



This resource guide lists community programs, who are part of the 211 resource database, that provide direct basic needs and services such as clothing and household items, employment services, family and parenting, financial support, food, health care, housing, mental health, shelter, and transportation. For more information:
 • Visit www.helplinecenter.org • Dial 2-1-1 • Text your zip code to 898211

GENERAL

Helpline Center • Dial 2-1-1 • Text your zip code to 898211
 A 24-hour information, referral, and crisis helpline that provides resource information covering topics such as food, clothing, financial, medical, mental health, employment, shelter, volunteer opportunities, and much more.

National Suicide Prevention Lifeline (NSPL) Online crisis chat: www.suicidepreventionlifeline.org (800) 273-8255
 The National Suicide Prevention Lifeline’s mission is to provide immediate assistance to individuals in suicidal crisis by connecting them to the nearest available suicide prevention and mental health service provider.

Public Safety		Emergency: Dial 9-1-1
Brookings County Sheriff	315 7 th Avenue	696-8300
City of Brookings – Police Department	307 3 rd Avenue	692-2113

Department of Social Services (DSS)	To Report Child Abuse:	(877) 244-0864
	To Report Elder Abuse:	353-7112
	1310 Main Avenue S., Suite 101	688-4330

TANF, Medicaid, CHIP, Adult Services and Aging, Child Support, and Child Protection Services.

Brookings Area United Way	619 5 th Avenue	692-4979
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Uniting people, sharing resources, inspiring hope, and enriching lives for a stronger Brookings County.

My Neighbor	1310 Main Avenue S., Suite 113	691-3225
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Community information and referral program that may be able to assist with: rent, deposit, utilities, daycare, small car repairs, car payments (if employed), small health care needs, and Salvation Army vouchers.

Volunteer Connections - Helpline Center	619 5 th Avenue	Dial 2-1-1
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Connecting you to local volunteer activities that match your interest and the time you have to give.

CLOTHING / HOUSEHOLD ITEMS

Brookings Area Habitat for Humanity Restore	917 Highway 14 ByPass	697-5900
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A retail store which is open to the public that carries donated new and used household, electrical, plumbing, hardware, and building supplies at a reduced price.

Goodwill of the Great Plains	625 Main Street	692-2085
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Offers low cost clothing, furniture, and household items. Clothing vouchers available with referral from a social service agency.

EMPLOYMENT

Brookings Job Service Office	1310 Main Avenue S., Suite 103	688-4350
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Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying on-line. Workforce training is an employment and training program designed for adults and youth to increase their skills that will result in employment and higher earnings.



Division of Rehabilitation Services 1310 Main Avenue S., Suite 102 688-4280
 Helps individuals with disabilities to gain and maintain compatible employment via: vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement.

FAMILY/PARENTING

Birthright of Brookings 1321 ¼ 8th Street 692-2693
 Provides financial assistance, parenting skills, legal advice, and maternity and baby clothing.

Child Care Assistance - DSS 1310 Main Avenue S., Suite 101 688-4330
 Provides financial help for child care costs for families who are working and/or going to school.

Earn While You Learn - Option 1 Women’s Health Center 103B 22nd Avenue 692-1600
 Participants earn points for parenting education, attending appointments, and meeting with a client advocate. Points can be used to acquire items such as diapers, wipes, clothing, and other needed products.

East Central Behavioral Health 211 4th Street, Brookings 697-2850
 Provides community-based (in-home or school) counseling and support for children and families.

Family Resource Network 1057 8th Street, SDSU Pugsley Center, Room 201 688-5730
 A child care referral service for parents looking for licensed or registered child care programs.

Harvest Table 625 5th Street 692-4345
 Diapers and baby wipes are available each week during meal service 5:30pm – 6:30pm, every Monday night (except major holidays). Groceries are available on the last Monday of the month.

Inter-Lakes Community Action Partnership 601 4th Street, Suite 108 692-6391
 Provides Head Start for low-income children and children with special needs. Early Head Start provides home-based visits for families with children birth to age three, with focused information on parenting and parent/child activities.

Women, Infants, and Children (WIC)
Brookings County Office of Child and Family Services 1310 Main Avenue S., Suite 105 688-5805
 Works to improve the nutritional status of its participants through education and early intervention.

