Black Hills Behavioral Health Guide 2017

Mental Health Providers

Substance Abuse Providers

Dial 2-1-1

1-800-273-8255 (crisisline)
ABOUT THE BLACK HILLS BEHAVIORAL HEALTH GUIDE

Welcome to the 2017 Black Hills Behavioral Health Guide. The Guide is produced as an initiative of the Human Services Collaborative and is funded by the John T. Vucurevich Foundation. This guide was established to help the consumer more readily identify and select licensed and credentialed practitioners and agencies that provide a variety of behavioral health services in the Black Hills area. It provides the community with easily accessible information about the services that are listed.

Organizations and / or behavioral health practitioners are alphabetically listed. There are four additional ways to find a specific resource:

By Location. . .
Search alphabetically in the Location Index beginning on page 5 for providers in your city or the city closest to you.

By Service Category...
Search by the following service categories: Abuse Issues (for children and/or adult victims and survivors), Addiction / Substance Abuse, Children / Adolescent, Faith Based, Older Adult Issues, Psychiatry and Medication Management, Psychological Testing, and Suicide Survivor Support. The Service Category Index begins on page 7.

By Name...
Search alphabetically by last name of the person you are seeking in the Practitioner Name Index beginning on page 10. Listed to the right of their name is the page number for the organization with which they are associated.

Online…
Search online at www.helplinecenter.org for information at your fingertips.

Inclusion in this Guide should in no way be construed to constitute an endorsement of a practitioner, an agency, organization, or its service, nor should exclusion be construed to constitute disapproval. The information and certifications which appear in this publication were self-reported by the organizations and practitioners.

Please contact the Helpline Center to inquire about getting a new organization added, or make changes to a current one.
The following list provides a brief description for the various kinds of Behavioral Health Professionals. Learn more about South Dakota licensing requirements by visiting the Licensing Boards page at [dss.sd.gov](http://dss.sd.gov) for alcohol and drug professionals, counselors, psychologists, and social workers or [doh.sd.gov](http://doh.sd.gov) for physicians and nurses.

Addiction and Prevention Professionals - Work with people to overcome an addiction to drugs or alcohol in individual or group settings. They may also assist families of people with addictions to better understand addiction and how to help their loved one.

**ACT** – Addiction Counselor Trainee(s) must have a minimum of a high school diploma or general education diploma (GED) and be working in the addictions field under the supervision of a CAC or LAC.

**CAC** – Certified Addiction Counselor(s) must have a minimum of a high school diploma or GED; complete all academic and work experience requirements for CAC; apply for certification; and have passed the International Certification & Reciprocity Consortium (IC&RC) examination.

**LAC** – Licensed Addiction Counselor(s)must have a minimum of a Master’s Degree in a behavioral science field; complete all academic and work experience requirements for LAC; apply for licensure; and have passed the IC&RC examination.

**PST** – Prevention Specialist Trainee has a minimum of a Bachelor’s degree and is working in the prevention field under the supervision of a CPS, CAC or a LAC.

**CPS** – Certified Prevention Specialist must have a minimum of a Bachelor’s Degree; complete all academic and work experience requirements for CPS; apply for certification; and have passed the IC&RC examination.

Counselor - Counselors are trained in therapeutic technique and theory. They provide “talk therapy” as opposed to medication to help people with their concerns. Some counselors have extra focus on a specific topic such as marriage and family. In the behavioral health setting, counselors can be found providing therapy or case management services.

**LPC** - Licensed Professional Counselors must have at least a Master’s degree, 2,000 hours post-graduate supervised experience, and passed the National Counselor Examination (NCE).

**LPC-MH** - Licensed Professional Counselor - Mental Health must have an LPC, required coursework, 2,000 hours post-graduate supervised experience and passed the National Clinical Mental Health Counselor Examination (NCMHCE). Insurance or Medicaid reimbursement may require a LPC-MH certification.

**LMFT** - Licensed Marriage and Family Therapists must have at least a Master’s degree in marriage and family therapy, completed 1,700 hours post-graduate supervised experience, and pass the Marital and Family Therapy Examination.

**Psychiatrist** - A psychiatrist is a physician with additional specialized training in psychiatry. In the behavioral health setting, psychiatrists prescribe medications and engage patients in therapy. Under the supervision of a physician, physician’s assistants and certified nurse practitioners can also prescribe medications.

**Psychologist** - Licensed psychologists complete a standardized training program at the doctoral level. Training involves understanding the development of personality, learning, and interpersonal relationships. Using tests to evaluate individuals is usually a major emphasis, but they also conduct individual, family and group therapy.

**School Psychologist** - Works in the school setting to help individual students resolve learning and behavioral challenges that are affecting academic performance and to help teachers improve the learning process. School psychologists are trained in both psychology and education.

**Social Worker** - Social workers are trained to complete a variety of tasks and are found in many areas outside of behavioral health services. In the behavioral health setting, social workers might provide talk therapy, case management, or connect people to resources.

**SWA** – A Social Work Associate has a baccalaureate degree in a nonsocial work field or discipline or an associate of arts degree in a human services in a program from a junior college, college, or university approved by the Board and have passed a Board examination.

**SW** – A Social Worker has a baccalaureate degree in a nonsocial work field or discipline or an associate of arts degree in the human services in a program from a junior college, college, or university and passed a Board examination. Some social workers indicate this licensure as LSW to match the paper license they received when they became licensed.

**CSW** – A Certified Social Worker has either a Doctorate or master’s social work degree and passed a Board examination.

**CSW-PIP** – A Clinical Social Worker - Practitioner in Private Practice has met the requirements of a CSW (for a minimum of two years), have had 2 additional years of specialized supervision, and passed a Board examination.
Choosing among the many options available in behavioral health care can be a confusing task. As with any type of service there are basic questions that can assist you in becoming an informed consumer. Ask yourself these questions:

- What are the critical issues for which you would like to obtain help and what are the desired results you hope to see?
- Do you have a preference regarding type of setting (i.e. inpatient, outpatient, group therapy, etc.) or type of therapeutic approach?
- Is there a particular time of the day or week that would be best for you to arrange an appointment?
- Is there coverage offered by your insurance, health care plan, or employer that can offset some or all of the cost of treatment?

With this information in mind, select two or three behavioral health practitioners and call for a short phone interview. Briefly describe your issues or goals and ask if the provider is skilled in these areas. Ask a few questions about the provider’s background and practices.

- What therapeutic approaches and techniques does she or he most frequently use?
- How will therapeutic goals be established?
- How will you know when therapy is complete?

After talking with a potential practitioner, ask yourself:

- Did you feel a sense of confidence in this person?
- Did the practitioner’s approach seem to make sense to you?
- Did you feel comfortable talking with this practitioner?

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**Glossary of Abbreviations - Degrees**

This is a key to abbreviations used throughout this guide, primarily for professional accreditations and certifications.

