



This resource guide lists community programs, who are part of the 211 resource database, that provide direct basic needs and services such as clothing and household items, employment services, family and parenting, financial support, food, health care, housing, mental health, shelter, and transportation. For more information:  
 • Visit [www.helplinecenter.org](http://www.helplinecenter.org) • Dial 2-1-1 • Text your zip code to 898211

**GENERAL**

**Helpline Center** • Dial 2-1-1 • Text your zip code to 898211  
 A 24-hour information, referral, and crisis helpline that provides resource information covering topics such as food, clothing, financial, medical, mental health, employment, shelter, volunteer opportunities, and much more.

**National Suicide Prevention Lifeline (NSPL)** Online crisis chat: [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) (800) 273-8255  
 The National Suicide Prevention Lifeline’s mission is to provide immediate assistance to individuals in suicidal crisis by connecting them to the nearest available suicide prevention and mental health service provider.

|  |                            |                       |
|--|----------------------------|-----------------------|
| <b>Public Safety</b>                         |                            | Emergency: Dial 9-1-1 |
| <b>Brookings County Sheriff</b>              | 315 7 <sup>th</sup> Avenue | 696-8300              |
| <b>City of Brookings – Police Department</b> | 307 3 <sup>rd</sup> Avenue | 692-2113              |

|  |                                |                |
|--|--------------------------------|----------------|
| <b>Department of Social Services (DSS)</b> | To Report Child Abuse:         | (877) 244-0864 |
|  | To Report Elder Abuse:         | 353-7112       |
|  | 1310 Main Avenue S., Suite 101 | 688-4330       |

TANF, Medicaid, CHIP, Adult Services and Aging, Child Support, and Child Protection Services.

|                                  |                            |          |
|----------------------------------|----------------------------|----------|
| <b>Brookings Area United Way</b> | 619 5 <sup>th</sup> Avenue | 692-4979 |
|----------------------------------|----------------------------|----------|

Uniting people, sharing resources, inspiring hope, and enriching lives for a stronger Brookings County.

|                    |                                |          |
|--------------------|--------------------------------|----------|
| <b>My Neighbor</b> | 1310 Main Avenue S., Suite 113 | 691-3225 |
|--------------------|--------------------------------|----------|

Community information and referral program that may be able to assist with: rent, deposit, utilities, daycare, small car repairs, car payments (if employed), small health care needs, and Salvation Army vouchers.

|  |                            |            |
|--|----------------------------|------------|
| <b>Volunteer Connections - Helpline Center</b> | 619 5 <sup>th</sup> Avenue | Dial 2-1-1 |
|--|----------------------------|------------|

Connecting you to local volunteer activities that match your interest and the time you have to give.

**CLOTHING / HOUSEHOLD ITEMS**

|  |                       |          |
|--|-----------------------|----------|
| <b>Brookings Area Habitat for Humanity Restore</b> | 917 Highway 14 ByPass | 697-5900 |
|--|-----------------------|----------|

A retail store which is open to the public that carries donated new and used household, electrical, plumbing, hardware, and building supplies at a reduced price.

|                                     |                 |          |
|-------------------------------------|-----------------|----------|
| <b>Goodwill of the Great Plains</b> | 625 Main Street | 692-2085 |
|-------------------------------------|-----------------|----------|

Offers low cost clothing, furniture, and household items. Clothing vouchers available with referral from a social service agency.

|                   |                            |          |
|-------------------|----------------------------|----------|
| <b>Home Again</b> | 317 3 <sup>rd</sup> Avenue | 692-4744 |
|-------------------|----------------------------|----------|

Offers used furniture and home furnishings for sale.



**EMPLOYMENT**

**Brookings Job Service Office** 1310 Main Avenue S., Suite 103 688-4350  
Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying on-line. Workforce training is an employment and training program designed for adults and youth to increase their skills that will result in employment and higher earnings.

**Division of Rehabilitation Services** 1310 Main Avenue S., Suite 102 688-4280  
Helps individuals with disabilities to gain and maintain compatible employment via: vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement.

**FAMILY/PARENTING/CHILD CARE**

**Birthright of Brookings** 1321 ¼ 8<sup>th</sup> Street 692-2693  
Provides financial assistance, parenting skills, legal advice, and maternity and baby clothing.

**Child Care Assistance - DSS** 1310 Main Avenue S., Suite 101 688-4330  
Provides financial help for child care costs for families who are working and/or going to school.

**Earn While You Learn - Option 1 Women's Health Center** 103B 22<sup>nd</sup> Avenue 692-1600  
Participants earn points for parenting education, attending appointments, and meeting with a client advocate. Points can be used to acquire items such as diapers, wipes, clothing, and other needed products.

**East Central Behavioral Health** 211 4<sup>th</sup> Street, Brookings 697-2850  
Provides community-based (in-home or school) counseling and support for children and families.

**Family Resource Network** 1057 8<sup>th</sup> Street, SDSU Pugsley Center, Room 201 688-5730  
A child care referral service for parents looking for licensed or registered child care programs.

