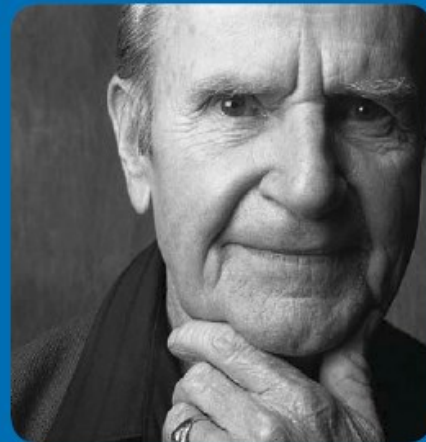


2013

# Sioux Falls Mental Health Resource Guide



  
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## ABOUT THE MENTAL HEALTH RESOURCE GUIDE

Welcome to the 2013 Sioux Falls Mental Health Resource Guide. **Avera McKennan Behavioral Health Services** has once again generously provided the funding, enabling it to be offered at no charge. This Guide was established to help the consumer more readily identify and select licensed/credentialed practitioners and agencies that provide a variety of mental health services in the Sioux Falls area. It provides the community with easily accessible information about those services that are listed.

**Organizations and/or Mental Health Practitioners are listed throughout the guide Alphabetically. Otherwise there are two basic ways to find a specific resource.**

*To Find a Mental Health Practitioner by Name...*

Search alphabetically for the last name of the person you are seeking in the **Practitioner Name Index** starting on page 9. Listed to the right of their name you will find a page number that will direct you to the organization with which they are associated.

*To Find an Organization and/or Mental Health Practitioner by Service Category...*

Search by the following service categories: Children/Adolescent Therapy, Christian Based Therapy, Abuse Issues (for children and/or adult victims and survivors), Addiction/Substance Abuse Services, Psychological Testing and Other. The names of the organizations and/or mental health professionals are listed alphabetically in the **Service Category Index** starting on page 5.



*Inclusion in this Guide should in no way be construed to constitute an endorsement of a practitioner, an agency, organization, or its service, nor should exclusion be construed to constitute disapproval. The information and certifications which appear in this publication were self-reported by the organizations and practitioners.*

## SELECTING A MENTAL HEALTH PRACTITIONER

*There is much role ambiguity among behavioral health practitioners meaning that people with quite different training may be similarly employed. The purpose of this is to create an array of perspectives in team settings or to match those needing services with whom is best able to help them. The following definitions do not capture all of the activities of each profession, but highlight their strengths.*

**Counselor** - Counselors are trained in therapeutic technique and theory. They provide “talk therapy” as opposed to medication to help people with their concerns. Some counselors have extra focus on a specific topic such as marriage and family. In the behavioral health setting counselors can be found providing therapy or case management services.

**Chemical Dependency Counselor** - Works with people to overcome an addiction to drugs or alcohol in individual or group settings. They may also assist families of people with addictions to better understand addiction and how to help their loved one. There are four increments of chemical dependency counseling certification: Trainees, level 1, level 2, and level 3 practitioners.

**LPC** - This is an abbreviation for Licensed Professional Counselor; it means that the counselor meets at least minimum state standards to provide counseling services to the public.

**LPC-MH** - This is an abbreviation for Licensed Professional Counselor - Mental Health; it is a higher level of licensure requiring more training and supervision. The LPC-MH level may be required for insurance or Medicaid reimbursement.

**Psychiatrist** - A psychiatrist is a physician with additional specialized training in psychiatry. In the behavioral health setting, psychiatrists prescribe medications and engage patients in therapy. Under the supervision of a physician, physician’s assistants and certified nurse practitioners can also prescribe medications.

**Psychologist** - Licensed psychologists complete a standardized training program at the doctoral level. Training involves understanding the development of personality, learning and interpersonal relationships. Using tests to evaluate individuals is usually a major emphasis, but they also conduct individual, family and group therapy.

**School Psychologist** - Works in the school setting to help individual students resolve learning and behavioral challenges that are affecting academic performance and to help teachers improve the learning process. School psychologists are trained in both psychology and education.

**Social Worker** - Social workers are trained to complete a variety of tasks and are found in many areas outside of behavioral health services. In the behavioral health setting, social workers might provide talk therapy, case management or connect people to resources.

**SWA** - This is an abbreviation for the licensure title of Social Work Associate. Social workers with this credential have met minimum state standards to practice social work.

**SW** - This is an abbreviation for the licensure title of Licensed Social Worker. Some social workers indicate this licensure as LSW to match the paper license they received when they became licensed. Social workers with this licensure most likely completed a bachelor’s of social work (BSW) degree.

**CSW** - This is an abbreviation for the licensure title of Certified Social Worker. Social workers with this licensure have completed a master’s of social work (MSW) or a doctorate of social work (DSW) degree.

**CSW-PIP** - This is an abbreviation for Certified Social Worker - Practitioner in Private Practice. It is a higher level of licensure requiring more training and supervision. The CSW-PIP license may be required to bill certain insurance providers.

## SELECTING A MENTAL HEALTH PRACTITIONER

Choosing among the many options available in mental health care can be a confusing task. As with any type of service there are basic questions that can assist you in becoming an informed consumer. Ask yourself these questions:

- \* What are the critical issues for which you would like to obtain help and what are the desired results you hope to see?
- \* Do you have a preference regarding type of setting (i.e. inpatient, outpatient, group therapy, etc.) or type of therapeutic approach?
- \* Is there a particular time of the day or week that would be best for you in arranging an appointment?
- \* Is there coverage offered by your insurance, health care plan, or employer that can offset some or all of the cost of treatment?

With this information in mind, select two or three mental health practitioners and call for a short phone interview. Briefly describe your issues or goals and ask if the provider is skilled in these areas. Ask a few questions about the provider's background and practices.

- \* What therapeutic approaches and techniques does she or he most frequently use?
- \* How will therapeutic goals be established? How will you know when therapy is complete?

After talking with a potential practitioner, ask yourself:

- \* Did you feel a sense of confidence in this person?
- \* Did the practitioner's approach seem to make sense to you?
- \* And most of all, did you feel comfortable talking with this practitioner?

# Glossary

## *Abbreviations for professional accreditations and certifications.*

AA	Associate of Arts
ACS	Approved Clinical Supervisor
AS	Associate of Public Service
BA	Bachelor of Arts
BCPCC	Board Certified Professional Christian Counselor
BS	Bachelor of Science
CCDC	Certified Chemical Dependency Counselor
CCDCI	Certified Chemical Dependency Counselor, Level 1
CCDCII	Certified Chemical Dependency Counselor, Level 2
CCDCIII	Certified Chemical Dependency Counselor, Level 3
CDCT	Chemical Dependency Counselor Trainee
CEAP	Certified Employee Assistance Professional
CFLE	Certified Family Life Educator
CNP	Certified Nurse Practitioner
CPS	Certified Prevention Specialist
CRC	Certified Rehabilitation Counselor
CSW	Certified Social Worker
CSW-PIP	Certified Social Worker-Private Independent Practice
DMin	Doctor of Ministry
DO	Doctor of Osteopathy
EdD	Doctor of Education
EdS	Education Specialist
EMDR	Eye Movement Desensitization Reprocessing
LCSW	Licensed Certified Social Worker
LCSW-PIP	Licensed Certified Social Worker-Private Independent Practice
LMFT	Licensed Marriage & Family Therapist
LNC	Legal Nurse Consultant
LP	Licensed Psychologist
LPC	Licensed Professional Counselor
LPC-MH	Licensed Professional Counselor-Mental Health
MA	Master of Arts
MAEd	Masters of Arts in Education
MAMFT	Masters Marriage and Family Therapy
MD	Doctor of Medicine
MDiv	Master of Divinity
MEd	Master of Education
MFT	Marriage & Family Therapist
MS	Master of Science
MSEd	Master of Science in Education
MSSA	Master of Science & Social Administration
MSW	Master of Social Work
NCC	National Certified Counselor
NCGC	National Certified Gambling Counselor
PA	Physician's Assistant
PA-C	Physician's Assistant-Certified
PhD	Doctor of Philosophy
PMHRN	Psychiatric Mental Health Registered Nurse
PST	Prevention Specialist Trainee
PsyD	Doctor of Psychology
QMHP	Qualified Mental Health Practitioner
RN	Registered Nurse
RPT	Registered Play Therapist
RTC	Reality Therapy Certification
SAP	Substance Abuse Professional
SW	Social Worker
SWA	Social Work Associate
TFTdx	Thought Field Therapy Diagnostics

## *Definitions of selected mental health issues*

**Attention-Deficit Hyperactivity Disorder** - Attention-Deficit Hyperactivity Disorder (ADHD) is a condition characterized by inattention, hyperactivity and impulsivity.

**Bipolar Disorder** - Bipolar Disorder is characterized by reoccurring episodes of mania and depression that cycle over time.

**Borderline Personality Disorder** - Borderline Personality Disorder (BPD) is characterized by impulsivity and instability in mood, self-image, and personal relationships.

**Depression** - Depression is a condition characterized by depressed mood (sadness), poor concentration, insomnia, fatigue, appetite disturbances, excessive guilt and thoughts of suicide.

**Dual Diagnosis** - Dual Diagnosis is a term used to describe people who have co-occurring mental illness and substance use disorders.

**Generalized Anxiety Disorder** - Generalized Anxiety Disorder (GAD) is characterized by severe, chronic, exaggerated worrying about everyday concerns.

**Obsessive Compulsive Disorder** - Obsessive Compulsive Disorder (OCD) is a condition characterized by intrusive irrational thoughts that repeatedly appear in a person's mind and/or repetitive rituals that a person performs many times a day to momentarily relieve anxiety.

**Post Traumatic Stress Disorder** - Post Traumatic Stress Disorder (PTSD) is a response to a traumatic event characterized by nightmares or flashbacks, physical reactions to and avoidance of triggers associated with the trauma, exaggerated startle response, hyper-vigilance, sleep disturbances, difficulty concentrating and outbursts of anger or irritability.

**Schizoaffective Disorder** - Schizoaffective Disorder resembles Schizophrenia accompanied by an irregularity in mood.

**Schizophrenia** - Schizophrenia is a thought disorder characterized by hallucinations and delusions in addition to impairing a person's ability to think clearly, manage emotions, make decisions and relate to others. Schizophrenia is subdivided into types that describe the symptoms: paranoid type, disorganized type, catatonic type, undifferentiated type.

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# 2013 Sioux Falls Mental Health Resource Guide

## Avera McKennan Hospital and University Health Center - Behavioral Health Services

### Addiction Recovery Program

Avera Professional Plaza  
2412 S. Cliff Avenue, Suite 100  
Sioux Falls, SD 57105

**Phone:** (605) 322-4079

**Fax:** (605) 322-4080

**Internet Address:** [www.averabehavioralhealth.org](http://www.averabehavioralhealth.org)

**Hours:** 8:30am - 9:00pm, Monday - Thursday / 8:30am - 5:00pm, Friday / Daytime and Evening Groups, Monday - Friday

**Fees:** Vary with different services; Accept most insurance; Medicare approved hospital - based program; payment plans available

### Mental Health Professionals:

James Green, CCDCII

Jill Viedt, MS, LPC, CCDCIII

Jennifer Albrecht, MAT, LPC-MH, CCDCIII

Leah Rath, MA, LPC, CCDCIII

Greg Brostad, MS, LPC, CDCT, QMHP

Craig Kindrat, MS, LPC, LMFT, CCDCIII

Lana Smith, MA, LMFT, CCDCIII, QMHP

Amanda McKnelly, MS, CCDCIII

**Services Offered:** Comprehensive treatment program for individuals, couples, and families affected by substance abuse, compulsive gambling, other addictive behaviors, and interrelated emotional difficulties. Court-approved provider for the assessment and/or treatment of substance abuse and/or gambling-related offenses. Specializing in Co-Occurring services (the treatment of substance abuse/gambling conditions as well as mental health issues such as bipolar disorder, clinical depression and anxiety conditions). This multi-leveled program includes options for daytime or evening Intensive Outpatient Programs and daytime or evening Outpatient Groups (involving ASAM 2.1 and 1.0 levels of care). Assistance available for adolescents includes evaluations, individual and family counseling, and prevention services. Employee Assistance Programs. Offers specialized recovery services for health care practitioners inclusive of physicians, pharmacists, nurses, dentists and other health care professionals with state and/or national licensure/certification credentials. ARP also provides a specialized Pain Management Group / specialized counseling for pain-related difficulties. The Addiction Recovery Program is accredited by the JCAHO and the State of South Dakota.