- AA: Associate Degree
- AS: Associate of Science
- BA: Bachelor of Arts
- BS: Bachelor of Science
- BSW: Bachelor of Social Work
- DMin: Doctor of Ministry
- DO: Doctor of Osteopathy
- EdD: Doctor of Education
- EdS: Education Specialist
- MA: Master of Arts
- MAT: Master of Arts in Teaching
- MD: Doctor of Medicine
- MDiv: Masters in Divinity
- Med: Master of Education
- MFS: Master of Forensic Sciences
- MS: Master of Science
- MSEd: Master of Science in Education
- MSSA: Master of Science in Social Administration
- MSW: Master of Social Work
- PhD: Doctor of Philosophy
- PsyD: Doctor of Psychology
- RD: Registered Dietitian
- RN: Registered Nurse
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<td>ABN</td>
<td>American Board of Professional Neuropsychology</td>
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<td>ACS</td>
<td>Approved Clinical Supervisor</td>
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<td>ACSW</td>
<td>Academy of Certified Social Workers</td>
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<td>ACT</td>
<td>Addiction Counselor Trainee</td>
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<td>BCPCC</td>
<td>Board Certified Professional Christian Counselor</td>
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<td>CAC</td>
<td>Certified Addictions Counselor</td>
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<tr>
<td>CBCP</td>
<td>Compassionate Bereavement Care Provider</td>
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<tr>
<td>CCMHC</td>
<td>Certified Clinical Mental Health Counselor</td>
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<tr>
<td>CCSII</td>
<td>Certified Clinical Supervisor</td>
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<td>CTTT</td>
<td>Certified Corrective Thought Therapist</td>
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<td>CDBT</td>
<td>Certified in Dialectical Behavioral Therapy</td>
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<td>CDCT</td>
<td>Chemical Dependency Counselor Trainee</td>
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<td>CEAP</td>
<td>Certified Employee Assistance Professional</td>
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<td>CFLE</td>
<td>Certified Family Life Educator</td>
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<td>CNP</td>
<td>Certified Nurse Practitioner</td>
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<td>CNS</td>
<td>Clinical Nurse Specialist</td>
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<td>CPC</td>
<td>Certified Professional Coach</td>
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<td>CPS</td>
<td>Certified Prevention Specialist</td>
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<td>SAP</td>
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A Positive Life
2650 Jackson Boulevard, Suite 22
Rapid City, SD  57702
Phone: (605) 484-9294  Fax: (605) 341-3203
Website: www.apositivelifecoach.com  E-mail: angelenaplummer@yahoo.com
Hours: 10:00am - 7:00pm, Monday - Saturday  Fees: Sliding fee scale
Services Offered: Counseling, recreational therapy, and life coaching for individuals with depression, phobias, bipolar disorder, attention deficit / hyperactive disorder, post traumatic stress, life transitions, and anger management.
Behavioral Health Professional:
   Angelena M. Plummer, CPC, LPC, QMHP

Addiction Recovery Centers of the Black Hills
1520 Haines Avenue, Suite 6
Rapid City, SD  57701
Phone: (605) 716-7841  Fax: (605) 718-0404
Website: www.arcbh.org  E-mail: arcbhn@rushmore.com
Hours: 12:30pm - 8:00pm, Monday, Tuesday, Friday / 12:00pm - 7:30pm, Wednesday / 8:00am - 5:00pm, Thursday
Fees: State funding and sliding fee scale available
Services Offered: Provides adults and adolescents with behavioral health services focusing on addiction and co-occurring disorders. Services include treatment needs assessments, intensive outpatient treatment, after care, individual and group counseling, and 12-hour DUI classes.
Behavioral Health Professionals:
   Amanda Cordova, ACT
   Bob Stoltenburg, MS, ACT
   Christie Green, ACT
   Darrin Alfson, ACT
   Doug Austin, LAC
   Fe Rorie, ACT
   Heidi Sahling, ACT
   Jennifer Zarro, ACT
   Julie Biner, MSW, MA, CSW, LAC
   Laurie O'Bryan, ACT
   Nick Issacs, MSW, MEd, ACT
   Ron Scherr, LAC
   Trish Peterson, LAC

Additional Locations:
   Custer
   14 Mount Rushmore Road, Suite C
   Custer, SD  57730
   Phone: (605) 673-2844
   Fax: (605) 673-2639
   Hot Springs
   646 Jennings Avenue, Suite 2
   Hot Springs, SD  57747
   Phone: (605) 745-6300
   Fax: (605) 745-7471

Awareness Counseling, LLC
809 South Street, Suite 201
Rapid City, SD  57701
Phone: (605) 391-3482  Fax: (605) 342-8144
Website: www.awarenesscounseling.net
Hours: 10:00am - 6:00pm, Monday - Thursday
Fees: Accepts most insurance, Tricare, and Medicaid
Behavioral Health Professional:
   Pam Barickman, RN, LPC-MH

Bach Counseling Services, LLC
1575 N. Lacrosse Street, Suite H
Rapid City, SD  57701
Phone: (605) 431-4106
Website: www.bachcounseling.com  E-mail: mahala@bachcounseling.com
Hours: By appointment
Fees: $100.00 – individual; $120.00 – couples; accepting Wellmark and Tricare insurance
Services Offered: Specializing in anxiety, depression, mood disorders, bipolar disorder, attention deficit / hyperactivity disorder, trauma, post traumatic stress, chronic pain, life-altering health issues, communication and relationship concerns, stress management, grief and loss, and identity development / LGBTQ counseling.
Behavioral Health Professional:
   Mahala Bach, LPC-MH, QMHP
Behavior Management Systems, Inc.
350 Elk Street
Rapid City, SD  57701
Phone: (605) 343-7262  Fax: (605) 343-7293
Website: www.bmscares.org  E-mail: info@bmscares.org
Hours: 8:00am - 5:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday / Evenings by appointment
Full Circle: 24 hours a day / 7 days a week
Fees: Vary based on availability of funding and type of service; call for information

Services Offered: Individual and group counseling services to all ages in a variety of areas including, but not limited to depression, anxiety, grief and loss, family issues, divorce, attention deficit / hyperactive disorder, suicide, and crisis intervention. Psychiatric and certified nurse practitioners available for needed medications. Full Circle is a residential substance abuse treatment and prevention program designed for pregnant women and mothers with young children.

Behavioral Health Professionals:
Amanda Mercer, LPC, QMHP
Amber Roduner, LPC
Bob Holmes, CSW-PIP, QMHP
Janet Kuske, LPC, QMHP
Jeff Wahl, LPC, QMHP
Jim Ruhe, CSW-PIP, QMHP
JoSee Suess-Carlin, LPC, LAC, QMHP
Kelcey Roberts, LPC, QMHP
Lesley Dzintars, LPC-MH, QMHP
Lisa Kautzman, RN, CNP, QMHP
Lynnette Barse, LPC, QMHP
Mike Sprung, CSW-PIP, QMHP
Nancy Middleton, CSW, QMHP
Peggy O'Connor, RN
Randy Allen, CSW-PIP, QMHP
Dr. Terry Hicks, Psychiatrist

Additional Locations:
Hot Springs
3 Canyon View Circle
Hot Springs, SD  57747
Phone: (605) 745-6222
Fax: (605) 745-4930
Hours: 8:00am - 5:00pm, Monday - Friday / Evenings by appointment
Behavioral Health Professionals:
Janet Opoien Twedt, LPC-MH, QMHP
Kim McNemar, LPC-MH, QMHP
Matt Gordon, LPC, QMHP
Carmen Heaphy, LPC, QMHP
Jenny Greslin, CSW, QMHP
Shannon Howard, LPC, QMHP

Behavioral Management Systems - Mainstream Division
111 North Street
Rapid City, SD  57701
Phone: (605) 343-0650  Fax: (605) 342-3692
Website: www.BMSCares.org  E-mail: info@bmscares.org
Hours: 8:00am - 4:30pm, Monday - Thursday / 8:00am - 1:00pm, Friday
Fees: Sliding fee scale

Services Offered: Provides a variety of services for people with severe and chronic mental illness including medication management and transitional services for those who have been released from a mental health institution or a lower intensity correctional incarceration. Clients must meet the State of South Dakota’s severe and persistent mental illness eligibility requirements.

Behavioral Health Professionals:
Aimee Janvrin, LPC, QMHP
Lisa Kautzman, RN, CNP, QMHP
Lois Wuestewald, BSW
Shannon Kerrick, CSW, QMHP
Teri Corrigan, CSW-PIP, QMHP
Dr. Terry Hicks, Psychiatrist
Help At Your Fingertips...

