

Home Care Services

Caring Hands Elder Care (605) 347-0958
 Comfort Keepers (Rapid City) (605) 716-1234
 Comfort Keepers (Spearfish)..... (605) 717-4444
 Compassion Health Services (888) 548-0049
 Golden Hearts at Home (Midland) (605) 545-0850
 Home Instead Senior Care..... (605) 716-9300
 Interim Health Care
 Rapid City (605) 348-5885
 Spearfish (605) 642-2806
 People Care..... (605) 341-8000
 Preferred Home Health (Buffalo)...(605) 375-3738
 Regional Health Home Care
 Rapid City (605) 755-7710
 Northern Hills (605) 642-4444
 Senior Check-In and Check-On ... (605) 717-3000
 Western Resources Home Care
 Rapid City (605) 791-4155
 Spearfish (605) 717-0800
 Westhills Village Home Health (605) 342-0255

Home Health

Bennett Co. Hospital Home Health
 (605) 685-6622
 Good Samaritan Society (605) 342-0529
 Heartland Home Health
 Belle Fourche (605) 723-4663
 Interim Health Care
 Rapid City (605) 348-5885
 Spearfish (605) 642-2806
 Regional Health Home Care
 Rapid City & Southern Hills .. (605) 755-7710
 Northern Hills (605) 642-4444
 Wall (605) 279-2149
 State Home Care Services (605) 718-5004
 Westhills Village Home Health .. (605) 342-0255
 West Winds Health Services (Timber Lake)
 (605) 865-3757

Continuing Care Community

Westhills Village Retirement Community
(605) 342-0255

Independent Living Only

Holiday Hills (605) 348-4999
 Maplewood (605) 348-2427
 West Park Apartments.....(605) 348-5005

Assisted & Independent Living

*Independent Living Option Available

Rapid City

Clarkson Health Care (605) 343-5882
 Echo Ridge Assisted Living* (605) 718-1800
 Fountain Springs* (605) 343-3555
 Morning Star Assisted Living (605) 348-2596
 Primrose* (605) 342-6699
 Regional Senior Care Fairmont Grand Manor
 (605) 399-1551
 St. Martins Village Assisted Living*
 (605) 343-1919
 Somerset Court Assisted Living (605) 718-3600
 There's A Hart..... (605) 343-5563
 The Victorian..... (605) 342-1913
 Westhills South (605) 342-6821
 Westhills Villiage (605) 342-0255

Belle Fourche

Belle Estate Senior Living..... (605) 723-3000
 High Prairie Asst. Living..... (605) 892-0082
 Judy's Assisted Living..... (605) 723-4792

Custer

Wedgewood Regional Senior Care Assisted Living
 (605) 673-5588

Eagle Butte

Medicine Wheel Village (605) 745-5555

Hot Springs— Pine Hills Retirement

Community* (605) 745-5555

Lead—Golden Ridge Regional

Senior Care* (605) 722-6380

Philip

Silverleaf Assisted Living (605) 859-3434

Spearfish

Edgewood Vista Assisted Living (605) 642-2977
 Garden Hills (605) 642-0404
 Sandstone Manor* (605) 642-4910
 Serenity Corner Assisted Living (605) 642-4029
 Tender Care Assisted Living (605) 642-7963

Sturgis

Aspen Grove Assisted Living..... (605) 720-4738
 Dakota Hills Assisted Living..... (605) 423-8084
 Foothills Assisted Living (605) 347-4460
 Key City Assisted Living (605) 347-2770

Whitewood

Castle Retirement Home (605) 269-2422

Skilled Nursing Facilities

In Rapid City

Clarkson Health Care..... (605) 343-5882
 Golden Living Centers
 Bella Vista (605) 343-4738
 Black Hills (605) 343-4958
 Meadowbrook (605) 348-0285
 Prairie Hills (605) 343-8577
 Fountain Springs..... (605) 343-3555
 Westhills Village Health Care.. (605) 342-0255

