helpline volunteer connections bo It yourself Projects

HYGIENE KITS



Step-by-Step

- Collect supplies
- Find a box or bag
- Fill with hygiene items
- Add an encouraging note
- Deliver to an area non-profit!

What is your Why?

Keeping clean is an important part of health and wellness. Unfortunately, not everyone in our community has access to hygiene items.

Supplies & Ideas

- Toothbrush & toothpaste
- Tissues
- Hand lotion
- Deodorant
- Bandaids
- Flushable wipes
- Sun screen

Time to Share!

To inquire what agencies will accept the projects, dial 211 or email <u>vol@helplinecenter.org</u> For more information visit <u>www.helplinecenter.org/diy</u>