## Avera McKennan Hospital and University Health Center - Behavioral Health Services

### Inpatient Services

4400 W. 69th Street, Suite 100  
Sioux Falls, SD 57108

**Phone:** (605) 322-4065 or 1-800-691-4336

**Fax:** (605) 322-4060

**Internet Address:** [www.averabehavioralhealth.org](http://www.averabehavioralhealth.org)

**Hours:** 24 hours a day / 7 days a week

**Fees:** Vary with different services; accepts insurance, Medicare, and Medicaid

### Mental Health Professional:

Thomas Otten, MA, LPC-MH

**Services Offered:** Acute Adult Inpatient Program - Inpatient unit operated on a 24-hour basis. The most frequent diagnoses for the psychiatric patients are depression with suicidal behavior, psychosis, bipolar disorder, and patients on emergency detention. Adult Inpatient Program - Inpatient unit operated on a 24-hour basis. The most frequent diagnoses for the psychiatric patients are depression, anxiety disorder, post-traumatic stress disorder, and borderline personality disorder. Senior Inpatient Program - Inpatient unit operated on a 24-hour basis. The most frequent diagnoses for the psychiatric patients are depression, and dementia. Child Inpatient Program - Inpatient unit operated on a 24-hour basis. Structured acute care inpatient program for children ages 4-12. Offers a safe, supportive environment and caring, expert staff who provide specialized treatment to children with a range of psychiatric difficulties including: depression, anxiety, Attention Deficit Hyperactivity Disorder (ADHD), extreme family difficulties, and other life stressors. Adolescent Inpatient Program - Unit operates on a 24-hour basis. Most of the patients served by the Adolescent Inpatient Program are between the ages of 12-18, and are struggling with depression, suicidal ideation, ADHD, or other mental health diagnoses. The program utilizes an interdisciplinary team approach to care for the social, psychological, and spiritual needs of young people. Free mental health assessments are available that include a level of care determination. This assessment can coordinate inpatient admission, pre-certification, or outpatient referral. Please call (605) 322-4065 or 1-800-691-4336.

**Avera McKennan Hospital and University Health Center - Behavioral Health Services****Outpatient Clinic**

Avera Professional Plaza  
 2412 S. Cliff Avenue, Suite 200  
 Sioux Falls, SD 57105

**Phone:** (605) 322-4079**Fax:** (605) 322-4080**Internet Address:** [www.averabehavioralhealth.org](http://www.averabehavioralhealth.org)**Hours:** 8:00am - 8:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday / Evening groups and additional scheduling options available**Fees:** Vary with different services; accepts insurance, Medicare, and Medicaid; scholarships available for some programming; payment plan options available**Mental Health Professionals:**

Ginny Crawford, MSW, LCSW-PIP

Latanda Salmen, MSW, LCSW-PIP

Heidi Roberts, MSW, LCSW-PIP

Angela Sadowski, MSW, LCSW

Jeri Nelson, MSW, LCSW-PIP

J. Chris Nordgren, PhD

Mary Wolf, MS, LPC-MH, QMHP, CEAP

Mary Ellen Smith, MS, LPC-MH, NCC

Amy Hartman, LPC-MH, CCDCIII

Nancy Wise-Vanderlee, PhD, LP

Benjamin Kohls, MS, LPC, NCC

Don Baum, PhD, LP

**Services Offered:** Individual, couples, group and family counseling for all ages and for all mental health-related concerns. Additional services include STEPPS group for people with Borderline Personality Disorder or traits; eating issues counseling including anorexia, bulimia, and healthy weight loss; grief therapy, psychological testing, chronic pain services, and an Employee Assistance Program. Addresses issues such as Attention Deficit Disorder, family separation/divorce, self-destructive behaviors, self-esteem building, and anger management.

**Avera McKennan Hospital and University Health Center - Behavioral Health Services****Partial Hospital Program and Intensive Outpatient**

4400 W. 69th Street, Suite 100  
 Sioux Falls, SD 57108

**Phone:** (605) 322-4056**Fax:** (605) 322-4009**Internet Address:** [www.averabehavioralhealth.org](http://www.averabehavioralhealth.org)**Hours:** 8:00am - 4:30pm, Monday - Friday**Fees:** Accepts insurance and Medicare; limited financial assistance available**Mental Health Professional:**

Ginny Crawford, MSW, CSW-PIP

**Services Offered:** Partial Hospital Program is an outpatient, time-limited, intensive and coordinated clinical treatment program for adults that is an integral part of the continuum of Behavioral Health Services. The Partial Hospitalization Program pursues the goal of stabilization with the intention of averting inpatient hospitalization or reducing the length of a hospital stay. Another target population is the individual experiencing acute psychiatric symptoms or decompensating clinical conditions that severely impact their capability to function on a day-to-day basis. Typical partial stay is about 16 days stretched out over one month. The step down program, Intensive Outpatient for Mental Health, is a treatment option in Behavioral Health Services where individuals would attend group therapies for 7-11 hours per week. Prospective clients for both the Partial Hospital Program and Intensive Outpatient Program for Mental Health may be referred through free mental health assessments that include: inpatient admission, coordination / pre-certification, and outpatient referral coordination. The assessment phone number is (605) 322-4065 or 1-800-691-4336.

**Avera Medical Group University Psychiatry Associates**

4400 W. 69th Street, Suite 1500  
 Sioux Falls, SD 57108

**Phone:** (605) 322-5700**Internet Address:** [www.universitypsychiatry.org](http://www.universitypsychiatry.org)**Hours:** 8:00am - 5:00pm, Monday - Friday**Fees:** Accepts insurance, Medicare, and Medicaid

# 2013 Sioux Falls Mental Health Resource Guide

## **Mental Health Professionals:**

Kent Andre, MD

David W. Bean, MD

Vinod Bhatara, MD

Susan Cavanaugh, MD

Heather Chester-Adam, MD

Nicole Christenson, MD

Candice Cummings, MSW, CSW-PIP

David Whaley, MD

John Erpenbach, CNP, RN

Sarah Flynn, MD

William C. Fuller, MD

Bryce Gammeter, MD

Beverly J. Gunderson, EdD

Christopher Hanley, MD

Hillary Hanson, MD

Kenneth Hasseler, PhD

Tracee Hofer, CNP

Thomas Holtberg, LPC-MH

David Hylland, EdD

Wallace Jackmon, PhD

Saruabh Jauhari, MD

Garneth Kuiper, CNP

Carol Kuntz, PsyD

Grace LaFollette, CNP

Matthew Malone, DO

Wioleta Mazurczak, MD

Brenda Nour, PhD

Karl Oehlke, PA-C

Timothy J. Soundy, MD

Constance L. Spicero, EdD

Matthew Stanley, DO

Anthony Vaca, MD

Shawn VanGerpen, MD

Tamara Vik, MD

Jay Weatherill, MD

Nancy Wilson, MD

**Services Offered:** Offers individualized treatment including psychiatric evaluations, psychological and neuropsychological evaluations, individual, couple or family therapy. Treatment services for children, adolescents, adults, and seniors include, but are not limited to: anxiety disorders, mood disorders, personality disorders, somatization disorders, psychosexual disorders, schizophrenia, post-traumatic stress disorders, abuse issues, eating disorders, dementia, grief and loss, forensic evaluations, custody evaluations, evaluation and treatment of childhood emotional and behavioral disorders, spirituality, stress management, and executive health.

## **Bartels Counseling Services, Inc.**

101 W. 69th Street, Suite 100

Sioux Falls, SD 57108

**Phone:** (605) 310-0032

**Fax:** (605) 271-0200

**E-Mail Address:** shanebartels@sio.midco.net

**Internet Address:** www.bartelscounselingservices.com

**Hours:** 8:00am - 9:00pm, Monday - Friday / 8:00am - 3:00pm, Saturday

**Fees:** Sliding fee scale; most insurance accepted; state assistance available

## **Mental Health Professionals:**

Jessica Lueking, MS, LPC, NCC, CCDCIII

Elizabeth Moeller, MS, NCC, CCDCIII

Jessica Payer, MA, NCC, CDCT

Carissa Palmberg, MS, CDCT

Sherry Bartels, MA, NCC, LPC-MH, QMHP, ACS, CCDCIII

Hollie Vaughan, MS, NCC, LPC, CDCT

Barb Roehrich, MEd, CDCT

Cassie Renke, MA, CDCT

**Services Offered:** Therapists are educated, credentialed, and experienced in assessing and treating mental health concerns including addiction, anxiety, depression (and other mood disorders), adjustment, abuse, spiritual development, emotional and stress management, family issues, grief, personality disorders, and relational issues. Provides individual, couples, and family therapy along with services for adults and adolescents needing assessments, early intervention, intensive outpatient treatment, and aftercare services. Services are available in Spanish. Bartels Counseling Services is accredited by the South Dakota Department of Social Services Division of Community Behavioral Health.

## **Additional Location:**

224 N. Phillips Avenue, Suite 207

Sioux Falls, SD 57108

## **Behavior Management Counseling Services**

3610 S. Western Avenue, Suite 2

Sioux Falls, SD 57105

**Phone:** (605) 274-1700

**Fax:** (605) 274-1704

**E-Mail Address:** mariaegan.bmcs@midconetwork.com

**Hours:** 8:00am - 7:00pm, Monday - Friday / Saturdays by appointment

**Fees:** Accepts insurance and Medicaid

## **Mental Health Professional:**

Maria Egan, MS, LPC-MH, QMHP



**Services Offered:** Services for children, adolescents, adults, individual, groups, couples and families. Play therapy, Behavior Modification, Cognitive Behavioral Therapy, diagnostic assessments, depression, generalized anxiety, separation anxiety, school refusal, social phobia/fears, Obsessive Compulsive Disorder, behavior problems, ADHD, grief and loss, Asperger's Syndrome, pediatric Bi-Polar Disorder, anger management, social skills training, Post Traumatic Stress Disorder, behavior problems, selective mutism, and trichotillomania (hair pulling).

**Bendewald, Gaylen**

4410 S. Tennis Lane  
Sioux Falls, SD 57106

**Phone:** (605) 334-6211**E-Mail Address:** bgaylen@sio.midco.net**Internet Address:** www.marriagefriendlytherapists.com**Hours:** 8:00am - 6:00pm, Monday - Friday**Fees:** Most insurance accepted**Mental Health Professional:**

Gaylen Bendewald, MSW, CSW-PIP, LMFT

**Services Offered:** Individual, marriage, and family therapy. Emphasis on general anxiety, depression, mindfulness training and relationship concerns.**Bendewald, Katy, MSW**

4410 S. Tennis Lane  
Sioux Falls, SD 57106

**Phone:** (605) 310-0356**Fax:** (605) 362-5601**E-Mail Address:** kbendewald@gmail.com**Hours:** 8:00am - 6:00pm, Monday - Friday**Fees:** Most insurance accepted**Mental Health Professional:**

Katy Bendewald, MSW, CSW-PIP

**Services Offered:** Individual and family counseling for adults and children. Emphasis on depression, anxiety, major life changes, stress and relationship issues.**Bethesda Christian Counseling Midwest, Inc.**

400 S. Sycamore Avenue, Suite 105-3  
Sioux Falls, SD 57110

**Phone:** (605) 334-3739**E-Mail Address:** info@bethesdachristiancounseling.org**Internet Address:** www.bethesdachristiancounseling.org**Hours:** 8:30am - 5:00pm, Monday - Friday / Evenings by appointment**Fees:** Sliding fee scale; accepts most insurance and Medicare**Mental Health Professionals:**

Dale D. Ellens, MS, LPC, LMFT, QMHP

Sandra Simanton, MSW, LCSW-PIP

William C. Fuller, MD

Joseph R. Goraj, MSW, LCSW

David Nehring, PhD

William Huisken, MSW, LCSW-PIP

Grace LaFollette, CNP

Dean Meeter, MDiv, CPE Supervisor

**Services Offered:** Individual, marital, and family counseling. Psychological testing is available. A nationally accredited Clinical Pastoral Education course offered for pastors and other ministry professionals. Also offers services such as child and adolescent counseling, and wellness seminars to interested groups.**Carroll Institute**

310 S. 1st Avenue  
Sioux Falls, SD 57104

**Phone:** (605) 336-2556**E-Mail Address:** gtuschen@carrollinstitute.org**Internet Address:** www.carrollinstitute.org

# 2013 Sioux Falls Mental Health Resource Guide

**Hours:** 8:00am - 8:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday / Groups in the mornings, afternoons and evenings  
The Arch, Arch II and Changes and Choices are 24 hours a day / 7 days a week

**Fees:** Sliding fee scale; state assistance available

## **Mental Health Professionals:**

Gary Tuschen, BA	Carolyn Posey, MA, LMFT, CCDCIII, QMHP
Steve Fodness, BS, CCDCIII	Kimberly Questad, MS, NCC, CCDCIII, LPC
Debbie Klasi, BA, CCDCIII	Melissa Roby, MS, LPC, NCC, CCDCIII
Janice Falk, BS, CCDCIII	Michelle Worden, MA, CCDCIII
Tonya Honomichl, BS, CCDCII	Mindy Mashek, BA, CDCI
Mitch Wilson, AS, CDCII	Desiree Fowler, CDCT
Jessica Nieman, CDCT	Tiffany Butler, MA, LPC

**Services Offered:** Early Intervention, Intensive Outpatient Treatment for meth addicts, Intensive Outpatient Treatment, and clinically-managed low intensity residential treatment, and Safe Driver Class for first time DUI offenders. Services for adolescents and adults include treatment needs assessment, treatment planning, individual and group counseling, family therapy, alcohol and other drug education, and case management.

