

Helpline Center Military Member, Veterans, and Family Member Resource Guide



This resource guide lists agencies/programs that provide direct basic need services for military members, veterans and their families, such as food, shelter, clothing, medical care, financial assistance, and employment services. For more information on other resources in the Sioux Falls area, visit our web site at www.helplinecenter.org, dial 2-1-1, or (605) 339-4357.

General

Helpline Center / Courage to Call

Dial 2-1-1 or 339-4357

24-hour information & referral line. Referrals to community programs for financial assistance, food, clothing, medical assistance, social service programs, government agencies, child care and much more.

Veterans Crisis Line

1-800-273-8255 Option 1

Texting Program: Send a message to 838255

The Veterans Crisis Line connects veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

Center of Hope

225 E. 11th Street, Suite 101

334-9789

Daytime Care Center. Winter clothing (new and gently used) and bikes for work are available at a minimal cost. Telephone and internet available at no charge.

Good Shepherd Center

300 N. Main Avenue

332-3176

Drop-in center providing laundry, showers, phone calls, in town bus passes, personal hygiene kits, refreshments, assistance with job and housing searches. Lunch available Tuesday - Friday from 11:30am – 12:00pm.

Military One Source

1-800-342-9647

Provides 24 hours a day, 7 days a week, telephone and online family information and referral, situational assistance, and links to military and community resources.

Minnehaha County Detox Center

500 N. Minnesota Avenue

367-5297

Provides a safe place for detoxification from alcohol and other drugs. Services provided to those who are intoxicated and incapacitated by alcohol or drugs, or pregnant and abusing alcohol or drugs. Provides 24-hour structure and support. Located in the Public Safety Building.

Sioux Falls Vet Center

3200 W. 49th Street

330-4552

Provides a broad range of counseling, outreach, job search, veterans benefits, basic needs, and referral services to veterans and their families in order to help veterans make a satisfying post-war readjustment to civilian life. All services are free, and confidential.

South Dakota Department of Veteran Affairs

605-773-3269

To advocate for and provide the pathway for all veterans and their families to receive the benefits due to them.

South Dakota Family Assistance Center

1201 W. Algonquin Street

1-800-658-3930

Family Assistance Centers (FAC) have been established to support service members, veterans and their families. Basic services provided include critical intervention and referral, legal resource and referral, financial resources and referral, Tricare resource and referral, ID cards, and community information and outreach.

Veterans Outreach - VOA

1113 E. 14th Street

274-1540

The Veterans Outreach is open Monday through Saturday from 9:00am-4:30pm and is only closed on Thanksgiving and Christmas. Veterans Outreach Services offers the following: laundry facility, showers and bathrooms, computer access for job searches and resume preparation, VA services, addiction meetings, HUD VASH meetings, and snacks

Benefits Assistance

Disabled American Veterans 1519 W. 51st Street 332-6866
 Provides free, professional assistance to veterans and their families in obtaining benefits and services earned through military service and provided by the Department of Veterans Affairs (VA) and other agencies of government.

Lincoln County Veterans Service Officer 104 N. Main Street, Suite 40, Canton, SD 764-5571
McCook County Veterans Service Officer 130 W. Essex Avenue, Salem, SD 425-2485
Minnehaha County Veterans Service Officer 521 N. Main Avenue, Suite 201 367-4201
Turner County Veterans Service Officer 400 S. Main Street, Parker, SD 297-3431
 Provides information, assistance, counseling, and referrals on a wide range of subjects, benefits, and veteran programs. The people who are served by service officers are referred to as clients and they come from a wide range of society, including the veteran, widows of veterans, dependent children of veterans, as well as dependent parents who lost a son or daughter in military service.

Paralyzed Veterans of America 209 N. Garfield Avenue 336-0494
 Provides various programs for catastrophically disabled veterans and other people with disabilities. Services include, but are not limited to the following areas: veterans service officer, advocacy programs for veterans and people with disabilities; legislation; peer counseling for people with disabilities; sports and recreational activities for veterans; equipment lending; and technical assistance on the American with Disabilities Act "ADA".

Sioux Falls VA Veterans Service Program 2501 W. 22nd Street, Room 101 333-6896
 Veterans benefits experts, called National Service Officers and Chapter Service Officers, work to get veterans all the benefits to which they are entitled. These service officers provide counseling about compensation, pension, educational and job training programs, VA health care, burial benefits, survivors benefits, and more.