FINANCIAL

Brookings County Veterans Service Office and Human Services 520 3rd Street, Suite 210 696-8260
 Provides emergency assistance with rent, utilities, prescriptions, medical expenses, transportation, and county burials. The Brookings County Veterans Service Office (VSO) assists veterans and their dependents and survivors in applying for veterans benefits including benefits from the Department of Veterans Affairs and the State of South Dakota.

Center for Financial Resources, Lutheran Social Services (LSS) (888) 258-2227
 Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

Lifeline - South Dakota Public Utilities Commission (800) 332-1782
 Reduces the cost of landlines in all areas and cell phones in certain areas.

Low Income Energy Assistance Program (LIEAP) (800) 233-8503
 Assists with heating costs: propane and fuel oil July 1 to April 30; electric heat and natural gas October 1 to May 15.

Salvation Army Brookings, The 1310 Main Avenue S., Suite 113 691-3225
 After hours call dispatch: 692-2113
 Provides rent assistance, utility assistance, gasoline, small car repairs, and/or food/meal assistance.

FOOD

Council for Emergency Services 217 4th Street 692-5007
 Distributes food 1:00pm - 4:30pm, Monday, Wednesday, and Friday. Bring valid picture ID and proof of current address.



Help at your Fingertips...

Dial: 2•1•1

- Economic Assistance - DSS** 1310 Main Avenue S., Suite 101 688-4330
Provides SNAP (Food Stamps), TANF, and Medicaid programs for children and low income families.
- Feeding Brookings** Distribution at Ascension Lutheran Church, 2030 3rd Street 692-6565
Provides produce, bakery items, canned goods, and hygiene supplies.
4:00pm – 5:00pm, every Thursday (randomly drawn numbers are given out at 3:50pm for line up).
- Harvest Table** 625 5th Street 692-4345
A no-cost, warm, home-cooked meal is served 5:30pm – 6:30pm, every Monday night (except major holidays).
Diapers and baby wipes are available each week. Groceries are available on the last Monday of the month.
- Senior Box Program - Salvation Army Brookings, The** 886-4030
Those eligible (over 60 years of age with a low income) can apply to receive a commodity package monthly for 6 to 12 months.
- Senior Services - Inter-Lakes Community Action Partnership** 692-1407
60's + Dining: A senior congregate meal program that provides a nutritious noon meal which reduces or prevents malnutrition and provides socialization for the participants. **Home Meal Delivery:** Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty

HEALTH

- Avera Ask-A-Nurse** 24-hour health information line (800) 658-3535
Avera Medical Group Specialty Clinic Brookings 400 22nd Street 697-9500
A multi-specialty medical clinic. Clinic hours: 8:00am – 5:00pm, Monday – Friday
Urgent Care: 5:00pm – 7:30pm, Monday – Thursday, 8:30am – 11:00am, Saturday
- Birthright of Brookings** 1321 ¼ 8th Street 692-2693
Free pregnancy testing, prenatal information, and medical help.
- Brookings County Office of Child and Family Services** 1310 Main Avenue S., Suite 105 688-5805
Baby Care works with pregnant women to offer health advice and teaching regarding their pregnancy and newborn baby.
Offers childhood immunizations and flu vaccinations to WIC participants.
- Brookings Health System** 300 22nd Avenue 696-9000
Emergency department available 24 hours a day. Inpatient and outpatient services available.
- Dakota Smiles Dental Program** 692-4979
A dentist office on wheels, offering preventative and restorative dental care to children ages 0 – 21 who, for a variety of reasons, have been unable to access adequate dental care. Sponsored by Delta Dental and Brookings Area United Way.
- My Sanford Nurse** 24-hour health information line (800) 445-5788
Sanford Health Brookings Clinic and Acute Care 922 22nd Avenue S. 697-1900
Offering family medicine and various other specialties in addition to acute care.
Clinic hours: 8:00am – 5:30pm, Monday, 7:30am – 5:30pm, Tuesday – Friday
Acute Care: 4:30pm – 8:30pm, Monday – Friday, 8:00am – 12:30pm, Saturday
- Option 1 Women's Health Center** 103B 22nd Avenue 692-1600
Free and confidential pregnancy tests, holistic pregnancy support, and childbirth instruction.

HOUSING AND RELATED ASSISTANCE

- Brookings Area Habitat for Humanity** 321 9th Street 697-2540
Offers a "hand up" to families in need of a decent place to live through a home ownership program (certain eligibility guidelines apply) and A Brush With Kindness Program (home painting program for individuals with limited income who are physically not able to paint it themselves).