### **Arch Halfway House for Men**

333 S. Spring Avenue  
Sioux Falls, SD 57104  
Phone: (605) 332-6730

### **Changes and Choices Recovery for Women**

310 S. 1st Avenue  
Sioux Falls, SD 57104  
Phone: (605) 332-9257

**Fees:** Sliding fee scale; state assistance available

**Services Offered:** The Arch Halfway House and Changes and Choices Recovery is for chemically dependent men and women who have received treatment within the last 12 months. Goals include relapse prevention, recovery, and life skills.

## **Carroll Institute - Project Awareness Prevention Services**

310 S. 1st Avenue  
Sioux Falls, SD 57104

**Phone:** (605) 336-2556

**E-Mail Address:** [tbutler@carrollinstitute.org](mailto:tbutler@carrollinstitute.org)

**Internet Address:** [www.carrollinstitute.org](http://www.carrollinstitute.org)

**Hours:** 8:00am - 5:00pm, Monday - Friday

### **Mental Health Professionals:**

Barb DeVos, MS, NCC, LPC, CCDCIII	Jen Zerfas, MA, NCC, CCDCIII
Kristi VanDeRostyne, BS, PST, CCDCII	Taylor Mattke, BS, CDCT
Kara Likness, MS, NCC, CDCT	Tiffany Butler, MA, LPC

**Services Offered:** Project Awareness counselors provide prevention, individual services and chemical dependency counseling to schools and communities throughout eastern South Dakota.

## **Catholic Family Services**

523 N. Duluth Avenue  
Sioux Falls, SD 57104

**Phone:** (605) 988-3775 or 1-800-700-STOP (7867)

**Fax:** (605) 988-3747

**E-Mail Address:** [cfs@sfcatholic.org](mailto:cfs@sfcatholic.org)

**Internet Address:** [www.sfcatholic.org](http://www.sfcatholic.org)

**Hours:** 8:30am - 5:00pm, Monday - Friday

**Fees:** \$99.00 per 45 minute session; sliding fee scale based on income and family size; accepts insurance, Medicaid, and Employee Assistance Programs (EAP)

### **Mental Health Professionals:**

Marcie Moran, RN, EdD	Christina Vander Woude, MSW	Marnie Schieffer, LCSW
Ronda J. Maass, LPC-MH	Kathleen Crowley, LPC-MH	Margi Culhane, RN
Brandi Brintnall, LPC-MH	Fran Van Bockel, LPC-MH	Alicia Rife, LCSW
Patricia Schwan, LPC-MH	Bonnie Deen, LPC-MH	

**Services Offered:** Provides confidential and Christian based therapy services to individuals, couples, children, adolescents and families. Provides programs for all types of losses including an annual program of directed grieving therapy after the death of a loved one. Support groups are available for those who are divorced, widowed or separated. Three day retreats

are available for Grieving a Loss, and Rachel's Vineyard (post abortion trauma). Provides adoption services including domestic and international adoptions, home studies and pregnancy counseling. Coordinates the SD Rural Helpline to provide behavioral health services to rural families with the Helpline Center. Outreach offices located in Mitchell, Yankton, Brookings, Pierre, Gettysburg and Aberdeen.

### Center for Family Medicine

1115 E. 20th Street

Sioux Falls, SD 57105

**Phone:** (605) 339-1783

**E-Mail Address:** info@centerforfamilymed.org

**Internet Address:** centerforfamilymed.org

**Hours:** 8:00am - 5:00pm, Monday - Friday

**Fees:** Accepts insurance, Medicare, and Medicaid

#### Mental Health Professionals:

Michael Bloom, PhD, *Psychologist*

Staff of Family Physicians

**Services Offered:** Brief therapy - individual, marital, and family therapy. Therapy for psychological problem associated with medical illness.

### Chan Counseling Services

2121 W. 63rd Place, Suite 100

Sioux Falls, SD 57108

**Phone:** (605) 373-9330 Ext. 228

**E-Mail Address:** amber@chancounselingservices.com

**Internet Address:** www.chancounselingservices.com

**Hours:** Vary; Call for information

**Fees:** Insurance accepted, including Medicaid

#### Mental Health Professional:

Amber Chan, MS, LPC-MH, NCC, QMHP

**Services Offered:** Provides individual, and group counseling for depression, anxiety, Bipolar, PTSD, relationship concerns, borderline personality disorder, and self-harming behaviors. Provides Dialectical Behavior Therapy (DBT) individually and in group settings. DBT skill groups offered Mondays and Tuesdays. DBT aftercare group also available to those who have successfully completed the DBT skills group.

### Children's Home Society

801 N. Sycamore Avenue

Sioux Falls, SD 57101

**Phone:** (605) 334-6004

**Fax:** (605) 335-2776

**Internet Address:** www.chssd.org

**Hours:** Residential Treatment, 24 hours a day / 7 days a week

Day School, 8:45am - 3:00pm, Monday - Friday (12 month calendar)

Adoption Program, 8:00am - 5:00pm, Monday - Friday (evening appointments available)

**Fees:** Vary for each program; Medicaid and school districts are the primary funding sources for residential treatment; limited scholarships are available; Adoption Program services are free

#### Mental Health Professional:

Contact Joan Sim for a list of providers.

**Services Offered:** Residential Assessment and Treatment - Residential programs provide a home, school and therapy to children ages 4-13 with emotional and behavioral problems. Treatment includes psychiatric care, adaptive management, individual, group and family therapy, and academic programming. Day Program - The Therapeutic Day Program is available to students within driving distance of the Sioux Falls or Black Hills campus. Students receive individualized attention, a modified education program if needed, and therapeutic interventions to address their behavior issues. Students benefit from individual, group and family therapy sessions. Adoption Services - The Adoption Program provides services to families within driving distance of Sioux Falls Children's Home. Services include psychological, psychiatric and educational testing, and individual, family, and home-based therapy.

# 2013 Sioux Falls Mental Health Resource Guide

## Children's Inn

409 N. Western Avenue

Sioux Falls, SD 57104

**Phone:** (605) 338-4880 or 1-888-378-7398 (both are 24-hour crisis lines)

**E-Mail Address:** [mikaela.campbell@chssd.org](mailto:mikaela.campbell@chssd.org)

**Internet Address:** [www.chssd.org/childrensinn](http://www.chssd.org/childrensinn)

**Hours:** Individual counseling sessions by appointment Monday - Friday

**Fees:** No cost to victims of domestic abuse

### Mental Health Professional:

Mikaela Campbell, MA, NCC

**Services Offered:** Offers Women's Support Groups for women who are victims of domestic abuse and support groups for adolescents who have experienced dating violence. Individual and family counseling is offered for current or former adult or child victims of abuse. Counseling services focus on helping the victim heal from the consequences of being victimized in a domestic relationship with physical, emotional, or sexual abuse.

## Choices Recovery Services, INC

2701 S. Minnesota Avenue, Suite 6

Sioux Falls, SD 57105

**Phone:** (605) 334-1822

**Fax:** (605) 334-1823

**E-Mail Address:** [karen.johnson@choicesrecoveryservices.org](mailto:karen.johnson@choicesrecoveryservices.org)

**Internet Address:** [choicesrecoveryservices.org](http://choicesrecoveryservices.org)

**Hours:** 9:00am - 5:00pm, Monday - Friday / Evenings and weekends by appointment

**Fees:** Call for information

### Mental Health Professionals:

Karen Johnson, CCDCIII

Bob Arshem, CCDCIII

Cindy Ellefson, CCDCIII

Kate Zimmerman, CCDCIII

**Services Offered:** Provides intensive outpatient treatment for alcohol, drug, and gambling addictions. Other services include evaluations, individual counseling, aftercare and relapse prevention services, MRT (Moral Reconciliation Therapy), 1st offender DUI classes, and SCRAM X Alcohol and Electronic Monitoring.

## Christensen, Barbara RA, LLC

4410 S. Tennis Lane

Sioux Falls, SD 57106

**Phone:** (605) 362-5803

**E-Mail Address:** [barb.christensen@sio.midco.net](mailto:barb.christensen@sio.midco.net)

**Internet Address:** [www.barbarachristensencounseling.com](http://www.barbarachristensencounseling.com)

**Hours:** Various appointment times Monday - Friday / Including evenings

**Fees:** Sliding-fee scale, income based; accepts most insurance and Medicaid

### Mental Health Professional:

Barbara RA Christensen, MS, NCC, LPC, LPC-MH, QMHP, CCDCIII

**Services Offered:** Works with children, adolescents, as well as adults with the following issues: depression, anxiety, family issues/divorce, grief, self-injury, adjustment, drug and alcohol, ADD/ADHD, social skills, anger, domestic violence, OCD, relationship, Autism/Asperger's and abuse. Christian based.

## Clayborne Mental Health & Evaluation Services, LLC

5101 S. Nevada Avenue, Suite 120

Sioux Falls, SD 57108

**Phone:** (605) 361-9550

**Fax:** (605) 361-9582

**E-Mail Address:** [andre@clayborneservices.com](mailto:andre@clayborneservices.com)

**Internet Address:** [www.clayborneservices.com](http://www.clayborneservices.com)

**Hours:** 9:00am - 9:00pm, Monday - Wednesday / 9:00am - 6:00pm, Thursday - Friday / Evenings and weekends by appointment

**Fees:** Fixed; call for information

### Mental Health Professional:

Andre B. Clayborne, EdD

**Services Offered:** Child custody evaluation services, parent coordinator services, mediation services, life transitional issues, court/forensic evaluation services, critical incident stress debriefings, relationship services, relating to parenting, blended families, domestic violence, and communication.

**Compass Center, The**

1800 W. 12th Street, Suite 100

Sioux Falls, SD 57104

**Phone:** (605) 339-0116 or 1-877-IN CRISIS (24-hour crisis line)

**Fax:** (605) 336-3874

**E-Mail Address:** admin@thecompasscenter.org

**Internet Address:** www.thecompasscenter.org

**Hours:** 8:00am - 5:00pm, Monday - Wednesday, Friday / 8:00am - 7:00pm, Thursday / 24-hour crisis availability

**Fees:** No cost to victims of crimes; low cost offender treatment

**Mental Health Professionals:**

Johna Nielsen, LPC, CCDCIII, RTC

Andrew Vos, MDiv

Stacey Compton, MA, NCC, RPT, LPC

Emily Cummins, MS, NCC

Jennie Mayer, MS, NCC

Adam Hardy, MS, NCC

**Services Offered:** Free individual counseling; medical, legal, or personal advocacy; assistance in safety planning; filing protection orders and victim's compensation applications; in person or telephone crisis intervention for all victims of rape, sexual assault, incest, domestic violence, or stalking. Therapeutic and educational domestic violence offender treatment for adults in the Family Violence Project at low cost. Violence assessments for adolescents in the Teen Violence Project. Free children's play therapy program for those that have witnessed or experienced domestic violence and/or sexual assault.

**Counseling Resources, Inc.**

707 E. 41st Street, Suite 222

Sioux Falls, SD 57105

**Phone:** (605) 331-2419

**Fax:** (605) 332-1020

**E-Mail Address:** cresource@midconetwork.com

**Internet Address:** www.siouxfallscounselingresources.com

**Hours:** 9:00am - 5:00pm, Monday - Thursday / 10:00am - 2:00pm, Friday / Evening and weekend appointments available

**Fees:** Fixed and sliding scale fees, depending on service

**Mental Health Professionals:**

Sue Harris, MA, LPC-MH, QMHP, CCDCIII

Stacy Krall, MS, CCDCIII

Erin Nielsen-Ogdahl, MSW, CCDCIII

Jodi Petershagen, BA, CDCT

**Services Offered:** Counseling staff works with individuals, couples, and families to address a broad range of mental health concerns related to substance abuse. Provides confidential and professional individual and group counseling to adults. Specialty is substance abuse counseling and evaluation.

**Dakota Oak Counseling**

3220 W. 57th Street, Suite 100A

Sioux Falls, SD 57108

**Phone:** (605) 759-8359

**Fax:** (605) 275-0625

**Internet Address:** www.dakotaoakcounseling.com

**Hours:** Day and evening hours by appointment

**Fees:** Accepts most insurances, Medicaid and Medicare

**Mental Health Professionals:**

Kristi Hamilton, MS, LPC-MH, QMHP

Deb Thompson, MA, LPC-MH, QMHP

Ann Flynn-Crowe, CSW-PIP

**Services Offered:** Provides therapy for children, adolescents, adults, couples, and families. Areas of specialty include depression, anxiety, grief, addictions, acute and chronic medical conditions, abuse, trauma, play therapy, parenting issues, divorce adjustments, family of origin issues, PTSD, premarital and marital issues, men's issues, women's issues, anger, career adjustments, and spirituality issues. Provides EMDR and Cognitive Behavioral Therapy. Participates in most Employee Assistance Programs.