Belle Fourche Counseling, LLC
515 National Street, Suite 103
Belle Fourche, SD 57717
Phone: (605) 645-3278  Fax: (605) 722-8090
E-mail: kaylabkinard@gmail.com
Hours: 8:00am - 5:00pm, Monday - Friday / Available evenings and weekends by appointment
Fees: Sliding fee scale - $40.00 - $125.00; accepts most private insurance
Services Offered: Individual and family therapy services, specializing in eye movement desensitization and reprocessing, trauma focused cognitive behavioral therapy, critical incident stress management, Thinking for a Change group, and Love and Logic Parenting.
Behavioral Health Professional:
   Kayla Kinard, MS, LPC

Black Hills Children's Home
24100 S. Rockerville Road
Rapid City, SD 57702
Phone: (605) 343-5422  Fax: (605) 343-1411
Website: www.chssd.org
Hours: 24 hours a day / 7 days a week
Fees: Medicaid accepted; school tuition additional
Services Offered: Residential treatment for children between four and fourteen years of age including individual, family, and group therapy. Other services include comprehensive evaluations (psychiatric, psychological, education, and social), psychological and psychiatric consultations, nursing, and physical examinations.
Behavioral Health Professionals:
   Chedric Monahan, MSW, CSW
   Elizabeth Keizer, MSW, CSW
   Freddy Maseman, MS, LPC
   Nichole Knepp, MSEd, LSW
   Rachel Walton, MSW, CSW
   Sue Andrews, MA, LSW

Black Hills Counseling Services
1940 North Avenue, Suite 6
Spearfish, SD 57783
Phone: (605) 722-8090  Fax: (605) 722-8090
E-mail: bhcounseling1@vastbb.net
Hours: 9:00am - 5:00pm, Monday - Friday / Evenings and Saturdays by appointment
Fees: Sliding fee scale; accepts most insurance and Medicaid
Services Offered: Individual, couples, and family counseling. Specializing in family and or co-parenting mediation, development of co-parenting plans, critical incident stress management, and training on various mental health issues including stress management and workplace issues.
Behavioral Health Professionals:
   Jeff Dekraai, MS, LPC-MH, QMHP
   Karen Griffith, MS, LPC
   Karin Wood, MS, LPC, LAC
   Kayla Kinard, MS, LPC

Additional Location:
   Sturgis
   1238 Main Street, Suite 4
   Sturgis, SD 57785
   Hours: 9:00am - 12:00pm, Monday / 9:00am - 5:00pm, Tuesday, Wednesday / 1:00pm - 5:00pm, Friday

Black Hills Psychiatry Associates
528 Quincy Street
Rapid City, SD 57709
Phone: (605) 348-5401  Fax: (605) 348-7319
Mailing Address: PO Box 288  Rapid City, SD 57709
Hours: 8:00am - 5:00pm, Monday - Thursday
Fees: $85.00 - psychotherapy (45 min); $200.00 - psychiatric evaluation; $70.00 - medication checks (15 min)
Services Offered: Medication evaluation and management. Individual, family, and marital counseling.
Behavioral Health Professionals:
   Bobbi Kramlich, MA, LP
   R. P. Renka, MD
   Tom Terry, MA, LPC, LMFT
Black Hills Psychology
115 N. 7th Street, Suite 6
Spearfish, SD 57783
Phone: (605) 645-0100 Fax: (605) 717-1009
Website: www.blackhillspsychology.com
Hours: 9:00am - 5:00pm, Monday - Friday
Fees: Fees differ for each health professional; accepts most insurance
Services Offered: Comprehensive therapy services including eye movement desensitization and reprocessing, biofeedback for anxiety. Specializing in depression, LGBTQ, life-transition, behavioral issues, divorce, premarital, families, relationship issues, parenting, work-life balance, grief and loss, serious and chronic disease, postpartum depression, infertility, stress management, eating disorders, physical disability, and chronic pain. Psychological testing and evaluation services include Autism spectrum, learning disorders, attention deficit / hyperactive disorder, bipolar, anxiety, depression, ability and achievement, IQ, memory, bariatric surgery evaluations, and court-ordered evaluations. Psychiatric services include psychiatric evaluations and prescription medication management.
Behavioral Health Professionals:
- Adam Opbroek, MD
- Cherise Lerew, PhD
- Emilia Flint, PhD
- Jacob Seidel, LPC
- Mark Britzman, EdD
- Melody Larsen, MS
- Michele Clodfelder, MS
- Shannon Maxwell, PsyD
- Tara Ginter, MS
- Verna Schad, CNP

Bosworth Therapy & Consultation Services, Inc.
2822 Jackson Boulevard, Suite 103
Rapid City, SD 57702
Phone: (605) 343-7755 Fax: (605) 716-0650
E-mail: galvin63@yahoo.com
Hours: 10:00am - 7:00pm, Monday - Friday / 10:00am - 1:00pm, Saturday
Fees: First session - $135.00; Second session - $125.00; accepts most insurance and Title 19
Services Offered: Individuals, couples, and family therapy, play therapy, mediation, and custody evaluations.
Behavioral Health Professional:
- Thomas M. Bosworth, MSW, CSW-PIP, RPT

Brain Injury Rehabilitation Center, The
803 Soo San Drive
Rapid City, SD 57702
Phone: (605) 343-7297 Fax: (605) 721-9858
Website: www.brainrehab.org E-mail: jashokar@bhws.com
Hours: 9:00am - 3:00pm, Monday - Friday
Fees: Initial consultation free; fees to be discussed during consultation
Services Offered: Individual, family, and group counseling focusing on the specific needs of people with traumatic brain injury and any co-occurring issues such as substance abuse, physical abuse, depression, anxiety, and grief and loss.
Behavioral Health Professionals:
- Dr. Justine Ashokar, PhD
- Koral Olson, MS, LPC, NCC, CBIS
- Michael Huxford, PsyD

Bridgewater Behavioral Health, LLC
902 Columbus Street
Rapid City, SD 57701
Phone: (605) 791-1514 Fax: (844) 831-2349
Website: www.bridgewaterbehavioralhealth.com
Hours: 8:00am - 5:00pm, Monday - Friday Fees: Accepts most insurance; discount for self pay
Services Offered: Individual and family therapy for those who are struggling with behavioral, emotional, social, developmental, and situational difficulties including post traumatic stress, depression, anxiety, trauma, personality disorders, bipolar disorder, and relationship difficulty. Specializing in somatic experiencing sensorimotor psychotherapy, dialectical behavior therapy, cognitive behavioral therapy, person centered therapy, eye movement desensitization and reprocessing, and Adlerian therapeutic techniques.
Behavioral Health Professionals:
- Eric D. Traub, PsyD
- Genni L. Goschke, PsyD, SEP
Catholic Social Services
529 Kansas City Street, Suite 100
Rapid City, SD 57701
Phone: (605) 348-6086 or (800) 727-2401 Fax: (605) 348-1050
Website: www.catholicsocialservicesrapidcity.com E-mail: css@cssrapidcity.com
Hours: 8:00am - 7:00pm, Monday / 8:00am - 5:00pm, Tuesday - Friday
Fees: Sliding fee scale
Services Offered: Individual, marital, and family counseling with a focus on addiction recovery, healthy relationships, unplanned pregnancy, adoption, and birth parents. Youth prevention program focuses on issues of addiction, violence, promiscuity, and suicide. Variety of educational workshops available. Other programs include Lakota circle of hope, marriage matters, strengthening families, SMILE, disaster relief, prosperity initiative, and uplifting parent.

