

## CREATE A PLACEMAT



### What is your Why?

Creating placemats for seniors in your community is a fun, crafty, and easy family DIY volunteer project. Write a simple note, draw a creative design, or draw a picture.

### Supplies & Ideas

- Construction paper
- Crayons, markers, chalk
- Scissors
- Glue
- Tape
- Other craft supplies

### Step-by-Step

- Write a note or draw a picture on a piece of construction paper
- cut out designs and shapes to add to the mat
- Donate to a local non-profit!

### Time to Share!

To inquire what agencies will accept the projects, dial 211 or email [vol@helplinecenter.org](mailto:vol@helplinecenter.org)  
For more information visit [www.helplinecenter.org/diy](http://www.helplinecenter.org/diy)