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## **Dakota Psychological Center**

1601 E. 69th Street

Sioux Falls, SD 57108

**Phone:** (605) 373-9066

**Hours:** 8:00am - 5:00pm, Monday - Thursday / 8:00am - 12:00pm, Friday / Evening and Saturday hours available

**Fees:** Participates with Medicare, Medicaid and most other insurance plans

### **Mental Health Professionals:**

Lyn Collver, MS, LPC-MH, QMHP, NCC

Kay McKenzie, RN, MA, LPC

Lyn Shroyer, EdD, LP

**Services Offered:** Individual, couples, family, and group therapy: depression, anxiety, panic disorder, obsessive-compulsive disorder, grief and loss issues, anger management, anorexia, bulimia, compulsive over-eating, body-image, weight loss, prebariatric surgery psychological assessment, post-traumatic stress disorder, sexual abuse, rape, premarital counseling, women's issues, mid-life issues, postpartum depression, menopause, stress management and relaxation training, parent/adolescent conflict management, cognitive-behavioral therapy, solutions-oriented brief counseling, and Christian counseling.

## **Digatono, Daniel T.**

4410 S. Tennis Lane

Sioux Falls, SD 57106

**Phone:** (605) 362-1506

**E-Mail Address:** [ddigatono@aol.com](mailto:ddigatono@aol.com)

**Hours:** Days and evenings by appointment / Intensive weekday and weekend sessions are available

**Fees:** Most insurance accepted

### **Mental Health Professional:**

Daniel T. Digatono, MDiv, PhD, LMFT, LPC, QMHP

**Services Offered:** Counseling for individuals, couples, and families. Extensive experience working with education, medical, mental health, and ministry professionals. Individual and group licensure supervision for LPC, LPC-MH, and LMFT candidates. Consultation, training, staff development, and conflict management services are available for businesses and churches.

## **Dr. O'Connor & Associates, LLC**

111 W. 39th Street

Sioux Falls, SD 57105

**Phone:** (605) 357-8744

**E-Mail Address:** [droconnor@droconnorassociates.com](mailto:droconnor@droconnorassociates.com)

**Internet Address:** [www.droconnorassociates.com](http://www.droconnorassociates.com)

**Hours:** 9:00am - 6:00pm, Monday - Thursday / Fridays, weekends and evenings by appointment

**Fees:** Accepts most insurance, Medicare, and Medicaid

### **Mental Health Professionals:**

Lynda O'Connor-Ohayon, EdD, LP, LMFT

Jeni Rae Peters, MS, LPC-MH

**Services Offered:** Individual, couple, and family therapy available for all ages. Special interests in depression, anxiety, grief, geriatrics, relationship enrichment, and divorce coaching. Adolescent therapy and family issues specialties. Also provides psychological assessments, home studies, custody evaluations and parenting coordination.

## **Evolve Counseling Services, Inc.**

2500 W. 49th Street, Suite 202

Sioux Falls, SD 57105

**Phone:** (605) 275-2030

**Fax:** (605) 275-2031

**E-Mail Address:** [info@evolvesiouxfalls.com](mailto:info@evolvesiouxfalls.com)

**Internet Address:** [www.evolvesiouxfalls.com](http://www.evolvesiouxfalls.com)

**Hours:** 8:00am - 7:00pm, Monday - Friday / occasional Saturdays / All sessions are by appointment only

**Fees:** Accepts insurance, Medicare and Medicaid

**Mental Health Professionals:**

Jessica Snedeker, LPC-MH, QMHP

Lynsey Whaley, MSW, LCSW-PIP, QMHP, LICSW

**Services Offered:** Treatment specializations include: depression, anxiety, panic, Post Traumatic Stress Disorder (PTSD), eating disorders, stress management, chronic pain, unresolved grief and loss, development of coping skills, healing from trauma, problematic eating, social skills development, employment difficulties, personal development, parenting support, identification of life goals, goal attainment, relationship difficulties, conflict resolution skills, adjustment concerns, and addiction and recovery.

**Family Service, Inc.**2210 W. Brown Place  
Sioux Falls, SD 57105**Phone:** (605) 336-1974**E-Mail Address:** fsisd@msn.com**Internet Address:** www.sdfsi.org**Hours:** 8:00am - 6:00pm, Monday, Wednesday / 8:00am - 7:00pm, Tuesday / 8:00am - 8:00pm, Thursday / 8:00am - 5:00pm, Friday**Fees:** Sliding fee scale; accepts insurance, Medicaid, and Medicare**Mental Health Professionals:**

Dan Deal, MA, CCDCIII, SAP

Kathy Lemme, MS, LPC-MH, LMFT, CCDCIII, QMHP

Todd Herrboldt, MSW, CSW-PIP, QMHP

Angie Zirpel, MS, LPC-MH, CCDCIII, SAP

Paul Ritter, MA, MDiv, LPC

Bruce Hansum, LPC

Paula Smykle, MSW, CSW

**Services Offered:** Provides outpatient mental health services including individual, marital, and family counseling. Provides Employee Assistance Program services for employers including mental health, alcohol, and drug counseling. Family Service, Inc. has operated in Sioux Falls for over 50 years and is a United Way Member agency.

**Family Solutions Center**6116 S. Lyncrest Avenue, Suite 101  
Sioux Falls, SD 57108**Phone:** (605) 339-0880**E-Mail Address:** ksazama.fsc@midconetwork.com**Hours:** 9:00am - 6:00pm, Monday - Friday / Evening appointments available**Fees:** \$165 per session; most insurance accepted**Mental Health Professional:**

Kathy J. Sazama, MS, LMFT, QMHP

**Services Offered:** Individual, marital, and family therapy. Particular interest in dealing with women's issues, anxiety, depression, and family business. Also provides services to the rural Freeman, SD area.

**First Step Counseling Services**4320 S. Louise Avenue, Suite 200  
Sioux Falls, SD 57106**Phone:** (605) 361-1505**Fax:** (605) 361-0481**E-Mail Address:** frontdesk@takeyourfirststep.com**Internet Address:** www.takeyourfirststep.com**Hours: Office:** 9:00am - 5:00pm, Monday - Thursday / 9:00am - 4:00pm, Friday / 8:00am - 4:00pm, Saturday**Groups in Session:** 6:00pm - 9:00pm, Monday, Tuesday, Wednesday / 8:00am - 4:00pm, Saturday**Fees:** Fixed, please call**Mental Health Professionals:**

Lou Ann Tietjen, CCDCIII

Brenda Grimm, CDCT

Marcene Tingle, CDCT

**Services Offered:** Full range of services for chemical dependency and treatment services. Information, referral and education intervention. Education intervention services include an eight, twelve and sixteen hour intervention, twenty-four hour intensive intervention, fifty-four hour intensive outpatient treatment and aftercare.

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## **Four Directions Counseling, Inc.**

315 N. Main Avenue, Suite 201

Sioux Falls, SD 57104

**Phone:** (605) 359-5709

**Fax:** (605) 274-2505

**E-Mail Address:** kb.fourdirections@gmail.com

**Hours:** Flexible / Evenings and Saturdays by appointment

**Fees:** Sliding fee scale, contracts, accepts Medicaid

### **Mental Health Professionals:**

Penny Virchow, MS, NCC, LPC-MH, QMHP

Kelly Bass, MSW, CSW-PIP, QMHP, ACS, LGSW

Jessie Park, MA, NCC

Brandi Brintall, MS, NCC, LPC-MH

Bobbie Jacobs, MSW

**Services Offered:** Specializes in the assessment and therapy for children, youth and families involved in forensic settings such as the court system and child welfare. Services are provided throughout the community including the office, school and home setting. Supervision, consultation, and training available for social workers, counselors and organizations on developing and providing effective treatment and services within forensic settings.

## **Friest, Eileen**

922 S. 3rd Avenue

Sioux Falls, SD 57104

**Phone:** (605) 254-6611

**E-Mail Address:** eileenfriest@yahoo.com

**Hours:** Vary; Appointments available Monday - Saturday including evenings

**Fees:** Sliding fee scale, income based; accepts some insurance

### **Mental Health Professional:**

Eileen Friest, MS, LPC

**Services Offered:** Offers individual, couples and family therapy counseling. Special interest in working with the lesbian, gay, bi-sexual, and transgender communities, but also receptive to anyone, no matter what their sexual orientation, sex, race, or religion. Concerns addressed are depression, self-esteem, relationship issues, stress, losses, challenging behaviors and abuse.

## **From a Woman's Perspective**

111 W. 39th Street

Sioux Falls, SD 57105

**Phone:** (605) 339-7190

**E-Mail Address:** drann@womanspsych.com

**Internet Address:** www.womanspsych.com

**Hours:** By appointment

**Fees:** Accepts insurance, Medicare, and Medicaid

### **Mental Health Professional:**

Ann McClenahan, EdD, LP

**Services Offered:** Counseling psychology services including anxiety, stress, depression, grief, marital therapy, psychological evaluations, attention deficit disorder, women's issues, and parenting skills.

## **Glory House, The**

4000 S. West Avenue

Sioux Falls, SD 57109

**Mailing Address:** PO Box 88145, Sioux Falls, SD 57109

**Phone:** (605) 332-3273

**E-Mail Address:** ndvorak@glory-house.org

**Internet Address:** www.glory-house.org

**Hours:** 24 hours a day / 7 days a week

**Fees:** Vary according to services



**Mental Health Professionals:**

T.R. Maves, MS, LPC, CCDCIII  
 Dave Johnson, MS, LPC  
 Jenni Busse, MS, CDCT

Jennifer Lovik, MS, NCC, LPC, CCDCIII  
 Amy Ryan, MS, NCC, LPC, CCDCIII  
 Chris Burbak, MA CDCT

**Services Offered:** Services included both residential as well as outpatient. Individual, couples, and family counseling, assessments, Moral Recognition Therapy, Corrective Thinking, Coping Skills, Healthy Relationships, Transitional Skills, Parenting, Happiness and Healing as well as Accepting Change. Chemical Dependency Services: aftercare; Red Road; relapse prevention; intensive outpatient treatment for methamphetamine use, alcohol and other drugs, and Native Americans. Mental Health Services: assessments, individual and group sessions. The group therapy addresses both concurrent mental health conditions and chemical dependency.

**Gorman, Stacy, LLC**

2121 W. 63rd Place, Suite 100  
 Sioux Falls, SD 57108

**Phone:** (605) 940-6422

**Fax:** (605) 373-9218

**E-Mail Address:** stacyrgorman@hotmail.com

**Internet Address:** www.stacygormancounseling.com

**Hours:** Monday - Friday/ day and evening hours available by appointment

**Fees:** Accepts insurance and Medicaid; sliding fee scale available

**Mental Health Professional:**

Stacy Gorman, MS, LPC-MH, CCDCIII, QMHP, NCC

**Services Provided:** Chemical dependency assessments; substance abuse and dependence counseling; individual counseling services for adolescents and adults dealing with depression, anxiety, social anxiety, adjustment disorders, mood disorders, women's issues, abuse issues, family of origin issues, codependency, self-esteem and self-confidence issues, trauma, self-injury, personality disorders, stress management, and life transitions, parenting issues, couples counseling.

**Great Plains Psychological Services**

4105 S. Carnegie Place  
 Sioux Falls, SD 57106

**Phone:** (605) 323-2345

**E-Mail Address:** gppssf@aol.com

**Internet Address:** www.gppssf.com

**Hours:** 8:00am - 5:00pm, Monday - Friday / Evenings and weekends available by appointment

**Fees:** Vary; will submit insurance

**Mental Health Professionals:**

Stephan Langenfeld, EdD, LP  
 Tara Olson-Larson, MA, LPC-MH  
 Scott Pribyl, EdD, LP  
 Carolyn Roths, MEd, LPC-MH  
 David Sundem, MS, LPC  
 Norma Haan, MSSA, CSW-PIP

Kimberly J. Cournoyer, EdS, LPC-MH  
 Carleen M. Bryant, MS, LPC-MH  
 Richard Whitten, PhD  
 Clint Sperle, MA, LPC-MH  
 Jeff Trammell, MSW, CSW-PIP

**Services Offered:** Provides psychological and neuropsychological evaluations; psychosexual evaluations and treatment; forensic and competency evaluations; pre-surgical psychological evaluations; individual therapy; couples/marital therapy; family therapy; child and adolescent services; group therapy; biofeedback therapy; substance abuse counseling/therapy; adoption home studies; critical incident stress debriefing; and Employee Assistance Program services. Treatment services available for ADHD, anxiety, depression, anger management, stress management, problems with sexuality, physical abuse, sexual abuse, grief/loss issues, oppositional defiant youth, chronic pain, etc.

**Guth, Mary T.**

3610 S. Western Avenue, Suite 2  
 Sioux Falls, SD 57105

**Phone:** (605) 951-8423

**Fax:** (605) 274-1704

**E-Mail Address:** mmgu2@aol.com

**Hours:** Monday - Friday evenings / Saturdays by appointment

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**Fees:** Accepts most private insurance and Medicaid

**Mental Health Professional:**

Mary T. Guth, MS, LPC-MH, LMFT, ACS

**Services Offered:** Individual, marital and family therapy, depression, anxiety, panic disorder, grief and loss issues, sexual abuse, premarital counseling, women's issues and stress management. Coping with cancer diagnosis for patients and family members. Issues with divorce, transitions and parenting concerns. Supervision for LPC-MH, LMFT licensure.