For the most up to date version of this guide please visit: www.helpinecenter.org or scan with your smartphone



Brookings County Housing & Redevelopment 1310 S. Main Avenue 692-1670
 Provides housing rental assistance to low income families. Preference is given to elderly, disabled, and those experiencing domestic violence situations. Family Self-sufficiency Program available to families that participate in the Section 8 Voucher Program.

Fair Housing South Dakota – South Dakota Housing Development Authority (877) 832-0161
 A resource for renters, potential homeowners, lenders, landlords, and other housing professionals to utilize to understand their rights and responsibilities.

Inter-Lakes Community Action Partnership 601 4th Street, Suite 108 692-6391
 Provides case management, financial management, rent/security deposit assistance, housing repair loans, weatherization, and furnace repair/replacement program.

South Dakota Housing Search www.sdhousingsearch.com (877) 428-8844
 SDHousingSearch.com is a housing locator, listing everything from apartments to single-family units.

MENTAL HEALTH / SUBSTANCE ABUSE

12 Step Programs (AA, NA, GA, Al-Anon) Dial 2-1-1

Avera Behavioral Health Outpatient Services 1921 Building, 601 4th Street, Suite 101 322-4079
 Provides outpatient therapy, addiction recovery program, partial hospital, intensive outpatient program, employee assistance program, and pain management group.

Catholic Family Services Newman Center 1321 8th Street (800) 700-7867
 Provides counseling for individuals and families. Services are covered under most insurances or employee assistance programs. Sliding fee scale available.

Counseling Services - LSS 752 22nd Avenue (855) 334-2953
 Provides mental health services including individual, family, and group counseling (Moral Reconciliation Therapy and Cognitive Behavioral Interventions for Substance Abuse).

East Central Behavioral Health 211 4th Street 697-2850
 A fully-integrated community-based service provider. Direct services are provided after a comprehensive, interactive assessment (including mental health, chemical dependency, behavior, strengths, capabilities, supports, etc.) determines appropriate services needed. DUI classes available.

NAMI (National Alliance on Mental Illness) Meeting location: 300 22nd Avenue (800) 551-2531
 Provides practical support group, useful education, and understanding to people who are living and coping with neurobiologically-based brain diseases and to their family members. Meets at 7:00pm, 3rd Thursday of each month.

Teen Challenge of the Dakotas 600 W. 16th Avenue S. 693-9753
 A residential, Christian discipleship program utilizing biblical principles including faith and genuine repentance to help men (18 years and older) overcome life-controlling problems such as addictions.

South Dakota QuitLine (866) 737-8487
 Provides tobacco users telephone coaching support and quit-tobacco products at no-cost.

Wellness Center - South Dakota State University 1440 N. Campus Drive 688-6416
 Offers a wide range of confidential services to currently enrolled SDSU students. These services include, but are not limited to individual and group counseling, crisis intervention, and self-help resources.

SHELTER

Brookings Domestic Abuse Shelter 807 Onaka Trail 692-7233
 24-hour crisis program for victims of domestic abuse, sexual assault, and stalking. Services include crisis hotline, emergency shelter, support group, safety planning, crisis intervention, supportive listening, civil/legal assistance with protection orders, referral services, and limited financial assistance.



Help at your Fingertips...

Dial: 2•1•1

Salvation Army Brookings, The

1310 Main Avenue S., Suite 113

691-3225

After hours call Brookings dispatch: 692-2113

Assists with vouchers for hotel stays.

TRANSPORTATION

Brookings Area Transit Authority (BATA)

418 Western Avenue

692-2222

Provides transportation in and around the Brookings County area. Offers door-to-door service and weekday shuttles to and from Sioux Falls.

Brookings Chapter 22 - Disabled American Veterans

696-8260

Provides free transportation for veterans who have medical appointments with the Veterans Administration (VA) Hospital.

Volunteer Service Bank

826 32nd Avenue

692-6102

The VSB primary program provides transportation for medical appointments within Brookings County and to Sioux Falls, Watertown, etc., especially for cancer treatment and for services from specialists not available in Brookings.



Please contact the Helpline Center to inquire on listing your organization or make changes to your listing.

For the most up to date version of this guide please visit: www.helplinecenter.org or scan with your smartphone