**Harvest Table** 625 5<sup>th</sup> Street 692-4345  
Diapers and baby wipes are available each week during meal service 5:30pm – 6:30pm, every Monday night (except major holidays). Groceries are available on the last Monday of the month.

**Inter-Lakes Community Action Partnership** 601 4<sup>th</sup> Street, Suite 108 692-6391  
Provides Head Start for low-income children and children with special needs. Early Head Start provides home-based visits for families with children birth to age three, with focused information on parenting and parent/child activities.

**Women, Infants, and Children (WIC)**  
**Brookings County Office of Child and Family Services** 1310 Main Avenue S., Suite 105 688-5805  
Works to improve the nutritional status of its participants through education and early intervention.

**FINANCIAL**

**Brookings County Veterans Service Office and Human Services** 520 3<sup>rd</sup> Street, Suite 210 696-8260  
Provides emergency assistance with rent, utilities, prescriptions, medical expenses, transportation, and county burials. The Brookings County Veterans Service Office (VSO) assists veterans and their dependents and survivors in applying for veterans benefits including benefits from the Department of Veterans Affairs and the State of South Dakota.

**Center for Financial Resources, Lutheran Social Services (LSS)** (888) 258-2227  
Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

**Lifeline - South Dakota Public Utilities Commission** (800) 332-1782  
Reduces the cost of landlines in all areas and cell phones in certain areas.

**Low Income Energy Assistance Program (LIEAP)** (800) 233-8503  
Assists with heating costs: propane and fuel oil July 1 to April 30; electric heat and natural gas October 1 to May 15.



**Salvation Army Brookings, The** 1310 Main Avenue S., Suite 113 691-3225  
 After hours call dispatch: 692-2113  
 Provides rent assistance, utility assistance, gasoline, small car repairs, and/or food/meal assistance.

**FOOD**

**Council for Emergency Services** 217 4<sup>th</sup> Street 692-5007  
 Distributes food 1:00pm - 4:30pm, Monday, Wednesday, and Friday. Bring valid picture ID and proof of current address.

**Economic Assistance - DSS** 1310 Main Avenue S., Suite 101 688-4330  
 Provides SNAP (Food Stamps), TANF, and Medicaid programs for children and low income families.

**Feeding Brookings** Distribution at Ascension Lutheran Church, 2030 3<sup>rd</sup> Street 692-6565  
 Provides produce, bakery items, canned goods, and hygiene supplies.  
 4:00pm – 5:00pm, every Thursday (randomly drawn numbers are given out at 3:50pm for line up).

**Harvest Table** 625 5<sup>th</sup> Street 692-4345  
 A no-cost, warm, home-cooked meal is served 5:30pm – 6:30pm, every Monday night (except major holidays).  
 Diapers and baby wipes are available each week. Groceries are available on the last Monday of the month.

**Senior Box Program - Salvation Army Brookings, The** 886-4030  
 Those eligible (over 60 years of age with a low income) can apply to receive a commodity package monthly for 6 to 12 months.

**Senior Services - Inter-Lakes Community Action Partnership** 692-1407  
**60's + Dining:** A senior congregate meal program that provides a nutritious noon meal which reduces or prevents malnutrition and provides socialization for the participants. **Home Meal Delivery:** Provides a home delivered meal to persons who are unable to leave their homes due to illness or frailty

**HEALTH**

**Avera Ask-A-Nurse** 24-hour health information line (800) 658-3535  
**Avera Medical Group Specialty Clinic Brookings** 400 22<sup>nd</sup> Street 697-9500  
 A multi-specialty medical clinic. Clinic hours: 8:00am – 5:00pm, Monday – Friday  
 Urgent Care: 5:00pm – 7:30pm, Monday – Thursday, 8:30am – 11:00am, Saturday

**Birthing of Brookings** 1321 ¼ 8<sup>th</sup> Street 692-2693  
 Free pregnancy testing, prenatal information, and medical help.

**Brookings County Office of Child and Family Services** 1310 Main Avenue S., Suite 105 688-5805  
 Baby Care works with pregnant women to offer health advice and teaching regarding their pregnancy and newborn baby. Offers childhood immunizations and flu vaccinations to WIC participants.

**Brookings Health System** 300 22<sup>nd</sup> Avenue 696-9000  
 Emergency department available 24 hours a day. Inpatient and outpatient services available.

**Dakota Smiles Dental Program** 692-4979  
 A dentist office on wheels, offering preventative and restorative dental care to children ages 0 – 21 who, for a variety of reasons, have been unable to access adequate dental care. Sponsored by Delta Dental and Brookings Area United Way.

**My Sanford Nurse** 24-hour health information line (800) 445-5788  
**Sanford Health Brookings Clinic and Acute Care** 922 22<sup>nd</sup> Avenue S. 697-1900  
 Offering family medicine and various other specialties in addition to acute care.  
 Clinic hours: 8:00am – 5:30pm, Monday, 7:30am – 5:30pm, Tuesday – Friday  
 Acute Care: 4:30pm – 8:30pm, Monday – Friday, 8:00am – 12:30pm, Saturday

**Option 1 Women's Health Center** 103B 22<sup>nd</sup> Avenue 692-1600  
 Free and confidential pregnancy tests, holistic pregnancy support, and childbirth instruction.