**Hansen-Mayer, Brenda**

2121 W. 63rd Place, #100

Sioux Falls, SD 57108

**Phone:** (605) 373-9330 Ext.227

**Fax:** (605) 373-9218

**E-Mail Address:** [Brenda@bhmtherapy.com](mailto:Brenda@bhmtherapy.com)

**Internet Address:** [www.bhmtherapy.com](http://www.bhmtherapy.com)

**Hours:** Monday - Thursday / Daytime and evening appointments

**Fees:** Accepts insurance and Medicaid

**Mental Health Professional:**

Brenda Hansen-Mayer, LPC-MH, QMHP, CCDCIII, CEAP

**Services Offered:** Provides professional counseling services to individuals, couples and families. See website for further information about Brenda Hansen-Mayer and her services.

**Harp, Tina**

3610 S. Western Avenue, Suite 2

Sioux Falls, SD 57105

**Phone:** (605) 759-1516

**Fax:** (605) 370-6698

**E-Mail Address:** [tina@tinaharp.com](mailto:tina@tinaharp.com)

**Internet Address:** [www.tinaharp.com](http://www.tinaharp.com)

**Hours:** Monday - Friday by appointment

**Fees:** Accepts most private insurances and Medicaid

**Mental Health Professional:**

Tina Harp, MS, QMHP, LPC-MH

**Services Offered:** Individual, adult or adolescent, couples, and family therapy counseling with emphasis in the areas of depression, anxiety, life transitions, PTSD, sexual abuse, and LGBT population.

**Hauck, Stacey**

5800 S. Remington Place, Suite 110

Sioux Falls, SD 57108

**Phone:** (605) 271-9890

**E-Mail Address:** [Stacey@staceylpc.com](mailto:Stacey@staceylpc.com)

**Fees:** Medicaid and most insurances accepted

**Mental Health Professional:**

Stacey Hauck, MS, NCC, LPC-MH, QMHP

**Services Offered:** Confidential and professional individual and family counseling for children, adolescents, and adults. Services offered for depression, anxiety, post-traumatic stress disorder, sexual abuse/incest, domestic violence, behavior problems, separation/divorce, and adjustment disorder.

**Helpline Center**

1000 N. West Avenue, Suite 310

Sioux Falls, SD 57104

**Phone:** Dial 211 or (605) 339-4357

**Suicide Crisis and Support Services:** 1-800-273-TALK (8255)

**E-Mail Address:** [help@helplinecenter.org](mailto:help@helplinecenter.org)

**Internet Address:** [www.helplinecenter.org](http://www.helplinecenter.org)

**Hours:** 24 hours a day / 7 days a week

**Fees:** None

**Mental Health Professionals:**

Janet Kittams-Lalley, MA, LPC

Staffed by paid professionals who have completed extensive crisis intervention training

**Services Offered:** The Helpline Center offers a 24-hour crisis, information, and listening /support telephone line. The Helpline Center maintains a comprehensive listing of social service, non-profit, and governmental programs from which referrals can be made. The Helpline Center is accredited by the Alliance of Information and Referral Systems and the American Association of Suicidology.

### **Heuermann Counseling Clinic**

2210 W. Brown Place

Sioux Falls, SD 57105

**Phone:** (605) 336-1974

**Internet Address:** fsisd.org

**Hours:** 8:00am - 6:00pm, Monday - Friday

**Fees:** None to those who qualify financially

#### **Mental Health Professionals:**

Counseling is provided by mental health professionals with a masters degree or higher who volunteer their time

Kathleen Christensen, PsyD, LP, LMFT

Paul Ritter, MA, MDiv, LPC

Robin Duncan, MA

Roxy Grogan, MA

Joan Huber, MA

Monica Jerke, MA

Paula Smykle, MSW, CSW

**Services Offered:** Individual, family, and marriage therapy.

### **Hohm, Ellen, LLC**

4410 S. Tennis Lane

Sioux Falls, SD 57106

**Phone:** (605) 361-4403

**E-Mail:** ellenhohm4@gmail.com

**Hours:** Days and evenings by appointment

**Fees:** Accepts most insurances, Medicaid; sliding scale fees provided

#### **Mental Health Professional:**

Ellen Hohm, MS, LPC-MH, QMHP

**Services Provided:** Counseling for adolescents, adults, couples, and families. Specialties include depression, grief, anxiety, PTSD, abuse issues, ADHD, men's issues, women's issues, parenting skills, sexuality issues, addiction, anger management, and premarital therapy. Focus on a healthy mind, body, and spirit.

### **Integrative Wellness**

5000 S. Minnesota Avenue, Suite 200

Sioux Falls, SD 57108

**Phone:** (605) 271-1348

**Fax:** (605) 610-1477

**E-Mail Address:** integrativewellness@midconetwork.com

**Internet Address:** integrativewellnesssd.com

**Hours:** Day and evening hours vary by therapist

**Fees:** Accepts Medicaid, Medicare, most insurances and private pay

#### **Mental Health Professionals:**

Jeanne Bunkers, MSW, LCSW-PIP

Jennifer Gleason-Wilson, LPC

Christine Ellis, MSW, LCSW-PIP

Kerry Schmitzer, LPC-MH

Carl Schmitzer, MSW, LCSW-PIP

Myra Eben, LPC

Michelle VanDenHul, MSW, LCSW-PIP

**Services Provided:** Individual (adults, adolescents and children), marital and family therapy covering topics such as depression, anxiety, grief and loss, addictions, trauma and abuse, family of origin, geriatrics, play therapy, parenting, ADD/ADHD, blended family issues, and divorce. Serving everyday people with everyday problems.

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## **Kannan Clinic, P.C.**

6709 S. Minnesota Avenue, Suite 202

Sioux Falls, SD 57108

**Phone:** (605) 271-3900

**Fax:** (605) 271-3902

**Hours:** 8:00am - 5:00pm, Monday - Friday

**Fees:** Accepts private insurance and Medicare

### **Mental Health Professional:**

Hari D. Kannan, MD

**Services Offered:** Kannan Clinic, P.C. is a non-hospital owned or affiliated clinic that specializes in psychiatric assessment, treatment and management for adult and geriatric patients. Dr. Kannan is a biologically-oriented psychiatrist whose expertise includes the management of a broad spectrum of mental illnesses including depressive/bipolar disorder, Alzheimer's disease and other dementias, anxiety and panic attacks, obsessive-compulsive disorders, schizophrenia/thought disorders, and other psychiatric conditions.

## **KeySolutions Employee Assistance Program (EAP)**

7511 S. Louise Avenue

Sioux Falls, SD 57108

**Phone:** (605) 334-5850 or 1-888-450-7844

**E-Mail Address:** [keysolutionseap@crchealth.com](mailto:keysolutionseap@crchealth.com)

**Internet Address:** [www.keysolutionseap.com](http://www.keysolutionseap.com)

**Hours:** 8:00am - 5:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday / Phone answered 24 hours a day

### **Mental Health Professionals:**

Tim Heerts, MA, LMFT, LPC, CEAP

Lori Williamson, MA, LMFT, CCDCIII, QMHP, CEAP

Robyn Stemper, MS, LPC, CDCT

**Services Offered:** Designed to assist employers with employees who may be suffering from personal problems that interfere with a productive life at home or at work. By assisting employees who may be having personal problems, it is possible to return them to a satisfactory job performance level. Supervisory skills training, mediation, chemical dependency and intervention services also provided. KeySolutions Employee Assistance Program is directed by a Certified Employee Assistance Professional. KeySolutions is affiliated with Keystone Treatment Center.

## **Keystone Treatment Center (Inpatient)**

1010 E. Second Street

Canton, SD 57013

**Mailing Address:** PO Box 159 Canton, SD 57103

**Phone:** (605) 987-2751 or 1-800-992-1921

**E-Mail Address:** [cregier@crchealth.com](mailto:cregier@crchealth.com)

**Internet Address:** [www.keystonetreatment.com](http://www.keystonetreatment.com)

**Hours:** Telephone answered 24 hours a day / 7 days a week

**Fees:** Call for information

### **Mental Health Professionals:**

Carol Reiger, RN, CCDCIII

Robert Perkinson, PhD, CCDCIII, NCGC

E.R. Regier, MD

Luther Hegland, MD, *Psychiatrist, Addictionologist*

Gary Dickinson, PhD

Deb Swenson, LPC, CCDCIII

Robert Bogue, CCDCIII, CCSII

Christy Alten, MS, NCC, CCDCIII

**Services Offered:** Inpatient alcohol, drug, and gambling treatment with separate programs for adults and adolescents. Accredited by CARF and licensed by the State of South Dakota. Treatment services for detox, dual diagnosis, cognitive disorders (such as FAE/FAS), gambling, methamphetamine, substance abuse and inhalant abuse. Specialized Native American tract available. Nursing care provided 24 hours a day.

## **Keystone Treatment Center (Outpatient)**

7511 S. Louise Avenue, Suite 100

Sioux Falls, SD 57108

**Phone:** (605) 335-1820

**E-Mail Address:** [rbrown@crchealth.com](mailto:rbrown@crchealth.com)

**Internet Address:** [www.keystonetreatment.com](http://www.keystonetreatment.com)

**Hours:** 8:00am - 6:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday / Phones answered 24 hours a day

**Fees:** Call for information

**Mental Health Professionals:**

E.R. Regier, MD

Bob Brown, CCDCII, SAP

Robert Perkinson, PhD, CCDCIII, NCGC

**Services Offered:** Day and evening intensive outpatient treatment for alcohol, drug, and gambling, with separate programs for adults and adolescents. DUI class and Adolescent Prevention Program also provided. Licensed by the State of South Dakota and accredited by CARF. Individual, couples, family, and group therapy provided.

**Knapp Counseling & Associates**

2121 W. 63rd Place, Suite 100

Sioux Falls, SD 57108

**Phone:** (605) 373-9330

**Fax:** (605) 373-9218

**Hours:** 9:00am - 5:00pm, Monday - Friday / Evenings and some Saturday mornings available by appointment

**Fees:** Sliding fee scale; most insurances accepted

**Mental Health Professionals:**

Susanne Nelson, MSW, CSW-PIP

Tandra Steskal-Baker, LPC-MH, QMHP, CCDCIII, TFTdx

Christine Knapp, CSW-PIP

Stacy Gorman, MS, LPC-MH, NCC, QMHP, CCDCIII

Stacy Dixon, LMFT, QMHP

Brenda Hansen-Mayer, LPC-MH, QMHP, CCDCIII

Jari Johnson, MA, LMFT, QMHP

Diane Johnson-Mitchel, LPC-MH, QMHP

Amber Chan, MS, LPC-MH, NCC

Shanna Moke, MA, CFLE

Stacy Schepel, CSW-PIP

**Services Offered:** Individual, marital, and family therapy. Women's issues, abuse, aging, loss, depression, PTSD, anxiety, family of origin issues, and transition/adjustment issues. Therapy with children and adolescents, parenting, step-family issues and divorce; ADHD and other behavioral disorders; chemical and behavioral addictions, mood disorders, career/life transition issues, chronic/terminal illness, grief and loss issues. Addiction groups, DBT groups and adult women with childhood sexual abuse issues group.

**Landscapes Counseling & Psychotherapy**

401 E. 8th Street, Suite 200 - H

Sioux Falls, SD 57103

**Phone:** (605) 695-7913

**E-Mail Address:** [tricia@landscapescounseling.com](mailto:tricia@landscapescounseling.com)

**Internet Address:** [www.landscapescounseling.com](http://www.landscapescounseling.com)

**Mental Health Professional:**

Tricia Andor, MA, LPC, EMDR *certified*

**Services Offered:** Provides adult outpatient counseling services for anxiety, perfectionism, assertiveness, stressful lifestyles, life transitions, codependency, relationship challenges, workplace challenges, depression, Christian counseling, and premarital counseling. Specializes in sexual abuse recovery for adults.

**Lighting A New Way Counseling Services**

5201 S. Western Avenue, Suite 105

Sioux Falls, SD 57108

**Phone:** (605) 361-0114

**Fax:** (605) 332-1723

**Internet Address:** [lightinganewway.com](http://lightinganewway.com)

**Hours:** Monday - Friday / Some evenings available

**Fees:** Comparable rates; insurance and Medicaid accepted

**Mental Health Professionals:**

Kristine Weires, LCSW-PIP

Lisa Stellinga, MS, QMHP, LPC-MH, CCDCIII

**Services Offered:** Specialties include depression, marital, anxiety and family and attachment coaching (post-adoption).

