered at Children's Home Society of South Dakota**

24100 S. Rockerville Road, Owen School, Rapid City, SD 57702

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential 24 hours a day / 7 days a week

**Phone:** 605-343-5422

**Eligibility:** Children ages 4 - 14 with emotional or behavioral problems

**Coverage Area:** South Dakota

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

**Counseling Services offered at Belle Fourche Counseling, LLC**

515 National Street, Suite 103, Belle Fourche, SD 57717

**Website:** [www.bellefourchecounseling.com](http://www.bellefourchecounseling.com) **Email:** [info@bellefourchecounseling.com](mailto:info@bellefourchecounseling.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-722-8090

**Eligibility:** Open to all

**Coverage Area:** Located in Belle Fourche, serving South Dakota via telehealth.

Individual and family therapy services, specializing in eye movement desensitization and reprocessing (EMDR), trauma (including abuse) focused cognitive behavioral therapy (CBT), critical incident stress management, Thinking for a Change Group, and Love and Logic Parenting.

Offers telehealth counseling. Does not require the person to attend an intake session in person. Can mail intake paperwork and this should be returned via mail or email prior to first session. Services are provided through a secure video connection.

Strives to provide culturally relevant and sensitive care.

### **Counseling Services offered at Rising Hope Counseling, LLC**

3105 W. Fairground Loop, Spearfish, SD 57783

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **SAMHSA Behavioral Health Treatment Finder offered at Substance Abuse and Mental Health Services Administration**

5600 Fishers Lane, Substance Abuse and Mental Health Services Administration, Rockville, MD 20857

**Hours:** Website available 24 hours a day / 7 days a week

**Phone:** 800-662-4357

**Eligibility:** Open to all

**Coverage Area:** United States (other than South Dakota)

The Behavioral Health Treatment Services Locator, is a source of information related to substance abuse/addiction and/or mental health services for persons seeking treatment facilities (outside of South Dakota) in the United States or U.S. Territories.

### **Counseling and Support Groups offered at CancerCare**

275 7th Avenue, New York, NY 10001

**Website:** [www.cancercare.org](http://www.cancercare.org)      **Email:** [info@cancercare.org](mailto:info@cancercare.org)

**Hours:** 10:00am - 6:00pm (ET), Monday - Thursday 10:00am - 5:00pm (ET), Friday

**Phone:** 212-712-8400

**Eligibility:** Anyone who is touched by cancer including: the person diagnosed, family, friends, co-workers, and the bereaved

**Coverage Area:** United States, Puerto Rico and U.S. Territories

Comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All services are provided by oncology social workers and world-leading cancer experts.

### **MindWise Innovations**

270 Bridge Street, Suite 205, Dedham, MA 2026

**Website:** [mindwise.org](http://mindwise.org)      **Email:** [info@mindwise.org](mailto:info@mindwise.org)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 781-239-0071

**Eligibility:** Open to all including College Students, Active-Duty Military, National Guard, Reserves, Veterans, and their families

**Coverage Area:** United States

A self-assessment questionnaire, regarding mental health and substance abuse, to assess if treatment or evaluation would be beneficial.

### **Home Again offered at Teen Challenge of the Dakotas**

317 3rd Avenue, Home Again Store, Brookings, SD 57006

**Hours:** 11:00am - 4:00pm (CT), every Saturday

**Phone:** 605-692-4744

**Eligibility:** Open to all

**Coverage Area:** Brookings area

Offers used furniture and home furnishings for sale.

### **Transportation offered at Inter-Lakes Community Action Partnership**

415 8th Street S., Brookings, SD 57006

**Hours:** 8:00am - 4:30pm (CT), Monday, Tuesday, Thursday, and Friday

**Phone:** 605-692-6391

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

### **Public Transit offered at Brookings Area Transit Authority**

1313 Western Avenue, Brookings, SD 57006

**Website:** [www.batabus.com](http://www.batabus.com)      **Email:** [bata@batabus.com](mailto:bata@batabus.com)

**Hours:** 5:00am - 11:00pm (CT), Monday - Friday

**Phone:** 605-692-2222

**Eligibility:** Open to all

**Coverage Area:** Cities of Brookings, Dell Rapids, Freeman, Volga, Bruce, Sinai, Estelline, Arlington, White, Aurora, Elkton, and Toronto. Also provides transportation to and from Sioux Falls.