**HOUSING AND RELATED ASSISTANCE**

**Brookings Area Habitat for Humanity** 321 9<sup>th</sup> Street 697-2540

Offers a “hand up” to families in need of a decent place to live through a home ownership and home renovation programs. The home ownership program is designed to bring affordable housing to Brookings through a zero-interest mortgage. The home renovation program is split into two—A Brush With Kindness (ABWK) assists homeowners with the exterior upkeep of their home and Home Essential Repairs (HER) assists homeowners with repairs essential to staying in their homes longer. Typical projects include grab bars and widening doors to accommodate wheelchairs, yard clean up, and painting.

**Brookings County Housing & Redevelopment** 1310 S. Main Avenue 692-1670

Provides housing rental assistance to low income families. Preference is given to elderly, disabled, and those experiencing domestic violence situations. Family Self-sufficiency Program available to families that participate in the Section 8 Voucher Program.

**Fair Housing South Dakota – South Dakota Housing Development Authority** (877) 832-0161

A resource for renters, potential homeowners, lenders, landlords, and other housing professionals to utilize to understand their rights and responsibilities.

**Inter-Lakes Community Action Partnership** 601 4<sup>th</sup> Street, Suite 108 692-6391

Provides case management, financial management, rent/security deposit assistance, housing repair loans, weatherization, and furnace repair/replacement program.

**South Dakota Housing Search** [www.sdhousingsearch.com](http://www.sdhousingsearch.com) (877) 428-8844

SDHousingSearch.com is a housing locator, listing everything from apartments to single-family units.

**MENTAL HEALTH / SUBSTANCE ABUSE**

**12 Step Programs (AA, NA, GA, Al-Anon)** Dial 2-1-1

**Avera Behavioral Health Outpatient Services** 1921 Building, 601 4<sup>th</sup> Street, Suite 101 322-4079

Provides outpatient therapy, addiction recovery program, partial hospital, intensive outpatient program, employee assistance program, and pain management group.

**Catholic Family Services** Newman Center 1321 8<sup>th</sup> Street (800) 700-7867

Provides counseling for individuals and families. Services are covered under most insurances or employee assistance programs. Sliding fee scale available.

**Counseling Services - LSS** 752 22<sup>nd</sup> Avenue (855) 334-2953

Provides mental health services including individual, family, and group counseling (Moral Reconciliation Therapy and Cognitive Behavioral Interventions for Substance Abuse).

**East Central Behavioral Health** 211 4<sup>th</sup> Street 697-2850

A fully-integrated community-based service provider. Direct services are provided after a comprehensive, interactive assessment (including mental health, chemical dependency, behavior, strengths, capabilities, supports, etc.) determines appropriate services needed. DUI classes available.

**NAMI (National Alliance on Mental Illness)** Meeting location: 300 22<sup>nd</sup> Avenue (800) 551-2531

Provides practical support group, useful education, and understanding to people who are living and coping with neurobiologically-based brain diseases and to their family members. Meets at 7:00pm, 3<sup>rd</sup> Thursday of each month.

**Teen Challenge of the Dakotas** 600 W. 16<sup>th</sup> Avenue S. 693-9753

A residential, Christian discipleship program utilizing biblical principles including faith and genuine repentance to help men (18 years and older) overcome life-controlling problems such as addictions.

**South Dakota QuitLine** (866) 737-8487

Provides tobacco users telephone coaching support and quit-tobacco products at no-cost.



## Help at your Fingertips...

Dial: 2•1•1

### **Wellness Center - South Dakota State University**

1440 N. Campus Drive

688-6416

Offers a wide range of confidential services to currently enrolled SDSU students. These services include, but are not limited to individual and group counseling, crisis intervention, and self-help resources.

## **SHELTER**

### **Brookings Domestic Abuse Shelter**

807 Onaka Trail

692-7233

24-hour crisis program for victims of domestic abuse, sexual assault, and stalking. Services include crisis hotline, emergency shelter, support group, safety planning, crisis intervention, supportive listening, civil/legal assistance with protection orders, referral services, and limited financial assistance.

### **Salvation Army Brookings, The**

1310 Main Avenue S., Suite 113

691-3225

After hours call Brookings dispatch: 692-2113

Assists with vouchers for hotel stays.

## **TRANSPORTATION**

### **Brookings Area Transit Authority (BATA)**

418 Western Avenue

692-2222

Provides transportation in and around the Brookings County area. Offers door-to-door service and weekday shuttles to and from Sioux Falls.

### **Brookings Chapter 22 - Disabled American Veterans**

696-8260

Provides free transportation for veterans who have medical appointments with the Veterans Administration (VA) Hospital.

### **Volunteer Service Bank**

826 32<sup>nd</sup> Avenue

692-6102

The VSB primary program provides transportation for medical appointments within Brookings County and to Sioux Falls, Watertown, etc., especially for cancer treatment and for services from specialists not available in Brookings.



Please contact the Helpline Center to inquire on listing your organization or make changes to your listing.

For the most up to date version of this guide please visit: [www.helplinecenter.org](http://www.helplinecenter.org) or scan with your smartphone