Behavioral Health Professionals:
Cathy Larsen, MS, LPC-MH, QMHP, ACT JoAnna Prewitt, MS
Darlene Nichols-Ecoffey, MS, NCC Lena Abourezk, MS, QMHP, LPC-MH, NCC, CAC
Evelyn Wilder, MS, LPC, LAC Lisa Spielman, LSW
Fran VanBockel, RN, MS, LPC-MH Natalie Lecy, MSW, CSW-PIP, QMHP
James T. Kinyon, MS, LPC-MH, QMHP, LMFT Tracy Palecek, MS, NCC

Additional Locations:
Eagle Butte
121 Landmark Avenue
Eagle Butte, SD 57625

Spearfish
844 N. 5th Street
Spearfish, SD 57783

Pine Ridge
40 E. Highway 18
Pine Ridge, SD 57770

Sturgis
1049 Howard Street
Sturgis, SD 57785

Choices Counseling
703 4th Street
Rapid City, SD 57701
Phone: (605) 209-3688 Fax: (605) 737-3085
Hours: 10:00am - 5:00pm, Tuesday - Thursday Fees: $165.00 per hour; accepts most insurance
Services Offered: Adolescent and adult counseling for crisis, trauma, depression, anxiety, marital issues, adoption, stress management, and grief and loss.

Behavioral Health Professional:
Charlie Lindgren, MEd, LPC-MH

Choose Wellness Counseling
623 Quincy Street, Suite 102
Rapid City, SD 57701
Phone: (605) 381-4608 Fax: (605) 716-9491
E-mail: Kelly@ChooseWellnessCounseling.com
Hours: 9:00am - 5:00pm, Monday / 10:00am - 5:00pm, Tuesday, Thursday / 9:00am - 4:00pm, Friday
Fees: Accepts a variety of insurance including Tricare
Services Offered: Outpatient mental health counseling services for individuals ages 13 through adulthood who are struggling with stress, depression, anxiety, grief and loss, and trauma. Specialties include working with adolescents and their family, trauma therapy, and stress and burnout.

Behavioral Health Professional:
Kelly Marker, MS, LPC-MH, QMHP

Christian Counseling & Ministries of the Black Hills
624 6th Street, Suite 207
Rapid City, SD 57701
Phone: (605) 342-9333 Fax: (605) 342-9333
Website: www.ccmbh.com E-mail: june3bhcounseling@rap.midco.net
Hours: By appointment Fees: Sliding fee scale ($20.00 - $100.00)
Services Offered: Individual, couples, and family counseling for all ages regarding issues of depression, anxiety, grief and loss, recovery, stress, crisis, relationship issues, anger, forgiveness, communication, self-concept, learning disabilities, attention deficit / hyperactive disorder, parenting, and spiritual direction.

Behavioral Health Professionals:
Dadra Avery, MS, LPC Sandi Ohlen, MS, LPC
June Reilly, MS, LPC
Chrysalis Association, LLC
403 National Street, Suite 1
Rapid City, SD 57702
Phone: (605) 341-8647
Fax: (605) 341-0489
Website: www.chrysalisassociation.com
Hours: 8:00am - 5:00pm, Monday - Saturday
Services Offered: Psychological assessments for attention deficit / hyperactive disorder, learning disorders, and all other psychiatric conditions. Individual treatment for anxiety, depression, post traumatic stress, trauma, personality disorders, and marital issues. Custody, competency, and forensic evaluations available. Therapeutic approaches include cognitive behavioral and reprocessing therapy. Specialized services for sex offenders and non-adjudicated individuals with psychosexual issues.
Behavioral Health Professionals:
  Dewey J. Ertz, EdD
  Donald A. Janz, PhD
  Linda Holcomb, MSW, CSW-PIP
  Michelle Veneklasen, NCC, LAC, QMWP, LPC-MH
  Dr. William Moss, PsyD

City / County Alcohol & Drug Programs
725 N. Lacrosse Street, Suite 300
Rapid City, SD 57701
Phone: (605) 394-6128
Fax: (605) 394-6890
Website: www.pennco.org/sheriff/
E-mail: ccadp@pennco.org
Hours: 8:00am - 5:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday
Fees: Vary; state funding available for those meeting eligibility guidelines
Services Offered: Residential and intensive outpatient treatment and services including individual, family, and group counseling, assessments, social-setting detox, and specialized meth / opiate treatment program, 12-hour DUI class, corrective thinking classes, moral reconation therapy, family education, and cognitive behavioral interventions.
Behavioral Health Professionals:
  Amber Kemp, MS
  Amy McGlade, CAC
  Brenda Wood, LAC
  Catalina Bennett, CAC
  Chad Maxon, ACT
  Charisa Wilhelm, ACT
  Dawn Riter, ACT
  Deanna Nolan, LAC
  Emily Jackson, ACT
  Kate Wellensiek, ACT
  Lauren Craft, ACT
  Linda Pratt, LAC
  Lori Sargent, CCDCI
  Michael Goetz, ACT
  Savanna Starkey, CAC
  Sean Makepeace, LAC
  Talona Gonzalez, CAC

Compass Point, The
1807 Williams Street
Sturgis, SD 57785
Phone: (605) 787-9200
Fax: (605) 347-4944
Website: www.thecompasspoint.org
E-mail: mary@thecompasspoint.org
Hours: Outpatient Services: 8:00am - 5:00pm, Monday - Friday / Group: 5:00pm - 7:00pm, Monday - Thursday
Fees: Sliding fee scale based on guidelines
Services Offered: Screening, assessments, crisis intervention, and individual and group counseling for substance abuse and co-occurring disorders. Programs include moral reconation therapy class, 28-day medically monitored inpatient adult treatment, and adolescent diversion classes.
Behavioral Health Professionals:
  Amanda Whelchel, MS, LAC
  Barb Samson, BA, CAC
  Jason James, MS, LAC
  Karin Wood, MS, LPC, LAC
  Linda Rush, MS, LPC, LAC
  Mary Wood-Fossen, BS, LAC
  Rafaella Rainieri, MS, LAC
  Sara Maher, CAC

Additional Locations:
  Inpatient Services
  1809 Williams Street
  Sturgis, SD 57785
  Phone: (605) 347-3003 or (605) 642-7093
  Fax: (605) 347-4944
  Hours: 24 hours a day / 7 days a week
  Spearfish - Outpatient Services
  3025 1st Avenue, Box 3
  Spearfish, SD 57783
  Phone: (605) 642-7093
  Fax: (605) 722-3931
  Hours: 8:00am - 5:00pm, Monday - Friday
  Behavioral Health Professionals:
  Heather Ochocki, BS, ACT
  Megan Bennett, BA, CAC
  Tracie Johnson, ACT
Crisis Care Center
121 North Street
Rapid City, SD  57701
Phone: (605) 391-4863 or (605) 381-2482
Fax: (605) 791-0434
Website: www.CrisisCareCenter.org
E-mail: info@BMSCaRes.org
Hours: 24 hours a day / 7 days a week
Fees: Accepts most insurance, Medicaid, and Medicare; income-base grants are available
Services Offered: Supports crisis stabilization for adults 18 years and older for individuals experiencing a mental health or substance abuse crisis. Including:
- Medical triage screening, at intake to determine the needed level of care
- Opportunity to speak with a qualified mental health professional (QMHP)
- Collaborative recovery oriented stabilization plan
- Immediate counseling services
- Referrals to community agencies including detox, inpatient services, and community based counseling
- Telephone crisis support and follow up

Behavioral Health Professionals:
Heather Armstrong, LPC, QMHP
Russ Conti, CSW, QMHP
Suzette Wasvick, MS, LPC-MH, QMHP

Crossroads Counseling Services
809 South Street, Suite 208
Rapid City, SD  57701
Phone: (605) 430-9521
E-mail: bdafler@rushmore.com
Hours: 12:00pm - 6:30pm, Tuesday / 11:00am - 6:30pm, Wednesday, Thursday / 11:00am - 5:30pm, Friday / 11:00am - 1:00pm, Saturday
Fees: $110.00 per 45-minute session; some fee reduction for uninsured
Services Offered: Individual and couples counseling for all ages. Therapeutic approaches include cognitive behavioral, existential, Christian, eye movement desensitization and reprocessing, sand tray therapy, play therapy, behavior modification, and short-term solution focused therapy. Child custody evaluations also available.