Black Hills Area

Belle Fourche Health Care Center
 (605) 892-3331
 Bennett Co. Nursing Home (605) 859-6622
 Custer Regional Senior Care .. (605) 573-2237
 Michael J. Fitzmaurice Veterans Home
 Hot Springs (605) 745-5127
 Seven Sisters Nursing Center
 Hot Springs (605) 745-3460
 Kadoka Nursing Home..... (605) 837-2270
 Five Counties (Lemmon)..... (605) 374-3871
 New Underwood—Good Samaritan Nursing
 Home..... (605) 754-6489
 Philip Nursing Home (605) 859-2583
 Spearfish—David M Dorsett Healthcare
 (605) 642-2716
 Sturgis Regional Senior Care
 (605) 720-2400
 White River Health Care Center
 (605) 259-3161

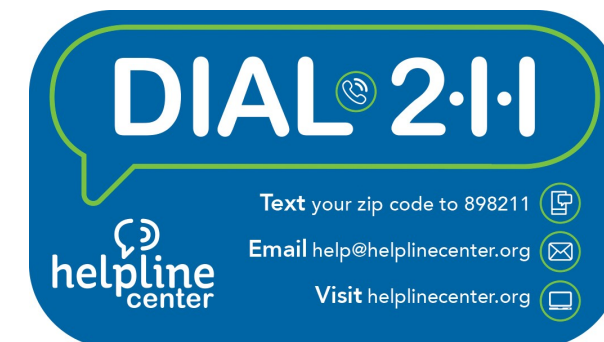
Consultants

Amazing Grace.....(605) 858-9943
 Certified Aging in Place Specialists
 Kristi Barber, GBA Inc. (605) 342-7006
 David Asbridge, Dreammaker . (605) 716-2266
 Healthcare Advocacy
 Jenny Telechan, BH Advocate (605) 430-4998
 Method Organization.....(605) 430-5448

Hospice Programs

Regional Health—Pennington, Lawrence, Butte,
 Meade, Custer and Fall River counties.
 Grace of the Pines Hospice.....(605) 745-4907
 Hospice of the Hills (605) 755-7710
 Hospice of the Northern Hills..... (605) 641-4444

Western South Dakota Caregiver Resource Guide



This Guide is made available thanks to our generous sponsors:

- Mister Handy Service Specialists
- Western Resources for Independent Living
- Westhills Village and Clarkson HealthCare
- Interim HealthCare of the Black Hills
- CAREgivers —Active Generations
- Good Samaritan Home Health of the Black Hills
- SDSU Extension

Caregiver Support Groups

Caregiver Support Group

- Regional Health Fairmont Grand Manor Assisted Living
- *Meetings:* 2nd Tuesday each month, 5:30pm—7:00pm
- *Location:* Fairmont Grand Manor, Building 405 409 E. Fairlane Drive, Rapid City, SD 57701
- *Contact:* Diane Myers, (605) 399-1551
dmyers3@regionalhealth.com

Caregiver Support Group

- Western Resources for Independent Living
- *Meetings:* 3rd Tuesday each month, 10:00am—11:30am
- *Location:* Emmanuel Episcopal Church 717 Quincy Street, Rapid City, SD 57701
- *Contact:* Clare, (605) 791-3383

Dementia Caregiver Support Group

- Alzheimer's Association
- *Meetings:* 4th Friday each month, 12:00noon
- *Location:* Rapid City Public Library 610 Quincy Street, Rapid City, SD 57701
- *Contact:* Leacey Brown, (605) 394-1722
Leacey.Brown@sdsdstate.edu

Dementia Caregiver Support Group (Veterans)

- Black Hills VA Health Care System, Department of Veterans Affairs
- *Meetings:* Wednesdays, 1:00pm—2:30pm
- *Eligibility:* Patient or caregiver must be a veteran.
- *Location:* Rapid City VA Clinic, 3625 5th Street, Rapid City 57701
- *Contact:* Amber Heinert, (605) 745-2000 Ext. 2574

Family Support Group for Dementia & Alzheimer's Disease

- Adult Services and Aging, South Dakota Department of Social Services
- *Meetings:* Last Tuesday each month
- *Location:* Hickory House Apartment Complex, 430 Oriole Drive, Spearfish, SD 57783
- *Contact:* Kathy Talsma, (605) 892-2731 Ext. 217