# 2013 Sioux Falls Mental Health Resource Guide

## **Lutheran Social Services - Sioux Falls Area Counseling Center**

705 E. 41st Street, Suite 100

Sioux Falls, SD 57105

**Phone:** (605) 357-0131 or 1-800-568-2401

**E-Mail Address:** mel.harrington@lsssd.org

**Internet Address:** www.lsssd.org

**Hours:** 8:00am - 9:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday

**Fees:** Sliding fee scale based on household annual gross income

### **Mental Health Professionals:**

Mel Harrington, CSW-PIP

Mavis Gehant, MSW, CSW-PIP

Colleen Brazil, MSW, CSW-PIP

Sarah Alexander, MSW, CSW-PIP

Sarah White-Young, MSW, CSW-PIP

Larry Ling, MSW, CSW-PIP

John Korkow, CCDCIII

Chad Neilson, CCDCIII

Melissa Hemmestad, MS-LPC, CCDCIII

Scott Moeller, MS, LPC-MH, LMFT

Colleen Miller, MS, LPC, LMFT

Linda Logan, MA, LPC-MH

Sara Spisak, MS, NCC, LPC

Linda Cimpl, MS, NCC

Amy Roth, MS, LPC

**Services Offered:** Provides individual, couple, and family counseling to assist children and adults in dealing with life challenges. Spanish bilingual individual counseling also available. Provides Employee Assistance counseling services, addiction assessments, educational and therapy groups including anger management groups for young men and adults, youth violence offender groups, child custody evaluations, mediation services, and critical incident stress debriefings. Offers a community service educational group for youth regarding shoplifting called "Hands Off!" as well as Consumer Credit Counseling Services. Additional offices located in Mitchell and Brookings.

## **Maass, Ronda J.**

5201 S. Western Avenue, Suite 104

Sioux Falls, SD 57108

**Phone:** (605) 275-0075

**Fax:** (605) 231-4252

**E-Mail Address:** rondam@sio.midco.net

**Internet Address:** www.rondamaass.com

**Hours:** Monday - Friday / Day as well as evening hours available by appointment

**Fees:** Most insurance, private pay, EAP's and SD Medicaid are accepted

### **Mental Health Professional:**

Ronda J. Maass, MA, NCC, LPC-MH, QMHP

**Services Offered:** Providing individual and family counseling for children, adolescents, and adults. Areas of care include: grief, women's issues throughout the lifespan, injury and illness, spiritual counseling, parenting, anger management, blended families, work issues anxiety and depression.

## **Mental Health Associates**

3208 E. 26th Street

Sioux Falls, SD 57103

**Phone:** (605) 339-6949

**Hours:** 10:00am - 6:00pm, Tuesday / 10:00am - 6:00pm, Wednesday / 9:00am - 7:00pm, Thursday / Other times available by special arrangement

**Fees:** \$130.00 per hour; most insurance accepted

### **Mental Health Professional:**

Richard Seaman, MEd, LPC, LMFT

**Services Offered:** Individual and family therapy for depression, anxiety, grief and loss, divorce adjustment, life transitions, stepfamilies, aging, stress management, business/church consultation, carepartners, and relationship issues.

## **NAMI South Dakota**

PO Box 88808

Sioux Falls, SD 57109

**Phone:** 1-800-551-2531

**E-Mail Address:** namisd@midconetwork.com**Internet Address:** www.nami.org/sites/NAMISouthDakota

**Services Offered:** Offers practical support, useful education and understanding to people who are living and coping with brain based diseases. There are nine local affiliate groups located across the state. The NAMI Family-to-Family Education Program is a free 12-week course for family caregivers of individuals with severe brain disorders (mental illnesses). NAMI Connection is a free weekly support group for adults who have a mental illness. In Our Own Voice is a free educational presentation for civic groups, schools, etc. given by persons who have a lived experience with mental illness.

**Neuropsychology Consultants, LLC**

1500 W. 51st Street, Suite 105

Sioux Falls, SD 57105

**Phone:** (605) 271-4492**E-Mail Address:** office@neuropsychconsultants.com**Internet Address:** www.neuropsychconsultants.com**Hours:** 8:00am - 5:00pm, Monday - Friday / By appointment**Fees:** Accepts most insurance, Medicare, and Medicaid**Mental Health Professional:**

Michael McGrath, PhD

**Services Offered:** Specializing in neuropsychological and psychological assessment. Special interests in geriatrics, head injury, and forensics. Provides psychotherapy/psycho-education to individuals and families dealing with physical/neurological illnesses and injuries as well as psychological and emotional difficulties.

**New Day Counseling Services, LLC**

1320 E. Rushmore Drive, Suite 107

Brandon, SD 57005

**Phone:** (605) 582-7418**E-Mail Address:** newday@alliancecom.net**Internet Address:** www.newdaysd.com**Hours:** Flexible / Evenings and Saturdays available by appointment**Fees:** Accepts insurance and Medicaid**Mental Health Professional:**

Kara L. Williams, MS, LPC-MH, QMHP

**Services Offered:** Offers client-centered and cognitive-behavioral counseling for children, teens, adults, and families. For children, play-therapy addresses many issues: physical/sexual abuse, grief/loss, anxiety, depression, recovery from traumatic events, divorce, and foster/adoptive situations. Individual and family counseling for children and teens addresses behavior disorders, family and relationship issues, parenting concerns, substance abuse, eating disorders, self-harming behaviors, chronic mental illness, anxiety, depression, and self-esteem. Flexible scheduling allows for sessions to be held in the office, home or other community settings.

**Pathway Counseling**

1312 S. Bahnson Avenue

Sioux Falls, SD 57105

**Phone:** (605) 521-8923**E-Mail Address:** jannorby@centurylink.net**Internet Address:** pathwaycounseling.net**Hours:** Call for an appointment**Fees:** Sliding fee scale, some insurance accepted**Mental Health Professional:**

Jan Norby, MAEd, MAMFT, LPC

**Services Offered:** Individual and family therapy. Women's issues, abuse, loss, depression, anxiety, family of origin issues, transitions and spiritual issues.

**Phillips Mental Health Services**

5010 S. Minnesota Avenue, Suite 200

Sioux Falls, SD 57108

**Phone:** (605) 274-1944**Fax:** (605) 274-1945

# 2013 Sioux Falls Mental Health Resource Guide

**E-Mail Address:** [cphillips.pmhs@midconetwork.com](mailto:cphillips.pmhs@midconetwork.com) **Internet Address:** [www.phillipsmentalhealth.com](http://www.phillipsmentalhealth.com)

**Hours:** 9:00am - 5:30pm, Monday - Friday / Evenings and weekends by appointment

**Fees:** Accepts most insurance, SD Medicaid

**Mental Health Professional:**

Connie Fritz-Phillips, MS, NCC, LPC-MH, QMHP, CCDCIII

**Services Offered:** Mental health and addiction recovery services are provided to children, adolescents, adults, couples, and families. Treatment services offered for depression, addiction, anxiety, parent-child conflicts, behavior problems, ADHD, Asperger's, ODD, adjustment disorders, OCD, PTSD, grief, separation/divorce, couples and family issues, social skills training, stress management and anger management. Services include mental health assessments/screenings, cognitive behavior therapy, behavior modification and play therapy. Court approved alcohol and drug screenings/assessments are available including individual 1st offender DUI education, intensive outpatient services and aftercare. Groups Offered: Social Skills "R" Us group to children and adolescents and Women's Issues - Finding Balance In Your Life.

**Prairie View Prevention Services**

822 E. 41st Street, Suite 235

Sioux Falls, SD 57105

**Phone:** (605) 331-5724

**E-Mail Address:** [pvps@iw.net](mailto:pvps@iw.net)

**Internet Address:** [www.prairieview.net](http://www.prairieview.net)

**Hours:** 8:00am - 5:00pm, Monday - Friday / Evenings and Saturdays by appointment

**Fees:** Services provided at no cost to adolescents and families in contracted school districts; call for more information

**Mental Health Professionals:**

Contact Darcy Jensen, Director, for list of mental health professionals available to provide services

**Services Offered:** Provides alcohol and drug screenings, updates, and assessments. Group, family, and individual sessions focus on alcohol, tobacco, drugs, violence, depression, and eating disorders. Brief therapy with referrals to mental health service providers. Also provides violence threat assessments. Prairie View Prevention's services are only for adolescents.

**Price, Dr. Thomas**

6810 S. Lyncrest Avenue

Sioux Falls, SD 57108

**Phone:** (605) 274-1119

**E-Mail Address:** [drprice@inbox.com](mailto:drprice@inbox.com)

**Internet Address:** [www.drthomasprice.com](http://www.drthomasprice.com)

**Hours:** 8:00am - 6:00pm, Monday / 8:00am - 5:00pm, Tuesday - Friday

**Fees:** Accepts insurance; fees vary with service

**Mental Health Professional:**

Dr. Thomas L. Price, MA, PhD, LP, LPC, LMFT, *Certified School Psychologist, National Certified Psychologist*

**Services Offered:** Practice primarily limited to forensic psychology and psychological evaluations. Criminal legal services include: competency, criminal responsibility, dangerousness, disputed confession, psychosexual, juvenile transfer waiver, review of children's interviews and mitigation. Civil legal assessments include: independent medical evaluation, psychological injury, fitness-for-duty, post offer safety-sensitive employee, guardianship, civil commitment, parental rights termination, child custody, SS disability, certified VAP&C, and testamentary capacity & undue influence (living and deceased testator). Attorney consultation includes: independent review of other MH services, assistance with trial preparation, testimony and second opinion evaluations. Other types of comprehensive clinical psychological evaluations.

**Priority One Resources**

1401 W. 51st Street

Sioux Falls, SD 57105

**Phone:** (605) 336-3691 or 1-800-888-1429

**Fax:** (605) 336-1097

**E-Mail Address:** [n.burger@voa-dakotas.org](mailto:n.burger@voa-dakotas.org)

**Hours:** 9:00am - 5:00pm, Monday - Friday

**Fees:** Contractual fees for managed behavioral healthcare services; EAP clients are free (employer paid) 5-session model; standard fees apply outside of EAP



**Mental Health Professionals:**

Nicole Burger, MA, CCDCIII, LPC, CPS

**Services Offered:** CoCare: managed behavioral healthcare services for client companies. Case management services to Third Party Administrators, insurance coalitions, organizations, and companies. Utilizes the core technology standards adapted from Employee Assistance Professional Association (EAPA). Clinical case management; individual, couple, family, and group therapy are provided; management training; workplace mediation; chemical dependency or other addictions intervention services. Priority One Resources has offices and counselors in Sioux Falls, Chamberlain and Yankton.

**Psychological Solutions of South Dakota, LLC**

TBD

Sioux Falls, SD

**Phone:** (605) 274-1119**Hours:** 8:00am - 5:00pm, Monday - Thursday / Friday, Saturday and evening hours available by appointment**Mental Health Professionals:**

Dr. Ericka Kemper, LP

Dr. Thomas L. Price, MA, PhD, LP, LPC, LMFT, *Certified School Psychologist, National Certified Psychologist*

**Services Offered:** Individual, couples, family, children, and group therapy. Focusing on depression, anxiety/panic, men's and women's issues, grief and loss issues, sexual abuse/rape, PTSD, body image and eating disorders, medical issues, pain management, women's health and pregnancy concerns, anger management, forensic evaluations, child custody evaluations, psychosexual evaluations and violence risk assessment. Assessment and treatment of childhood and adolescent problems and disorders including ADHD and parent-education services.

**Psychotherapy Associates of Sioux Falls**

2210 W. Brown Place

Sioux Falls, SD 57105

**Phone:** (605) 332-1700**E-Mail Address:** marye@sio.midco.net**Internet Address:** www.sdfsi.org**Hours:** 8:00am - 7:00pm, Monday - Friday**Fees:** \$115.00 - \$140.00 per hour; most insurance accepted**Mental Health Professionals:**

Connie Nelson, MA, LPC-MH, CCDCIII

Mary Eggleston, MEd, LPC, LMFT, CCDCIII

**Services Offered:** Individual, couples, and family therapy is provided for children, adolescents, and adults. Specialties include the treatment of depression, anxiety, loss, grief, eating disorders, survivors of sexual abuse, family of origin issues, aging, sexual harassment, addictions of all kinds, and PTSD. Psychodrama and EMDR treatments are available.

**Restoration Treatment Services**

225 E. 11th Street, Suite 206

Sioux Falls, SD 57104

**Phone:** (605) 271-7712**Fax:** (605) 274-1557**E-Mail Address:** info@restoredtonewlifeservices.com **Internet Address:** www.restoredtonewlifeservices.com**Hours:** 9:00am - 9:00pm, Monday - Thursday / 9:00am - 7:00pm, Friday**Fees:** Payment arrangements; sliding fee scale**Mental Health Professional:**

Johnny Ray, CCDCII

**Services Offered:** Restored To New Life Services is an outpatient treatment provider that offers chemical dependency evaluations, early intervention services, outpatient treatment and aftercare services with individual counseling. Alcohol/drug testing and SCRAM monitoring also available. Also an ATR (Access To Recovery) provider which means any person of Native American descent that lives in SD, ND, NE or IA can receive treatment services at a "low to no cost".