Behavioral Health Professional:
Beverly D. Dafler, LPC-MH, EdS, NCC

Dakota Hills Counseling, Inc.
623 Quincy Street, Suite 102
Rapid City, SD  57701
Phone: (605) 390-1029
Fax: (605) 716-9491
Website: www.dakotahillscounseling.com
E-mail: eleir@rushmore.com
Hours: 8:00am - 5:00pm, Thursday - Friday
Fees: $110.00 - $150.00; accepts most insurance, Medicaid, and Medicare
Services Offered: General counseling services for adults, adolescents, families, and couples.

Behavioral Health Professional:
Eileen Spellacy-Leir, CSW-PIP, ACSW

Dakota Psychiatry Clinic
419 Quincy Street
Rapid City, SD  57701
Phone: (605) 348-6365
Fax: (605) 348-9408
Hours: 12:00am - 5:00pm, Monday - Thursday / 10:00am - 3:00pm, Friday
Fees: Medication checks - $90.00; other services - $115.00 - $300.00
Services Offered: Medication management, individual, family, and couples counseling.

Behavioral Health Professionals:
Charles J. Lord, MD
Jean Hoem, MS, LPC-MH, QMHP
Lisa Kautzman, RN, CNP, QMHP
Gaylen Bendewald
1719 W. Main Street, Suite 305
Rapid City, SD 57702
Phone: (605) 360-6566
Website: www.gaylenbendewald.com
E-mail: gaylenbendewald@gmail.com
Hours: 8:00am - 6:00pm, Monday - Friday
Services Offered: Individual, marriage, and family therapy. Emphasis on general anxiety, depression, mindfulness training, and relationship concerns.
Behavioral Health Professional:
Gaylen Bendewald, MSW, CSW-PIP

Greg Swenson, PhD
929 Kansas City Street, Suite 201
Rapid City, SD 57701
Phone: (605) 341-5436
Fax: (605) 721-5436
Website: http://gregswensonphd.net/
E-mail: gregswensonphd@gmail.com
Hours: 9:00am - 5:00pm, Monday - Thursday
Fees: $200.00 (75 minutes); subsequent sessions $120.00 (50 minutes)
Services Offered: Individual and marriage counseling and psychological evaluations from a Christian outlook.
Behavioral Health Professional:
Greg Swenson, PhD, Psychologist

Harbor House Counseling
925 9th Street, Suite 3
Rapid City, SD 57701
Phone: (605) 645-9898
Fax: (605) 348-4345
Website: www.harborhousecounseling.com
E-mail: harborhouse3@gmail.com
Hours: Flexible hours available by appointment
Fees: Sliding fee scale
Services Offered: Alcohol and drug evaluations, outpatient treatment, individual and group counseling, aftercare and relapse prevention, smoking cessation, life management workshops, creative arts therapy, and emotional freedom therapy. Dedicated to treating the whole person with traditional and alternative therapies.
Behavioral Health Professional:
Patricia Burnham, LAC

Heartspace Counseling, LLC.
1575 N Lacrosse Street, Suite H
Rapid City, SD 57701
Phone: (605) 484-6030
Website: http://sdheartspace.com
E-mail: Sdheartspacecounseling@gmail.com
Hours: 8:00am - 8:00pm, Monday, Thursday / 8:00am - 6:00pm, Wednesday / By appointment
Fees: Individual or family therapy - $105.00 per hour; group therapy - $55.00 for adult, $40.00 for youth
Services Offered: Specializing in eating disorders, trauma, depression, anxiety, life changes, and children's issues, including adoption adjustment. Group therapy for youth and adults with disordered eating.
Behavioral Health Professional:
Susan Kay Lorenzen, MA, MS, LPC-MH, NCC, ACS

Helpline Center
529 Kansas City Street, Suite 200
Rapid City, SD 57701
Phone: 2-1-1 or (800) 273-8255
Website: www.helplinecenter.org
E-mail: help@helplinecenter.org
Mailing Address: PO Box 1215
Rapid City, SD 57709
Fax: (605) 332-1333
E-mail: help@helplinecenter.org
Fees: None
Services Offered: An information, referral, and crisis helpline that provides resource information on non-profit, social service, and government programs, along with providing crisis intervention services.
Behavioral Health Professionals:
Janet Kittams-Lalley, MA, LPC
Barbara Bettelyoun, PhD
Jetson Counseling
1301 W. Omaha Street, Suite 220
Rapid City, SD  57701
Phone: (605) 718-5500
Website: www.jetsoncounseling.com
E-mail: jetsond@yahoo.com
Hours: 8:00am - 6:00pm, Monday - Thursday
Prices: Call for information
Services Offered: Individual, couples, marriage, family, group counseling, and workshops focusing on areas such as co-dependency, trauma, sexuality, depression, anxiety, sexual abuse trauma, mild traumatic brain injury, relationship issues, and financial therapy / coaching. Corporate and business consulting for team building, time management, strategic planning, and more. Face-to-face and internet options available
 Behavioral Health Professional:
   David Jetson, LPC-MH

Katy Bendewald, MSW
1719 W. Main Street, Suite 303
Rapid City, SD 57702
Phone: (605) 310-0356
Fax: (605) 716-4397
Hours: 8:00am - 6:00pm, Monday - Friday
Prices: Accepts most insurance
Services Offered: Individual and family counseling for adults and children. Emphasis on depression, anxiety, major life changes, stress, and relationship issues.
 Behavioral Health Professional:
   Katy Bendewald, MSW, CSW-PIP

LifeScape
7110 Jordan Drive
Rapid City, SD  57702
Phone: (605) 791-7400 or (605) 791-7414
Fax: (605) 791-7401
Website: www.LifeScapeSD.org
Hours: 8:00am - 6:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday
Prices: Based on service; call for information
Services Offered: Behavioral, intellectual, Autism, and achievement assessments for children and adolescents, as well as strategies for parents, caregivers, and educators. Evaluations can include assessment by physical therapists, occupational therapists, and speech therapists for other areas of concern.
 Behavioral Health Professionals:
   Call for information on behavioral health professionals available to provide services

Lifeways, Inc.
1010 9th Street, Suite 2
Rapid City, SD  57701
Phone: (605) 716-6555
Fax: (605) 716-6557
Website: www.lifeways.us
E-mail: paula@lifeways.us
Hours: 8:00am - 5:00pm, Monday - Friday
Prices: Vary; state funding available; sliding fee scale for assessment
Services Offered: School and community based state accredited substance abuse prevention, early intervention, and outpatient counseling services.
 Behavioral Health Professionals:
   Michelle Ames, BS, ACT
   Danielle Meyer, BS, ACT
   Kelsey Hansen, MA, LAC
   Kritina Benter, LAC
   Michele Brink-Gluhosky, CAC
   Michelle Mott, MS, LPC, NCC, LAC
   Paula Long Fox, MS, ACT
   Paula Wilkinson Smith, LAC, CPS
   Anthony Raaphorst, MS, ACT
   Danielle Meyer, BS, ACT
   Kelsey Hansen, MA, LAC
   Kritina Benter, LAC
   Michele Brink-Gluhosky, CAC

Lutheran Social Services
2920 Sheridan Lake Road
Rapid City, SD  57702
Phone: (855) 334-2953
Fax: (605) 348-0479
Website: www.counseling.lsssd.org
E-mail: info@lsssd.org
Hours: 8:00am - 7:00pm, Monday, Tuesday / 8:00am - 6:00pm, Wednesday, Thursday / 8:00am - 5:00pm, Friday
Or by appointment
Prices: Sliding fee scale; accepts most insurance, Medicaid, and Medicare
**Services Offered:** Individual, group, couples, and family counseling specializing in treating trauma, depression, anxiety, grief and loss, parenting, workplace conflict, family violence, mood disorders, behavioral issues, school related issues, victims of crime, custody, and divorce recovery. Outreach to nursing homes available. Therapeutic techniques include mediation, functional family therapy, family systems, and moral reconation therapy. Alcohol and drug services include return to duty (DOT/SAP) referrals, assessment, 24-hour outpatient treatment, and 12-hour DUI program. Fatherhood & re-entry services available for young fathers seeking community re-entry and re-engaging with their families after prison, providing mentoring, job search, and work training. Groups available which focus on grief and loss, domestic violence moral reconation therapy, juvenile and adult moral reconation therapy, anger management, and corrective thinking.

