

# GRATITUDE BASKETS



## What is your Why?

First Responders put their lives on the line to protect ours. It is important for us to acknowledge and appreciate their sacrifices, and to support them in any way we can.

## Supplies & Ideas

- Coffee or tea
- Vitamins
- Advil
- Snacks
- Water bottle
- Gift cards

## Step-by-Step

- Buy items for the kit
- Pack items into a nice bag
- Include a handwritten note
- Donate to local first responders

## Time to Share!

Dial 211 or email

[vol@helplinecenter.org](mailto:vol@helplinecenter.org)

For more information visit

[www.helplinecenter.org/diy](http://www.helplinecenter.org/diy)