# 2013 Sioux Falls Mental Health Resource Guide

## **Ritzman Counseling Services**

5800 S. Remington Place, Suite 110

Sioux Falls, SD 57108

**Phone:** (605) 274-1574

**Fax:** (605) 271-1395

**E-Mail Address:** kellylpc@sio.midco.net

**Hours:** 8:00am - 7:00pm, Monday - Friday / Some Saturday appointments available

**Fees:** Accepts most insurance, and Medicaid; sliding fee available

### **Mental Health Professional:**

Kelly Ritzman-Schlimgen, MS, NCC, RPT, LPC-MH, QMHP

**Services Offered:** Individual, family and couples counseling. Children, adolescents, and adults served. Specialties include depression, anxiety, play therapy, and trauma/abuse.

## **Rysdon, Bobbi (Barbara)**

5201 S. Western Avenue, Suite 105

Sioux Falls, SD 57108

**Phone:** (605) 359-9005

**E-Mail Address:** bobbi@lightinganewway.com

**Hours:** 9:00am - 5:00pm, Tuesday, Wednesday, Thursday / 9:00am - 3:00pm, Friday

**Fees:** Sliding fee scale provided; accepts most insurances

### **Mental Health Professional:**

Bobbi Rysdon, RN, LMFT, QMHP

**Services Offered:** Depression, anxiety, adjustment disorders, grief/loss issues, women's issues, abuse issues, marital, couples and blended family conflicts, and anger management for adults. Member of American Association of Christian Counselors, Clinical Member of AAMFT, and an AAMFT Approved Supervisor.

## **Sandbulte, LLC**

2210 W. Brown Place

Sioux Falls, SD 57105

**Phone:** (605) 332-1700

**E-Mail Address:** fsisd@msn.com

**Internet Address:** www.fsisd.org

**Hours:** 8:00am - 7:00pm, Monday - Friday

**Fees:** \$115.00 - \$120.00 per hour; most insurance accepted

### **Mental Health Professional:**

Shelley L. Sandbulte, EdD, LP

**Services Offered:** Individual, and family therapy is provided for adolescents, and adults. Specialties include the treatment of depression, anxiety, loss, grief, eating disorders, survivors of sexual abuse, family of origin issues, aging, sexual harassment, addictions of all kinds, and PTSD. EMDR treatments are available.

## **Sanford Clinic Behavioral Health**

1621 S. Minnesota Avenue

Sioux Falls, SD 57105

**Phone:** (605) 328-4700

**Fax:** (605) 328-4702

**Internet Address:** www.sanfordhealth.org

**Hours:** 8:00am - 5:00pm, Monday - Friday

**Fees:** Accepts insurance, Medicare, and Medicaid

### **Mental Health Professionals:**

David Ermer, MD

Linda Kauker, PA-C

Steven Cochran, MD

Rachelle Broveleit, PA-C

Rajesh Singh, MD

James Wick, EdD

Becky Palugyay, MSW, CSW-PIP

Rhonda Smith, EdD

**Services Offered:** Individualized treatment including psychiatric and psychological evaluations; individual, couple, and family therapy. Treatment services for children, adolescents, adults, and seniors include but are not limited to: anxiety

disorders, mood disorders, personality disorders, somatization disorders, psychosexual disorders, schizophrenia, post-traumatic stress disorders, abuse issues, eating disorders, addictions, dementia, grief and loss, stress management, executive health, and the evaluation and treatment of childhood emotional and behavioral disorders including Attention Deficit/Hyperactive Disorders.

**Additional Location:**

Sanford 34th and Kiwanis Family Medicine  
2701 S. Kiwanis Avenue  
Sioux Falls SD, 57105

**Phone:** (605) 328-4700 (scheduling)

**Mental Health Professional:**

Danhong Zhao, MD

**Sanford Women's**

5019 S. Western Avenue, Suite 200  
Sioux Falls, SD 57108

**Phone:** (605) 328-9700

**E-Mail Address:** [karla.harmon@sanfordhealth.org](mailto:karla.harmon@sanfordhealth.org)      **Internet Address:** [womens.sanfordhealth.org](http://womens.sanfordhealth.org)

**Hours:** 7:00am - 7:00pm, Monday - Thursday / 7:00am - 5:00pm, Friday

**Fees:** Accepts insurance; Sanford EAP provider

**Mental Health Professionals:**

Susan Eleeson, PhD

Karla Harmon, CSW-PIP, QMHP

**Services Offered:** Adult and couples therapy; specialties in post partum emotional response continuum, depression, anxiety, life changes, and adjustments.

**Additional Location:**

Medical Building 3  
1500 W. 22nd Street, Suite 301  
Sioux Falls, SD 57105

**Phone:** (605) 328-7700

**Sioux Empire Christian Counseling, Inc.**

2000 S. Sycamore Avenue, Suite 101  
Sioux Falls, SD 57110

**Phone:** (605) 271-0261

**Fax:** (605) 271-0263

**E-Mail Address:** [tonyboer.secc@midconetwork.com](mailto:tonyboer.secc@midconetwork.com)      **Internet Address:** [www.siouxempirechristiancounseling.com](http://www.siouxempirechristiancounseling.com)

**Hours:** 8:00am - 8:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday

**Fees:** \$115.00 per hour; most insurance and Medicaid accepted

**Mental Health Professionals:**

Tony Boer, MSW, CSW-PIP, QMHP

Ken Smith, MA, LPC

Jane Webster, LPC-MH

**Services Offered:** Children's, adult, individual, marital, and family counseling. Experience in ADHD, Asperger's disorder, depression, anxiety, marital therapy, divorce adjustment, spiritual issues, step-families, affairs, past abuse, pre-marital counseling, court evaluations, ABEL sexual interest assessments, and treatment groups.

**Sioux Falls Psychological Services**

2109 S. Norton Avenue  
Sioux Falls, SD 57105

**Phone:** (605) 334-2696

**Fax:** (605) 339-9944

**E-Mail Address:** [sfpsi@sfseminary.edu](mailto:sfpsi@sfseminary.edu)

**Internet Address:** [www.sfpsi.org](http://www.sfpsi.org)

**Hours:** 8:00am - 8:00pm, Monday - Thursday / 8:00am - 12:00pm, Friday

**Fees:** For service rendered; also accepts insurance, Medicare, and SD Medicaid

# 2013 Sioux Falls Mental Health Resource Guide

## **Mental Health Professionals:**

Ann Marie Rossing, MA, LMFT, QMHP  
Stephanie Strickland, MDiv, MFT, RN  
Del Donaldson, DMin, LMFT, QMHP  
Douglas L. Anderson, PsyD, LMFT  
Anne Dilenschneider, PhD, DMin  
Pam Beck, MA, LMFT, QMHP  
Jennifer Helkenn, PhD  
Robin Duncan, PhD  
Kristi Miller, MS, LPC-MH, Certified Therapy (R) Therapist, QMHP

Michael Wheaton, MA, LMFT, QMHP  
Brian Eclov, MS, EdS, LPC, NCC  
Gretchen Hartmann, MA, LMFT  
Kimberly Belben, MA, MFT  
Dee Wacker, RN, MA, LPC  
Rachael Anderson, MA  
Sara Kuehler, MA  
Megan Miller, MA

**Services Offered:** A full range of psychological services including individual, marital, and family therapy to children and adults. Psychological testing is available.

## **Sioux Falls VA (Department of Veteran Affairs) Health Care System**

2501 W. 22nd Street

Sioux Falls, SD 57117

**Mailing Address:** PO Box 5046, Sioux Falls, SD 57109

**Phone:** (605) 336-3230

**Hours:** 8:00am - 4:30pm, Monday - Friday / 24-hour emergency services

**Fees:** No fees to eligible veterans; eligibility must be established before treatment services can be offered

## **Mental Health Professionals:**

Board Certified Psychiatrists	Clinical Social Workers
Clinical and Counseling Psychologists	Addiction Therapists
Psychiatric Nurses and Case Managers	

**Services Offered:** Provides a variety of services to eligible veterans that include an addictions treatment program, inpatient services, outpatient mental health, psychiatry primary care, and smoking cessation. Also provides specialized services for patients with Post-Traumatic Stress Disorder (PTSD).

## **Sorenson, Dianna Spies**

4608 S. Briarwood Avenue

Sioux Falls, SD 57103

**Phone:** (605) 332-7601

**E-Mail Address:** drdianna@sio.midco.net

**Hours:** Variable upon request including evenings and weekends

**Fees:** Variable depending on services

## **Mental Health Professional:**

Dianna Spies Sorenson, PhD, RN, CNS

**Services Offered:** Individual, group, and family therapy including: treatment of post-traumatic childbirth experiences, conflict resolution, problem solving, interpersonal communication and healthy relationships, crisis intervention, self-esteem/self-perception, eating disorders, depression, anxiety, parenting, step-families, health promotion and illness prevention, stress management and biofeedback, life transitions, developmental changes, and addictive processes. Experience working as a case manager to assist clients to work within and between health care providers and health care systems.

## **South Dakota Urban Indian Health**

711 N. Lake Avenue

Sioux Falls, SD 57104

**Phone:** (605) 339-0420

**Internet Address:** www.sduih.org

**Hours:** 8:00am - 5:00pm, Monday - Friday

**Fees:** Insurance is accepted; if not available, payment will be based on the individual's ability to pay

**Mental Health Professionals:**

Justin L. Falon, MS, LPC-MH, QMHP

Marilee Johnson-Geary, MA, LPC-MH, QMHP, CCDCIII, NCC

Patricia LaVelle, EdS, LPC-MH, LMFT, QMHP

**Services Offered:** Individual, family, couples, and group therapy for children and adults. Substance abuse counseling, individual aftercare, and treatment needs assessments are also offered. Beyond Trauma group offered.

**Southeastern Behavioral HealthCare - Community Support Services (formerly 5<sup>th</sup> Street Connection)**

100 W. 5th Street

Sioux Falls, SD 57104

**Mailing Address:** 2000 S. Summit Sioux Falls, SD 57105

**Phone:** (605) 336-0503

**Fax:** (605) 335-0973

**Internet Address:** www.southeasternbh.org

**Hours:** 8:00am - 5:00pm, Monday - Friday

**Fees:** Fees for services based on availability of funding and type of service

**Mental Health Professionals:**

William C. Fuller, MD

Karen Chesley, MSW, LCSW-PIP, QMHP

Christopher Hanley, MD

Diane Cogley, LCSW-PIP, LMFT, QMHP

April Bolton, MA, NCC, LPC

Ann Mack, MS, LPC, CRC

Paul Frazier, MD

**Services Offered:** A full range of treatment and rehabilitation services for adults with severe, mental illness. The goal of which is to prevent hospitalization and to provide support and education, which in turn promote optimal levels of independence in living and working in the community. Services include psychiatric and medication management services, case management, supportive counseling, assisted living, psychological rehabilitation, vocational services, homeless outreach program, and IMPACT (Individualized Mobile Program for Assertive Community Treatment) services.

**Southeastern Behavioral HealthCare - Counseling and Children's Services**

2000 S. Summit Avenue

Sioux Falls, SD 57105

**Phone:** (605) 336-0510

**Internet Address:** www.southeasternbh.org

**Hours:** 8:00am - 8:00pm, Monday / 8:00am - 6:00pm, Tuesday - Thursday / 8:00am - 12:00pm, Friday

**Fees:** Based on family income; private insurance, Medicaid, and Medicare accepted

**Mental Health Professionals:**

David J. Ermer, MD

Matthew Wolthuisen, MA, LPC-MH, QMHP, NCC

Shawn VanGerpen, MD

Nicole Velgersdyke, MS, NCC, LPC, QMHP, CRC

James Cady, MA, NCC

Diane Cogley, LCSW-PIP, LMFT, QMHP

Dana Irvine, BA, BSW

Rebecca Sather-Durr, MSW, LCSW, PIP

Andrea Eben, MSW, LCSW

Joy Parker, MS, LPC-MH, QMHP, NCC

Sara Thoms, MS, NCC, LPC

Kristy Ekhoﬀ-Speck, MA, LPC, QMHP

Angela Nolz, NCC, LPC, CDCT

Sarah Varilek, MA, NCC, LPC, QMHP

Kristin Hanzlik, PMHRN-BC, LNC

Heidi Jans, MS, NCC, LPC, QMHP

Kris Graham, MS, LPC, QMHP

**Services Offered:** Provides traditional outpatient therapy from masters-level counselors to individuals, families, children, couples, and groups as well as psychiatric evaluations and medication management. Additionally, children's case management/home-based provides a broad range of therapeutic and collaborative services to at-risk children and their families in home, school, and community settings. Specializations in depression, anxiety, grief, parenting issues, attention-deficit hyperactivity disorder, oppositional defiant disorder, stress management, and abuse are noted. Other services include play therapy, Employee Assistance Programs, and educational presentations. CCS serves Lincoln, Turner, McCook, and Minnehaha counties.