**Behavioral Health Professionals:**
- Adria Hagg, MSW, CSW-PIP
- Danielle Finn, LSW
- Diana Mueller, MS, NCC, LSW
- Dr. James Simpson, EdD, LPC-MH, QMHP
- Kerri Kinzell, MSW, CSW-PIP
- Rachel Shepherd, MSW, CSW-PIP
- Rebecca Caselli-Smith, MA, LPC-MH, QMHP
- Stacy Hayford, MS
- Susan Wheeler, MS, LPC-MH, QMHP, SAP
- Tamara Ulmer, LPC-MH, QMHP, MSW-PIP
- Triscell Knuppe, MSW, LSW

**Additional location:**
- **Sturgis**
  - Grace Lutheran Church, 1061 Sherman Street
  - Sturgis, SD  57785

**Lutheran Social Services - Canyon Hills Center**
- 2519 Windmill Drive
  - Spearfish, SD  57783
- **Phone:** (605) 559-3500
- **Fax:** (605) 642-3720
- **Website:** www.lsssd.org
- **E-mail:** Daman.Heitz@lsssd.org
- **Fees:** Call for information

**Services Offered:** Residential treatment facility for boys and girls ages 10-17 that provides psychiatric, psychological, group, and individual counseling. Additional services include independent living skills training, cognitive behavioral therapy, educational and health services, substance abuse services, occupational therapy, eye movement desensitization and reprocessing, and dialectical behavioral therapy.

**Behavioral Health Professionals:**
- Allison Bensen, MS, LPC
- Kayla Kinard, MS, LPC
- Michelle Williamson, MS, LPC
- Sarah Hewitt, MS, SWA
- Shawn Van Gerpen, MD
- William Moss, PsyD

**Manlove Psychiatric Group, P.C.**
- 636 Saint Anne Street, Suite 100
  - Rapid City, SD  57701
- **Phone:** (605) 348-8000
- **Fax:** (605) 348-4315
- **Website:** www.manlovepsych.com
- **Hours:** 8:00am - 5:00pm, Monday - Friday
- **Fees:** $250.00 - $394.00; Medication checks: $95.00 - $138.00

**Services Offered:** Transcranial magnetic stimulation and general psychiatric services.

**Behavioral Health Professionals:**
- Amy Newstrom, CNP
- Dr. Gregory Howard, PhD, MSW, CSW-PIP
- Jennifer Erdman, CNP
- Kay Foland, CNP
- Sheryl Jackson, CNP
- Dr. Stephen P. Manlove, MD

**NAMI South Dakota**
- **Mailing Address:** PO Box 88808, Sioux Falls, SD  57109
- **Phone:** (800) 551-2531
- **Website:** www.namisouthdakota.org
- **E-mail:** namisd@midconetwork.com
- **Fees:** None

**Services Offered:** Through 9 local affiliate groups (2 in the Black Hills), NAMI offers practical support, useful education, and understanding to people who are living and coping with brain based diseases. The NAMI Family-to-Family Education Program is a 12-week course for family caregivers of individuals with severe brain disorders (mental illnesses). NAMI Connection is a weekly support group for adults who have a mental illness. In Our Own Voice is a educational presentation for civic groups, schools, etc. given by persons who have a lived experience with mental illness. Family support group a confidential support group for loved ones of individuals living with mental illness. NAMI basics is an education program for parents and caregivers of children and adolescents experiencing mental health challenges.
Psychological Associates of the Black Hills, LLC
1818 W. Fulton, Suite 201
Rapid City, SD  57702
Phone: (605) 348-6500
Fax: (605) 341-7409
Website: www.pabh.org
E-mail: officemanager@rushmore.com
Hours: 8:00am - early evening, Monday - Friday
Services Offered: Counseling for individuals, couples, groups, and families for all ages. Other services include play therapy, psychological assessments, and limited neuropsychological assessments.

Behavioral Health Professionals:
- Al Lloyd, MS, LPC-MH
- Jennifer Kozel, PhD, Psychologist
- Lisa Porisch, MA, LPC-MH, RPT-S
- Lynette Quast, PhD, Psychologist
- Mark Perrenoud, PhD, Psychologist
- Marvin Bouska, MS, Psychologist
- Peg Carver-Kelly, PhD, Psychologist
- Robert Arnio, PhD, Psychologist
- Trisha Miller, PhD, Psychologist

Rapid City Counseling Inc.
1501 E. Centre Street, Suites 100 and 104
Rapid City, SD  57703
Phone: (605) 348-6813 or (605) 431-4151
Fax: (605) 385-0014
Website: www.rapidcitycounselor.com
E-mail: info@rapidcitycounselors.com
Hours: 9:00am - 6:00pm, Monday, Wednesday / 9:00am - 8:00pm, Tuesday, Thursday / 9:00am - 12:00pm, Friday / By appointment
Fees: Individual counseling - $100.00; group counseling (2 hours session) - $60.00; intake - $140.00; chemical use evaluations - $110.00; anger management or domestic abuse intakes - $60.00
Services Offered: Individual, adolescent, couples, and family mental health counseling focusing on depression, post traumatic stress, anxiety, stress disorders, grief and loss, domestic violence, anger, and conflict resolution. Able to provide equine therapy, child custody evaluations, parenting coordination, and virtual therapy for homebound and rural clients.

Behavioral Health Professional:
- Stacy Keyser, MS, LPC-MH, NCC, QMHP

Regional Behavioral Health Center
915 Mountain View Road
Rapid City, SD  57702
Phone: (605) 755-7200 or (605) 755-7400
Fax: (605) 755-7007
Website: www.regionalhealth.com
Hours: Outpatient Clinic: 8:00am - 5:00pm, Monday - Friday / Inpatient services: 24 hours a day / 7 days a week
Fees: Vary; call for information
Services Offered: Inpatient services are 24-hour short-term care for child, adolescent, and adult patients. Outpatient clinic offers individual and family counseling services for patients of all ages, psychiatric evaluations, and medication management.

Behavioral Health Professionals:
- Dr. Brett Nelson, MD
- Dr. Harry Hamlyn, MD
- Dr. Kirsten Butz, MD
- Dr. Mark Garry, MD

Regional Behavioral Health Center - Massa Berry Regional Medical Clinic
890 Lazelle Street
Sturgis, SD  57785
Phone: (605) 720-2600
Fax: (605) 720-2609
Website: www.regionalhealth.com
Hours: Outpatient Clinic: 8:00am - 5:00pm, Monday - Friday
Fees: Vary; Call for information
Services Offered: Counseling for adults.

