

ASIST:

Applied Suicide Intervention Skills Training



When:

March 23 & 24,
2017
8:00am-5:00pm

Where:

Helpline Center
Training Room
1000 N. West Ave
Suite 310
Sioux Falls, SD

What is ASIST?

ASIST is for anyone who wants to be able to provide suicide first aid. Shown by major studies to significantly reduce suicidality, the ASIST model teaches effective intervention skills while helping to build suicide prevention networks in the community. This is a 2-day training with limited registration. *Attendance is required for both days.*

By the end of the workshop, you will be able to:

- ❖ Discuss suicide with an at-risk person
- ❖ Identify an at-risk person and make a plan to help (a *safeplan*)
- ❖ Demonstrate the use of intervention skills for helping an at-risk person
- ❖ Identify resources available to help a person at risk for suicide
- ❖ Be part of a team improving the community's response to suicide
- ❖ Understand issues such as life promotion and care of yourself as a caregiver



To register:

Visit:
Asistmarch2017.eventbrite.com
or e-mail/call
Taylor@helplinecenter.org / 605-339-4357

Training is free.
Lunch will be one hour on your own.