Provides transportation in and around the Brookings County area. Offers door-to-door service and weekday shuttles to and from Sioux Falls.

### **Transportation offered at Inter-Lakes Community Action Partnership**

112 E. Pipestone, Flandreau, SD 57028

**Hours:** 9:00am - 3:30pm (CT), Wednesday and Thursday

**Phone:** 605-997-2824

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

### **Transportation offered at Inter-Lakes Community Action Partnership**

111 N. Van Eps Avenue, Madison, SD 57042

**Hours:** 8:00am - 4:30pm (CT), Monday, Tuesday, and Friday

**Phone:** 605-256-6518

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

### **Transportation offered at Inter-Lakes Community Action Partnership**

408 4th Street W., Deuel County Courthouse, Clear Lake, SD 57226

**Hours:** 8:00am - 4:30pm (CT), Monday, Wednesday, Thursday, and Friday

**Phone:** 605-874-2062

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

**Transportation offered at Inter-Lakes Community Action Partnership**

300 4th Street, Hamlin County Courthouse, Hayti, SD 57241

**Hours:** 9:00am - 3:30pm (CT), Tuesday

**Phone:** 605-783-3867

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

**Transportation offered at Inter-Lakes Community Action Partnership**

202 2nd Street S.W., Kingsbury County Courthouse, Upper Level, De Smet, SD 57231

**Hours:** 9:00am - 3:30pm (CT), Wednesday

**Phone:** 605-874-3701

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

**Transportation offered at Inter-Lakes Community Action Partnership**

108 E. Highway 34, Howard, SD 57349

**Hours:** 9:00am - 3:30pm (CT), Tuesday and Thursday

**Phone:** 605-772-5712

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

**Transportation offered at Inter-Lakes Community Action Partnership**

7 8th Avenue S.E., Watertown, SD 57201

**Hours:** 8:00am - 4:30pm (CT), Monday and Wednesday Must call for an appointment

**Phone:** 605-886-7674

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

**Transportation offered at Inter-Lakes Community Action Partnership**

130 W. Essex Avenue, McCook County Courthouse, Main Level, Salem, SD 57058

**Hours:** 8:00am - 4:30pm (CT), Monday and Wednesday

**Phone:** 605-425-2271

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

**Transportation offered at Inter-Lakes Community Action Partnership**

409 N. Western Avenue, Sioux Falls, SD 57104

**Hours:** 8:00am - 12:00noon;1:00pm - 4:30pm (CT), Monday - Friday

**Phone:** 605-334-2808

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota



Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

### **Transportation offered at Inter-Lakes Community Action Partnership**

116 N. Commercial Street, Clark, SD 57225

**Hours:** 9:00am - 3:30pm (CT), Tuesday and Thursday

**Phone:** 605-532-3722

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

### **Transportation offered at Inter-Lakes Community Action Partnership**

210 E. 5th Avenue, County Courthouse, Milbank, SD 57252

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday Call to schedule an appointment

**Phone:** 605-432-6571

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

### **Transportation offered at Inter-Lakes Community Action Partnership**

400 S. Main Avenue, Turner County Courthouse, Lower Level, Parker, SD 57053

**Hours:** 8:00am - 4:00pm (CT), Tuesday

**Phone:** 605-940-1909

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

### **Transportation offered at Inter-Lakes Community Action Partnership**

104 N. Main Street, Suite 140, Canton, SD 57013

**Hours:** 9:00am - 3:30pm (CT), Monday

**Phone:** 605-940-1909

**Eligibility:** Must be related to employment or medical reasons and meet income requirements.

**Coverage Area:** East Central South Dakota

Gas vouchers and local bus passes/community transit available for employment transportation (including job searching) or medical transportation.

### **Statewide Services offered at River Cities Public Transit**

1600 E. Dakota Avenue, Pierre, SD 57501

**Hours:** 24 hours a day / 7 days a week / 365 days a year

**Phone:** 605-945-2360

**Eligibility:** Open to all

**Coverage Area:** South Dakota

RCPT coordinates with all other transit agencies in South Dakota and can facilitate a ride statewide for medical appointments.