Behavioral Health Professional:
- James Kienitz, MSW, ACSW, CSW-PIP
Rex Briggs, MSW
811 Columbus Street
Rapid City, SD  57701
Phone: (605) 343-4172  Fax: (605) 388-3819
Website: www.rexbriggs.com  E-mail: rexbriggs@rap.midco.net
Hours: 8:00am - 7:00pm, Monday - Wednesday
Fees: $110.00 an hour
Services Offered: Specializing in anxiety. Providing efficient, effective, and compassionate care from a clinician who has struggled with and recovered from anxiety.
Behavioral Health Professional:
Rex Briggs, MSW

ROADS Outpatient Treatment Program
103 E. Omaha Street
Rapid City, SD  57701
Phone: (605) 348-8026  Fax: (605) 388-8902
E-mail: roadsoutpatient@gmail.com
Hours: 9:00am - 5:00pm, Monday - Thursday / 9:00am - 12:00pm, Friday
Fees: Self-pay; state funding; and title XIX
Services Offered: Outpatient individual and group counseling for adults 18 years and older including intensive outpatient treatment, corrective thinking, cognitive behavioral interventions for substance abuse, and assessments.
Behavioral Health Professionals:
Danielle Colicheski, LAC
Kerri Clucas, ACT
Peter M. Sweitzer, MEd, LPC, LAC
Roger Schriver, LAC

Scovel Psychological and Counseling
636 Saint Anne Street
Rapid City, SD  57701
Phone: (605) 721-8822
Website: www.scovelpsychological.com  E-mail: karis@scovelpsychrc.com
Hours: 8:00am - 5:00pm, Monday - Friday
Fees: $175.00 - psychotherapy; $220.00 - psychological assessment intake; psychological testing - $150.00 per hour
Services Offered: Individual and couples counseling, individual, couples, and family psychotherapy, forensic testing, and personality, intelligence, achievement, and neuropsychological psychological testing. Groups include pain management, wellness, and a cognitive therapy group for brain injured patients.
Behavioral Health Professionals:
Dr. Chantal Peterson, PsyD, Psychologist
Dr. David Lynch, PsyD, Psychologist
Holly Edwards, MS, LPC-MH, QMHP
Dr. James Gardiner, PhD, ABN, Neuropsychologist
Dr. Kari Scovel, PhD, LP, LPC-MH, QMHP
Leah Piersol, LPC-MH, JD
Dr. Michael Huxford, PsyD, Psychologist
Dr. Scott Sternhagen, Phd, Psychologist
Dr. Teri Hastings, PhD, Psychologist

Additional location:
Westside Office
2902 W. Main Street
Rapid City, SD  57702
Phone: (605) 721-8824

Sharon K. Hansen
112 1/2 N. Chicago Street
Hot Springs, SD  57747
Phone: (605) 890-0580
Hours: Vary, call for information
Fees: $100.00 per hour
Services Offered: Evaluation, individual psychotherapy, family therapy, play therapy, and anger management. Focus areas include depression, anxiety, stress, coping skills, relationship issues, abuse and domestic violence, and post traumatic stress.
Behavioral Health Professional:
Sharon K. Hansen, MA, CNS, LMFT
Sioux San Hospital Behavioral Health - Indian Health Services
3200 Canyon Lake Drive
Rapid City, SD  57701
Phone: (605) 355-2274  Fax: (605) 355-2510
Hours: 8:00am - 4:30pm, Monday - Friday by appointment only
Services Offered: Outpatient counseling and psychiatric services for a variety of mental health conditions. Assessments and medication management, group counseling, and substance abuse services.
Behavioral Health Professionals:
Larry Prairie Chicken, LAC  
Mike Williams, PhD, LP
Renne McKinley, PhD, LP

Sparrow's Nest, LLC, The
12322 Stampede Road
Whitewood, SD  57793
Phone: (605) 347-0422
Website: www.thesparrowsnestcounseling.com  E-mail: sparrowsnest@rushmore.com
Hours: By appointment
Services Offered: Individual, couples, and family counseling. Areas of specialty are grief and loss, trauma recovery, anxiety, depression, women's issues, domestic violence, sexual assault, divorce recovery, and compassion fatigue. Outreach appointments available in Spearfish and Sturgis.
Behavioral Health Professional:
Delain Johnson, MS, LPC, NCC, CBCP

Spirals Counseling, LLC
623 Quincy Street, Suite 102
Rapid City, SD  57701
Phone: (605) 381-5277  Fax: (605) 716-9491
Website: www.spiralscounseling.com  E-mail: lynell@lynellricebrinkworth.com
Hours: 10:00am - 5:00pm, Monday - Thursday / Friday morning by appointment
Services Offered: Counseling and psychotherapy for individuals, couples, families, and adolescents. Areas of focus include premarital and marriage counseling, grief and loss, anxiety, depression, trauma and post traumatic stress, mind-body connection, stress management, and assertiveness skills. Specializing in military families and children of divorce. Therapeutic techniques include eye movement desensitization and reprocessing, prolonged exposure therapy, and family relationships.
Behavioral Health Professional:
Lynell Rice Brinkworth, MA, LMFT, QMHP

Stronghold Counseling Services
1320 North Avenue
Mailing Address: 4300 S. Louise Avenue, #201
Spearfish, SD  57783
Sioux Falls, SD  57106
Phone: (605) 334-7713  Fax: (605) 334-5348
Website: www.strongholdcounseling.com  E-mail: info@strongholdcounseling.com
Hours: 8:00am - 5:00pm, Monday - Friday
Services Offered: Assessments and therapy for individuals of all ages, groups, and families. Providing counseling for issues related to anger management, depression, anxiety, eating disorders, post traumatic stress, physical and emotional abuse, parent-child conflicts, adolescent and child adjustment, marriage and divorce, grief and loss, and spiritual. Therapeutic specialties include spiritually based, therapeutic play, parenting with love and logic, cognitive behavioral, and eye movement desensitization and reprocessing.
Behavioral Health Professionals:
Susan Terveen, LPC-MH, QMHP, ACT  
Carolyn Short, MSW, CSW-PIP, QMHP

Suzette Wasvick Counseling Services
280 Main Street, Suite 9
Mailing Address: 12512 Old Hill City Road
Hill City, SD  57745
Phone: (605) 390-8791
E-mail: sw.counselingservices@yahoo.com
Hours: By Appointment
Fees: Accepts most insurance and Medicaid
Services Offered: Individual, couples, and family counseling for children, adolescent, and adults. Counseling to help those who suffer from depression, anxiety, self-harm, post traumatic stress, trauma, suicidal thoughts, grief and loss, and other issues. Provides play therapy, cognitive behavioral therapy, and dialectical behavior therapy.

Behavioral Health Professional:
Suzette Wasvick, MS, LPC-MH, QMHP

Thomas L. Collins, LCSW
2326 Canyon Lake Drive, Suite 1
Rapid City, SD 57702
Phone: (605) 342-0300  Fax: (605) 342-0300
E-mail: tlccsw@aol.com
Hours: 8:00am - 5:00pm, Monday - Friday  Fees: $100.00 an hour
Services Offered: Child custody evaluations, parent coordinator services, and child advocacy services.

Behavioral Health Professional:
Thomas L. Collins, LCSW

Thorn Counseling
1301 W. Omaha Street, Suite 220
Rapid City, SD  57701
Phone: (605) 716-9944  Fax: (605) 716-9944
E-mail: jetsonea@yahoo.com
Hours: 9:00am - 6:00pm, Monday - Friday  Fees: $120.00 per hour
Services Offered: Individual, marital, family, and group counseling for depression, anxiety, marital issues, and trauma.

Behavioral Health Professional:
Liz Thorn, LPC-MH, LMFT, QMHP

Torno Mediation and Mental Health Services
324 Saint Joseph Street, Suite 202
Rapid City, SD  57701
Phone: (605) 718-3613
Website: www.tornommhs.com  E-mail: melanie.torno@tornommhs.com
Hours: By appointment
Fees: Accepts most insurance and Medicaid; cash discount
Services Offered: Court approved divorce and custody mediator. Individual, couples, and family counseling with expertise in blended families, marriage, family counseling, play therapy, trauma, child abuse, post traumatic stress, and sexual assault.