United States Marine Corps Wounded Warrior Regiment 760-529-7949
 Provides transition assistance and care and support for wounded, ill, and injured marines and their families throughout the state of South Dakota. Services and support includes financial, medical, benevolent organization coordination, VA assistance and military and Department of Defense records accessing and appeals.

Veterans Affairs Regional Office 2501 W. 22nd Street 336-3230
 The Dakotas Regional office provides compensation, pension and vocational rehabilitation benefits to veterans.

Child Care

Child Care Assistance 811 E. 10th Street 367-5444 Ext. 5
 Financial help with child care costs for low-income families who are working or seeking employment.

Child Care Helpline 1000 N. West Ave, Suite 310 211 or 339-4357
 Assists parents in their search for quality child care through referrals.

Employment

BRIDGES Employment Resource Center 2300 W. 46th Street 333-3318
 Assists adults 40 and older interested in seeking employment. Services include: individual job coaching, interviewing techniques, employment workshops, and an annual job fair. Computer classes and resume writing offered for small fee.

Directional Motivation 362-8176 Ext. 101
 Employment coaching for veterans to assist them in the transition to civilian employment, available for all veterans.

ESGR 357-2913 or 357-2983
 ESGR informs and educates service members and their civilian employers regarding their rights and responsibilities governed by the Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA). ESGR does not have statutory authority to enforce, but serves as a neutral, free resource to employers and service members. ESGR's trained ombudsmen provide mediation of issues relating to compliance with USERRA.

Goodwill Industries Connection Center 3400 S. Norton Avenue 357-6171
 Assists individuals with barriers to employment by providing job search assistance, application assistance, and learn interview preparation skills. Computers that can be used for job searches and access to free printing and local faxing are available at no charge.

South Dakota Department of Labor 811 E. 10th Street, Dept. 41 367-5300
 Veterans' Representatives are available to provide special assistance to veterans, including referrals to jobs, training, or VA and community support resources.

Volunteers of America - Vocational Training 217 N. Nesmith 728-1875
 Works with individuals who face barriers to employment to teach them employment skills.

Financial

Calvary Episcopal Cathedral 500 S Main Avenue 336-3486
 Offers limited gas assistance. Please call ahead to ensure your eligibility and availability of assistance.

Community Outreach 225 E. 11th Street, Suite 200 331-3935
 Rent, utility bills, other miscellaneous needs. Must go to County Department of Human Services first for financial help.

Department of Social Services 811 E. 10th Street 367-5444
 SNAP (food stamps), TANF, and Medicaid/CHIPS. Also Adult Services and Aging, Child Support, and Child Protection.

Minnehaha County Dept. of Human Services 521 N. Main Avenue, Suite 201 367-4214
 Based on eligibility, assistance with rent, utility bills, ID's, food and non-food items, dental and medical care, bus tickets, prescriptions, and burials.

Salvation Army, The 800 N. Cliff Avenue 338-6649
 Emergency assistance with utilities, food, diapers, and prescriptions.

St. Vincent DePaul Society 431 N. Cliff Avenue 338-4111
 Provides assistance with rent, utilities, and in some other areas.

Food

Banquet, The 900 E. 8th Street 335-7066
 Feeding program provides a prepared meal – for persons who are homeless, traveling through or in need of long-term supplemental food help.
 Meals served 7:00am – 8:00am and 6:00pm -7:30pm; Monday – Friday; 11:30am - 12:30pm Saturday.

Banquet West, The Nordstrom-Johnson Building, 100 N. Lyon Boulevard
 Banquet West meal served Wednesday from 6:00pm – 7:30pm at the Nordstrom-Johnson Building at the Sioux Empire Fairgrounds

Economic Assistance – SNAP 811 E. 10th Street 367-5444
 Open intake from 8:00am – 5:00pm for SNAP (Supplemental Nutrition Assistance Program) aka food stamps and TANF (Temporary Assistance to Needy Families).

Faith Temple Food Giveaway Nordstrom-Johnson Building 332-2303
 100 N. Lyon Boulevard
 Offers free food to anyone 18 years of age or older. There is no restriction on who can come, or how many times you can come. 4:00pm, Friday at the Nordstrom-Johnson Building at the Sioux Empire Fairgrounds.