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## **Sozo Counseling Care, Inc.**

Located in Destiny Family Medical Clinic  
2701 S. Minnesota Avenue, Suite 3  
Sioux Falls, SD 57105

**Phone:** (605) 339-3378

**E-Mail Address:** info@sozocounselingcare.com

**Internet Address:** sozocounselingcare.com

**Hours:** Days and evenings by appointment

**Fees:** Sliding fee scale available; Medicaid and most insurance accepted

### **Mental Health Professional:**

Dianne S. Heynen, MS, LPC-MH, BCPC, QMHP, CEAP

**Services Offered:** Individual, couple, family, and group counseling. Focus on Mind-Body-Spirit connection, depression, anxiety, stress, blended families, chronic illness, workplace issues, trauma, grief, post-abortion stress, spiritual/Christian concerns, Eye Movement Desensitization and Reprocessing (EMDR), and inner healing prayer methods. Services offered to adolescents, adults, and seniors. Employee Assistance Program (EAP) services, educational workshops, professional training and development also offered.

## **Steever, Melissa**

2116 S. Minnesota Avenue, Suite 2C  
Sioux Falls, SD 57105

**Phone:** (605) 366-5155

**Fax:** (605) 213-0463

**E-Mail Address:** melissa.steever@hotmail.com

**Hours:** 8:30am - 5:00pm, Monday - Friday / 6:30pm - 9:00pm, Monday, Wednesday, Thursday

**Fees:** Medicaid and many insurances accepted

### **Mental Health Professional:**

Melissa Steever, MA, LPC-MH, QMHP

**Services Offered:** Individual and family therapy addressing multiple issues: parenting concerns, anxiety, depression, teen issues, teen delinquency, relationship concerns and abuse issues.

## **Stronghold Counseling Services, Inc.**

4300 S. Louise, Suite 201  
Sioux Falls, SD 57106

**Phone:** (605) 334-7713

**E-Mail Address:** info@strongholdcounseling.com

**Internet Address:** www.strongholdcounseling.com

**Hours:** 9:00am - 8:00pm, Monday - Thursday / 8:00am - 12:00pm, Friday / By appointment, Saturday

**Fees:** Arranged with individual therapist; insurance claims filed

### **Mental Health Professionals:**

Kristiana Benson, MA, LMFT, QMHP

Nick Buus, MA, LMFT, QMHP

Earl Witt, MA, LMFT, QMHP

Jan Sanford, MA, LPC-MH, QMHP

Amanda Briggs, MSW, CSW-PIP

Kerry Ford, MSW, CSW

Eleanor Larsen, MA, LMFT, QMHP, CCDCIII

Jamie C. Chambers, EdD, LP, LMFT, LPC, CCDCIII

Gary Hofman, EdD, LPC-MH, NCC, CCDCIII, QMHP

Linda Mabee, MS, LPC-MH, QMHP, NCC

Marlene Ruff, MA, LPC, LMFT, QMHP

Larry Dancler, MS, LPC-MH, QMHP

**Services Provided:** Assessments and therapy for individuals, groups, families, children, adolescents, and adults. The following concerns are addressed: alcohol abuse/addiction, sexual abuse, spiritual abuse, marriage problems, family problems, adolescent/child adjustment, anxiety, grief, eating disorders, physical abuse, emotional abuse, delinquency problems, parent-child conflicts, stress, depression, spiritual needs, and mid-life issues.

## **Suicide Crisis and Support Services**

1000 N. West Avenue, Suite 310  
Sioux Falls, SD 57104

**Phone:** 1-800-273-TALK (8255) or Dial 211 or (605) 339-4357

**E-Mail Address:** help@helplinecenter.org**Internet Address:** www.helplinecenter.org**Hours:** 24 hours a day / 7 days a week**Fees:** None**Mental Health Professional:**

Lori Montis, MA

**Services Offered:** The Helpline Center provides a variety of suicide and crisis support services. These include providing direct crisis intervention services through the National Suicide Prevention Lifeline (1-800-273-TALK) for the entire state of South Dakota. Other services include suicide prevention trainings, a one hour training to increase awareness and recognize, intervene and refer persons at-risk of suicide (QPR), a two-day suicide intervention skills training (ASIST), and an exploration session to help mobilize a community's resolve to help prevent suicide (Suicide TALK). The Helpline Center also provides direct services to survivors of suicide (persons who have lost a loved one to suicide). These services include a nine-week class, a monthly support group, a newsletter, informational packets and an outreach team. The Helpline Center is accredited by the American Association of Suicidology.

**Tallgrass Recovery & Sober Living Homes****Mailing Address:** 2601 S. Minnesota Avenue, Suite 105-378, Sioux Falls, SD 57105-4750**Phone:** (605) 368-5559**E-Mail Address:** jswenson@tallgrassrecovery.org**Internet Address:** www.tallgrassrecovery.org**Hours:** 24 hours a day**Fees:** Call for information**Mental Health Professionals:**

Call for more information regarding licensed/credentialed professionals

**Services Offered:** Residential campus utilizing the Big Book of Alcoholics Anonymous and the way of life contained therein. Self-governing Sober Living Homes that provide a safe living environment in early recovery with continued emphasis on applying the 12-steps of recovery to daily life over a period of 3-12 months. Advocacy of the disease concept by carrying the message to families, businesses, churches, and schools while building alliances with organizations that share our mission of advocacy for and implementation of the 12-step approach to recovery. An alternative to medical treatment models for the recovery of alcoholism and chemical dependency.

**Vet Center**

3200 W. 49th Street

Sioux Falls, SD 57106

**Phone:** (605) 330-4552**E-Mail Address:** brian.wallin@va.gov**Internet Address:** va.gov/rcs/**Hours:** 8:00am - 4:30pm, Monday - Friday / 8:00am - 8:00pm, Tuesday / Or by appointment**Fees:** None**Mental Health Professionals:**

Brian Wallin, MA

Ruth Kaspar, MSW

Nicholas Rinehart, PhD

Orlando George, BA

Morris Patzlaff, LMFT

**Services Offered:** Provides a broad range of counseling, outreach and referral services to veterans and their families in order to help these veterans make a satisfactory post-war readjustment to civilian life. Counseling for combat (wartime) veterans with readjustment issues, PTSD, marriage or family issues, and military sexual assault or harassment. Provides referrals to job searches, veterans benefits, and basic needs.

**Volunteers of America, Dakotas - Heisler Chemical Dependency Treatment Program**

1401 W. 51st Street

Sioux Falls, SD 57105

**Mailing Address:** PO Box 89306, Sioux Falls, SD 57109-9306**Phone:** (605) 334-1414 or 1-800-365-8336**Fax:** (605) 335-3121**E-Mail Address:** c.sandvig@voa-dakotas.org**Internet Address:** www.voa-dakotas.org

# 2013 Sioux Falls Mental Health Resource Guide

**Hours:** Vary, depending on services

**Fees:** Fixed and sliding fee scale depending upon service; funds available for those meeting income guidelines; most insurances accepted

**Mental Health Professionals:**

Cheyenne Drogsvold, CCDCII  
Denis Kronaizl, BSW, CCDCII  
Kelsey Hlebichuck, BS, CDCT  
Carolyn Meyeraan, RN

Chris Sandvig, BA, CCDCII  
Mary Beth Neuroth, AS, CDCT  
Kristi Jacobsma, AA, CCDCII

**Services Offered:** A full continuum of chemical dependency services for youth ages 12 to 18. Services include evaluation and assessments, day treatment, individual and family counseling, intensive outpatient treatment, inpatient treatment, transitional care, and aftercare counseling. Evaluations and assessments for adults are also available. Services for adults include intensive outpatient treatment and aftercare. Training, in-services, and workshops for groups and agencies are also provided.

## Volunteers of America, Dakotas - Lifemarks Counseling & Mediation Services

1401 W. 51st Street  
Sioux Falls, SD 57105

**Mailing Address:** PO Box 89306, Sioux Falls, SD 57109-9306

**Phone:** (605) 332-6128 for appointments or (605) 334-1414 for 24-hour crisis line

**E-Mail Address:** c.knudtson@voa-dakotas.org

**Internet Address:** www.voa-dakotas.org

**Hours:** 8:00am - 8:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday

**Fees:** Sliding fee scale; also accepts insurance, Medicare, and Medicaid

**Mental Health Professionals:**

Bruce S. Fogas, PhD  
Shawn VanGerpen, MD  
Stephan Langenfeld, EdD  
Rajesh Singh, MD  
Gretchen Starnes, MA, LPC

Irina Goubanova, MS  
Darcy Lassegard, MSW, PIP  
Nicole Burger, LPC, CCDCIII  
Laura Phen, Ed.S, LPC-MH

**Services Offered:** Assessments, individual and group counseling for youth, adults, couples, and families on issues involving depression, grief, loss, challenging behaviors, alcohol and drug addiction, abuse, conflict, and crisis situations. Assessment, mediation, family crisis intervention services, custody evaluations, and parent coordination services are also available.

## WellSpring Therapy Center

6901 S. Lyncrest Place, Suite 105  
Sioux Falls, SD 57108

**Phone:** (605) 335-1516

**E-Mail Address:** wellmona@aol.com

**Internet Address:** www.wellspringtherapysf.com

**Hours:** 8:00am - 5:00pm, Monday - Friday / Evenings by appointment

**Fees:** Accepts insurance and private pay

**Mental Health Professionals:**

Ramona Wade, MA, LMFT, QMHP  
Erin Sanford, MA, LPC-MH, QMHP  
Connie Kolbrek, MS, EdS, LPC

Shirley Jones, MSW, CSW-PIP, QMHP  
Roy Conrad, PhD, LPC-MH, RPT, QMHP, NCC

**Services Offered:** Provides individual, couple, and family therapy for the treatment of various family adjustment problems and psychological disorders across the life span including children, adolescents, and adults. Special areas of expertise include: pain management, stress management, complicated grief and loss, spirituality issues, aging challenges, chronic and terminal illness, anxiety, depression, PTSD, play therapy with children, parent education and EMDR therapy.



**Williamson, Lori**

6116 S. LynCrest Avenue, Suite 101

Siox Falls, SD 57108

**Phone:** (605) 214-3454

**Fax:** (605) 271-6912

**E-Mail Address:** lori@loricounseling.com

**Internet Address:** www.loricounseling.com

**Hours:** 2:00pm - 8:00pm, Tuesday / 5:50pm - 8:30pm, Thursday / 9:00am - 2:00pm, Saturday

**Fees:** Sliding scale, accepts some insurance

**Mental Health Professional:**

Lori Williamson, MA, LMFT, QMHP, CCDCIII, CEAP

**Services Offered:** Provides individual, couple and family therapy for depression, anxiety, grief/loss, women's issues, premarital, marital and family conflict and parenting issues. Able to assess for alcohol and chemical dependency issues.



# SUICIDE AWARENESS WALK

Saturday, June 22

All proceeds support local  
suicide prevention and survivor services.

**8:30** A.M.  
Check-In

**9:00** A.M.  
Walk and Run Starts

**Falls Park**  
Sioux Falls, SD

To register: [helplinecenter.org](http://helplinecenter.org) or Dial 2-1-1



connect • prevent • support

*“Making Lives better by giving support, offering hope and creating connections all day every day.”*

## 211 Community Resources

Information, Referral, & Crisis Line • 24 Hours  
Social Services • Government Information • Community Information  
Financial Assistance • Donation Information • Shelter • Food  
Substance Abuse • Crisis Intervention • Counseling • Support Groups • & More

## Child Care Resources

Resources & Referrals for Parents & Providers • Access to Current Child Care Openings • Dial 211

## Volunteer Services

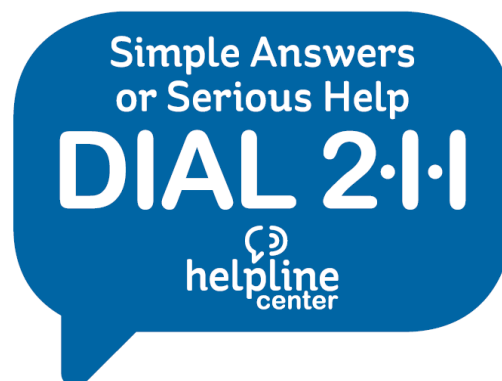
Over 350 Volunteer Opportunities for Families, Groups and Individuals at over 150 Agencies  
Volunteer Solutions Database at [www.helplinecenter.org](http://www.helplinecenter.org) • Dial 211 for personalized assistance  
• Serve & Learn Student Association (SALSA)

## Suicide and Crisis and Support

1-800-273-TALK • 24 Hours  
Crisis Intervention • Suicide Prevention Training • Suicide Information  
Support for family & friends who have lost a loved one to suicide

## Helpline Center Directories

Parent & Family Resource Guide • Mental Health Resource Guide  
Basic Needs Resource Guide • Online Databases [www.helplinecenter.org](http://www.helplinecenter.org)



**For more information or to support the Helpline Center please contact us at:**

Helpline Center • 1000 N. West Avenue • Suite 310 • Sioux Falls, SD 57104-1314 • Dial 211 or (605) 339-4357

# 2013 Mental Health Resource Guide



1000 N. West Avenue, Suite 310  
Sioux Falls, SD 57104

**Dial 211** or 605-339-4357

[helplinecenter.org](http://helplinecenter.org)



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