Behavioral Health Professional:
Melanie Torno, MS, LPC-MH, QMHP

VA Black Hills Health Care System
113 Comanche Road
Fort Meade, SD 57741
Phone: (605) 347-2511, Ext.7069  Fax: (605) 720-7198
Website: www.blackhills.va.gov
Hours: 7:00am - 4:00pm, Monday - Friday  Fees: Sliding fee scale for eligible veterans only
Services Offered: Addictive disorder services, compensated work therapy, residential post traumatic stress program, mental health intensive case management, and inpatient and outpatient psychiatric services.

Behavioral Health Professional:
Lisa Foodim, LCSW, CCM, MAC

Additional Location:
Hot Springs
500 N. 5th Street
Hot Springs, SD 57747
Phone: (605) 745-2000, Ext. 2053
Fax: (605) 720-7198
Help At Your Fingertips...

Polytrauma/TBI (Traumatic Brain Injury) VA Black Hills Health Care System
113 Comanche Road
Fort Meade, SD 57741
Phone: (605) 347-2511, Ext. 7991  Fax: (605) 720-7455
Website: www.blackhills.va.gov
Hours: 7:30am - 4:00pm, Monday - Friday
Fees: None for veterans
Services Offered: TBI evaluation and education for veterans. Offers speech-language, occupational, and physical evaluations and therapies. Neurological evaluations, psychological services, and caregiver supports.
Behavioral Health Professional:
   Kay Ermish, CSW-PIP

Vet Center
621 6th Street
Rapid City, SD 57701
Phone: (605) 348-0077  Fax: (605) 348-0878
Website: www.va.gov
Hours: 7:00am - 5:30pm, Monday, Thursday / 7:00am - 6:00pm, Tuesday / 8:00am - 6:00pm, Wednesday / 7:00am - 4:00pm, Friday / 7:00am - 3:30pm, 1st Saturday of the month
Fees: None
Services Offered: Individual and group re-adjustment counseling, also specializing in counseling for sexual trauma, bereavement, and marital and family issues. Community information and referral services include benefits assistance, community agency, and substance abuse programs. Community education available.
Behavioral Health Professionals:
   Adriane Cox, CSW-PIP
   Mike Kohler, MSW, LMFT

Additional location:
   Martin Outreach Station
   105 E. Highway 18
   Martin, SD 57551
   Phone: (605) 685-1300 or (877) 927-8387
   Hours: 8:00am - 4:30pm, Monday - Friday
   Behavioral Health Professional:
      James Dunbar, MSW

Wellfully
1205 E. Saint James Street
Rapid City, SD 57702
Phone: (605) 718-4870  Fax: (605) 718-4878
Website: www.wellfully.org
Hours: Office hours: 8:00am - 5:00pm, Monday - Friday / Residential services: 24 hours a day / 7 days a week
Fees: Call for information
Services Offered: Addiction and behavioral health program for youth ages 10 - 17 including an residential recovery program, after-school groups, and individual counseling. Group care residential program available for youth struggling with behavioral health issues, abuse, and neglect.
Behavioral Health Professionals:
   Ashley Callahan, MS
   Kevin Callahan, LAC, MS
   Dr. Brett Nelson, MD

Youth & Family Services
202 E. Adams Street
Rapid City, SD 57701
Phone: (605) 342-4789  Fax: (605) 399-0833
Website: www.youthandfamilyservices.org
E-mail: wehelpkids@youthandfamilyservices.org
Hours: 8:00am - 6:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday
Fees: Sliding fee scale
Services Offered: Counseling services for individual, couples, marriage, family, and groups using therapeutic techniques including play, art, and sand therapy. Focus areas include stress, anger management, parenting, domestic violence, and substance abuse. Alcohol and drug services include evaluation, level 1 treatment, and 12-hour DUI class. Support group for attention deficit / hyperactive disorder. Additional services include workshops, classes including love
and logic parenting and domestic violence, boys' health advocacy, fatherhood programming, and mental health consultations. Youth Trauma Center specializes in assessment and treatment related to all aspects of youth trauma. Case management services are also available through the Stronger Families program.

**Behavioral Health Professionals:**

- Barbara Gammeter, MS, LPC-MH, QMHP
- Bridger Williams, LPC-MH, QMHP
- Emily Aberson, MS
- Holly Trimble MSW, LCSW, ACT, QMHP
- Jodi Burke, MSW, CSW-PIP, ACT
- W. Burke Eilers, MS, LPC-MH, LAC, QMHP, CPS, CCMHC
- Maureen Murray, MS, LPC-MH, LAC, QMHP
- Patrick Powers, MA, LPC-MH, QMHP
- Rebecca Dodds, MS, LPC, QMHP
- Vonnie Ackerman, MS, CPS, CAC

**Suicide Survivor Support Services**

**Black Hills Survivors of Suicide**

**Meeting location:** First Congressional United Church  
1200 Clark Street  
Rapid City, SD 57701  
**Phone:** (605) 721-7720  
**E-mail:** edlaura@rushmore.com  
**Hours:** 10:00am - 12:00pm, 4th Saturday of the month  
**Fees:** None  
**Services Offered:** A monthly support group for those who have lost a family member, friend, or colleague to suicide. Group is facilitated by a peer who volunteers with the local outreach to suicide survivors (LOSS) team.

**Front Porch Coalition**

915 Mountain View Road  
Rapid City, SD 57702  
**Phone:** (605) 348-6692  
**Website:** www.frontporchcoalition.org  
**E-mail:** ssdixon@frontporchcoalition.org  
**Hours:** 8:00am - 5:00pm, Monday - Friday  
**Fees:** No fees for the support group; call for information on trainings  
**Services Offered:** A support group for people grieving a death by suicide; education and training on suicide intervention, prevention, and post-vention; resource and referral service; and local outreach to suicide survivors (LOSS) team which is a first response team working with law enforcement to respond to a death by suicide.

**Suicide Prevention Helpline**

529 Kansas City Street, Suite 200  
Rapid City, SD 57701  
**Phone:** (800) 273-8255 or 2-1-1  
**Website:** www.helplinecenter.org  
**E-mail:** help@helplinecenter.org  
**Mailing Address:** PO Box 1215  
Rapid City, SD 57709  
**Fax:** (605) 332-1333  
**Services Offered:** Direct crisis intervention services through the National Suicide Prevention Lifeline (800) 273-TALK for the state of South Dakota. The crisis line is staffed 24 hours a day / 7 days a week by trained professionals. The Suicide Prevention Helpline also provides support services to survivors of suicide (persons who have lost a loved one to suicide) through the crisis line. The Suicide Prevention Helpline is accredited by the American Association of Suicidology.

**Behavioral Health Professionals:**

- Barbara Bettelyoun, PhD  
- Janet Kittams-Lalley, MA, LPC
Making lives better by giving support, offering hope and creating connections all day every day.

211 Helpline Center
- Information, Referral, and Crisis Helpline • Free • 24-hours a day
- Social Services • Government Information • Community Information
  - Financial Assistance • Donation Information • Food • Shelter
- To receive community reminders every week text: 211BH to 898211

Suicide and Crisis Support
- 1-800-273-TALK (8255) • 24-hour Crisis Intervention
- Suicide Information • Suicide Prevention Trainings
- Support for family and friends who have lost a loved one to suicide

Helpline Center Directories
- Black Hills Behavioral Health Guide • Online Database at helplinecenter.org
- Helping Hand Emergency Resource Guide • Rapid City Basic Needs Guide
- Northern Hills Basic Needs Guide • Southern Hills Basic Needs Guide

Volunteer Connections
- Hundreds of Volunteer Opportunities in the community

DIAL 211
helplinecenter.org

For more information or to support the Helpline Center please contact us at:
Helpline Center • 529 Kansas City Street, Suite 200 • Rapid City, SD 57709
Visit www.helplinecenter.org • Dial 211 • Text your zip code to 898211