Food Pantry – Feeding South Dakota 417 N. Phillips Avenue 335-6921
 Provides a 3-5 day supply of food. Must be referred by a service agency or church.

**Union Gospel Mission**701 E. 8th Street

334-6732

Breakfast, noon lunch and an evening meal with Chapel at 8pm with the meal served immediately after. Open to anyone.

Heath**Avera McKennan Healthcare
Clinic and Downtown Center**

300 N. Dakota Avenue, Suite 117

322-6800

Provides primary health care. Accepts most insurance, Medicare, Medicaid and people with no insurance.

Avera McKennan Hospital

1325 S. Cliff Avenue

322-8000

Full service hospital with a 24-hour emergency care.

Destiny Outreach225 E. 11th Street, 2nd Floor

951-8158

Walk-in acute care for uninsured individuals of all ages. 6:00pm – 8:30pm, Thursday.

Falls Community Health

521 N. Main Avenue, Suite 100

Medical Clinic: 367-8793

Dental Clinic: 367-8022

Falls Community Health is a family practice medical clinic and dental clinic with emphasis on health promotion/disease prevention. Additional services also include mental health counseling, psychiatry services, and pharmacy assistance to clients of the Falls Community Health Care Clinic. Sliding scale fees.

Sanford Downtown Health Care401 E. 8th Street, Suite 23

334-5099

Provides healthcare education and STI testing for men and women in their reproductive years. Fees based on income.

Sanford Hospital1305 W. 18th Street

333-1000

Full service hospital with 24-hour emergency care.

Sioux Falls VA Medical Center2501 W. 22nd Street

336-3230

The US Dept. of Veterans Affairs Health Care System provides health care services and benefits for veterans.

South Dakota Urban Indian Health

711 N. Lake Avenue

339-0420

Provides full primary health care services, and a primary care provider for Medicaid. Medical and dental transports for Native American clients only - prefer a 24-hour notice but will do emergency transports.

USD Dental Clinic

521 N. Main Avenue, Suite 202

367-8046

The clinic provides dental exams, x-rays, cleanings, fluoride treatments, sealants, restorative (such as fillings and extractions), preventive dental work, oral hygiene instructions, night guards, and bleaching.

Housing and Related Assistance**Berakhah House - VOA**

400 N. Western Avenue

332-4017

Provides short-term emergency housing and supportive services to homeless veterans in a safe, secure and respectful environment designed to enhance individual growth, employment options, finance and housing opportunities.

Homeless Veterans Reintegration Program

3400 S. Norton Avenue

731-1932

Earn a paycheck at Goodwill for up to 12 weeks while receiving the following individualized services: on the job support, resume development, job search, job skills development, financial training and education, coordinated services with the VA and other local agencies for medical and housing services.

Inter-lakes Community Action

505 N. Western Avenue

334-2808

Provides assistance to individuals in need in the form of rent deposits for homeless families, energy assistance for shut off notices, and assistance in home modification to reduce energy usage.



National Call Center for Homeless Veterans

1-877-424-3838

Veterans hotline that ensures that homeless veterans or veterans at-risk for homelessness have free, 24/7 access to trained counselors. The hotline is intended to assist homeless veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community.

Supportive Services for Veterans Families

390-4210 or 390-6380

A program of the Cornerstone Rescue Mission. Provides outreach to veterans, case management, help applying for Department of Veterans Affairs assistance and other benefits, help connecting veterans with other community resources and services, financial assistance to secure or preserve housing.

Transitional Housing Program Salvation Army

1017 N. Sherman Avenue

338-6649

Transitional housing residential unit for veteran men who have struggled with homelessness. Residents can stay up to two years and meet with a caseworker on a regular basis.

Transition in Place Program - VOA

1113 E. 14th Street

274-1540

The Per Diem program works to house eligible veterans in community-based housing. Upon completion of the program, veterans will assume the lease and this will become their permanent housing. Services provided include: assistance with rent; furniture; utilities; food and coordination with community resources.

VFW National Home for Children

1-800-313-4200

Families who need a fresh start can live in the safe and peaceful environment of the VFW National Home for Children campus community for 1-4 years and benefit from numerous community supports, including professional case management services, on-site licensed child care, life skills training, tutoring and other educational services, as well as recreational and community service opportunities.