Parkinson's Disease Caregiver Support Group

- South Dakota Parkinson's Foundation
- *Meetings:* The Monday following the second Saturday of each month, 4:00pm
- *Location:* Calvary Lutheran Church (enter through North door) 5311 Sheridan Lake Rd, Rapid City, SD 57702
- *Caregiver Support Group Contact:* Becky Lane, (605) 390-9680
- Parkinson's Disease Support group also offered. Call Mary (605) 791-0714 or Bjo (605) 484-3419

Caregiver Resources

Alzheimer's Association

- www.alz.org/sd (605) 339-4543

Better Choices, Better Health (Chronic disease self management)

- goodandhealthysd.org (888) 484-3800

Braille & Talking Book Program: SD State Library

- <http://library.sd.gov/BTB/> (800) 423-6665

CAREgivers (Free support services)

- (800) 360-6161
- (605) 275-7681

Client Assistance Program (CAP)

- www.wsdca.org (800) 742-8108

CapTel free telephone captioning services

- www.CapTel.com (605) 389-1170

DSS—Adult Services & Aging and Medicaid

- dss.sd.gov (605) 394-2525
- Long Term Care Assistance (605) 394-2525

ADRC Resource Directory

- <http://southdakota.assistguide.net/>
- Rapid City (855) 315-1986
- Pierre (855) 642-3055

Love, Inc.

- www.loveinonline.com (605) 718-5683

Medicare Services

- www.medicare.gov (800) 437-4762

Project Lifesaver (GPS tracking system)

- www.pennco.org/sheriff (605) 394-6113

Library Services for adults who are Homebound

- www.rcgov.org/library
- (605) 394-6139, Ext. 2230

Retired Senior Volunteer Program (RSVP)

- Rapid City (605) 394-2508
- Spearfish (605) 642-5198
- Senior Companion Program (605) 721-8884

Senior Health Information & Insurance Education (SHIINE): Medicare assistance/education

- (605) 342-8635, (877) 286-9072

Services for the Blind & Visually Impaired

- (605) 394-2253, (800) 439-8861

Social Security Administration

- www.ssa.gov
- (605) 342-1819, (800) 772-1213

South Dakota Parkinson's Foundation

- <http://www.southdakotaparkinson.org/>

Transportation

Arrow (Lemmon) (605) 374-3189

Cheyenne River Sioux Transit (605) 964-7433

Dial A Ride (605) 394-6631

E. Pennington County Transit (605) 279-2430

Haakon County Prairie (605) 441-1495

Oglala Sioux Transit (605) 867-2332

Prairie Hills Transit

- Northern Hills (605) 642-6668

- Sturgis (605) 642-6668

- Southern (877) 673-3687

Rapid Transit (605) 394-6631

Rosebud (605) 747-2718

Vet Center (605) 348-0077

Meals Programs

Belle Fourche (605) 892-6285

Bison (605) 244-7222

Cheyenne River (605) 964-8056

Custer (605) 517-0621

Deadwood/Lead (605) 717-6035

Dupree (605) 365-5700

Edgemont (605) 662-7033

Faith (605) 967-2175

Hot Springs (605) 745-2175

Isabel (605) 466-2141

Lemmon (605) 374-3634

Newell (605) 456-2945

Pine Ridge (605) 867-5913

Philip (605) 859-2511 Ext. 118

Rapid City (605) 394-6002

Rosebud (605) 747-2960

Spearfish (605) 642-1277

Sturgis (605) 561-0159

..... (605) 347-5866

Timber Lake (605) 865-3434

Wall (605) 279-2547

Equipment/Supplies

Apria Healthcare (605) 341-2273

Lincare (605) 342-3890

Partner Medical (Kreisers) (605) 342-2773

Performance Respiratory Home Medical

..... (605) 342-7004

Presidents Specialty Healthcare... (605) 341-4669

PSI Health Care Inc. (605) 348-1150

Regional Home Medical

Rapid City (605) 755-9000

Spearfish (605) 717-8980

Sturgis (605) 720-2676

Adult Day Centers

Western Resources Adult Day

Rapid City (605) 791-3383

Spearfish (605) 717-0800

This Guide was assembled with information provided by the Senior Information Network of the Black Hills.