Shelters

Children's Inn

409 N. Western Ave

338-4880

Emergency shelter and crisis intervention program for victims of domestic abuse, sexual assault, stalking, and child abuse & neglect. Services include: shelter, crisis intervention, counseling, case management, support groups, court advocacy, medical outreach, and parenting classes.

Mita Maske Ti Ki

731-1950

Domestic violence and sexual-assault center. Services include: shelter/safe-house; crisis intervention; personal advocacy; medical advocacy, legal advocacy, transportation in crisis situations; outreach services; follow-up; support groups and other services identified as needed.

St. Francis House

1301 E. Austin Street

334-3879

Temporary shelter for up to 35 men, 5 women, and 9 families on any given night. Three meals a day and case management is offered. Maximum of 7 consecutive days at a time. Personal care items are provided for all guests.

Union Gospel Mission

701 E. 8th Street

334-6732

Temporary shelter for homeless men, women and children. 86 beds for males/36 beds for females/children. Serves breakfast, noon lunch and Chapel at 8:00pm with a meal served immediately after that. Also offers spiritual counseling, clothing, and youth programs.

Transportation

Disabled American Veterans

336-3230 Ext. 6551

Free transportation for veterans to the local VA Medical Center for Sioux Falls and the surrounding communities. Operates 8:00am – 3:00pm, Monday - Friday.

Sioux Falls VA Transportation Services

336-3230 Ext. 6372

Free transportation for veterans to the local VA Medical Center for those within Sioux Falls. Shared ride program runs 8:00am – 3:00pm, Monday - Friday.

Sioux Area Metro (SAM)

367-7151

Public transportation serving Sioux Falls. Transit service is available on most routes from 5:45am – 7:00pm Monday - Friday, and from 7:45am to 7:00 pm on Saturday. Service is available weekday evenings until approximately 9:00pm on five routes. Ride costs vary from \$.50 per ride for children / Seniors / and Persons with Disabilities to \$1 for adults. Daily, weekly, and monthly passes are available.

Veteran Membership Organizations**American Legion**

1701 W. Legion Drive

336-3470

Provides veterans a place for volunteer service, social, emotional and financial support for members of the United States Armed Forces, veterans and their dependents.

Disabled American Veterans1519 W. 51st Street

332-6866

Mission: service and advocacy on behalf of the men and women who put their lives on the line to ensure our safety, to protect our freedoms and cherished way of life.

Forty and Eight Voiture 129

366-5541

A veterans organization with emphasis on the support of children and youth, nurses training, and Americanism. Membership requirements - any honorably discharged veteran or personnel on active duty may join.

Paralyzed Veterans of America

209 N. Garfield Avenue

336-0494

Provides various programs for catastrophically disabled veterans and other people with disabilities. Services include, but are not limited to the following areas: service to veterans, veterans service officer, advocacy programs for veterans and people with disabilities; legislation; peer counseling for people with disabilities; sports and recreational activities for veterans; equipment lending; and technical assistance on the American with Disabilities Act "ADA".

Sioux Falls Veterans Council

3601 S. Minnesota Avenue

254-6382

This group represents all veterans organizations, and helps to coordinate events sponsored by veteran's groups, including Memorial Day, Veterans Day, Armed Forces Day, and the Michael J. Fitzmaurice Museum at the VA Main Building. Meets monthly at 7pm on the 3rd Thursday at the VFW.

Veterans of Foreign Wars

3601 S. Minnesota Avenue

338-0869

Fosters camaraderie among United States veterans of overseas conflicts. Advocates on the behalf of all veterans. Helps veterans and their families, supports youth activities and also does many community service projects.

Vietnam Veterans of America1519 W. 51st Street

334-2880

VVA is an independent, self-governing membership organization. Join one of the 600 chapters for fellowship, volunteer opportunities and community service. Be as active as your tie, talents, and interests allow. Every member makes Vietnam veteran's voices stronger in Congress, Federal agencies, and in state and local governments - anywhere decisions are made about the rights and benefits of veterans.

Warriors Never Give Up

310-8330

Offers hunting adventures for combat and/or disabled service members and their children. Provides scholarships for fallen heroes.