

**Included in the resource guide are agencies/programs that provide direct basic need services such as food, shelter, clothing, medical care, financial assistance, and employment services. For more information on thousands of other resources available in the Sioux Falls area, visit our web site at [www.helplinecenter.org](http://www.helplinecenter.org) or dial 211 or (605) 339-4357.**

### GENERAL

**211 HELP!Line** Dial 2-1-1 or 339-4357 National Suicide Prevention Lifeline 1-800-273-TALK(8255)  
24-hour information & referral line. Referrals to community programs for financial assistance, food, clothing, medical assistance, social service programs, government agencies, child care and much more.

**American Indian Services** 334-4060 817 N. Elmwood  
Direct assistance and referral to other agencies to help individuals and families with emergency needs.

**Answer Center, The** 271-9223 503 N. Weber Avenue  
One-stop resource for holistic assistance with life's difficulties including food, clothing, resume writing, interviewing skills and various other assistance.

**Avera McKennan/Minnehaha County Detox Center** 367-5297 Public Safety Building, 500 N. Minnesota Ave.  
Must be intoxicated and incapacitated by alcohol or drugs, or pregnant and abusing alcohol or drugs. Provides 24-hour structure and support.

**Department of Social Services** 367-5444 811 E. 10<sup>th</sup> St.  
Food Stamps, TANF, and Medicaid/CHIPS. Also Adult Services and Aging, Child Support, and Child Protection.

**Vet Center** 330-4552 601 S. Cliff Ave., Suite C  
Counseling, outreach, and referral services to veterans and their families.

**Hope Prison Ministry** 338-7526 PO Box 289  
Provides help with finding jobs, apartments, transportation, food, and clothing to previous prison inmates.

**Southeastern Behavioral Healthcare - Community Support Services** 336-0503 100 W. 5<sup>th</sup> Street  
Offers treatment and rehabilitation to adults with severe and persistent mental illness

**SD Driver License Division** 362-2746 3716 S. Westport Ave.  
Obtain drivers license or ID's (closed Mondays and open Saturdays for renewals). Renewals or ID's can also be obtained at 415 N. Dakota Ave. 2<sup>nd</sup> floor.

**Center of Hope** 334-9789 3328 N. Cliff Avenue  
Daytime Care Center. Bikes for work. Winter clothes for free or minimal cost. Telephone and internet available.

### FINANCIAL

**Minnehaha Co. Dept. of Human Services** 367-4217 521 N. Main Ave., Suite 201  
Based on eligibility, assistance with rent, utility bills, ID's, food and non-food items, dental and medical care, out-of-town transportation (bus tickets, gas), prescriptions, and burials.

**Community Outreach** 331-3935 231 N. Weber Ave.  
Rent, utility bills, other misc. needs. Must go to County Dept. of Human Services first for financial help.

**Inter-lakes Community Action** 334-2808 505 N. Western Ave.  
Assists homeless families with deposit and with heat bills when funds available. Weatherization assistance.

**The Salvation Army** 338-6649 800 N. Cliff Ave.  
Assist with electric bills (must go to County Dept. of Human Services first), food, diapers, and prescription assistance.

**St. Vincent DePaul Society** 338-4111 431 N. Cliff Ave.  
Provides assistance with clothes and in other areas where needs have not been met through County Dept. of Human Services and other agencies.

**Low Income Energy Assistance Program** (800) 233-8503  
Assist with heating costs: propane and fuel oil July 1 through April 30; electric and gas October 1 to April 30.

**Alpha Center - Baby Care Program** 361-3500 801 E. 41<sup>st</sup> Street  
Provides material aids such as diapers, baby clothes, and formula.

**Birthright** 977-4781 300 N. Main Ave.  
Provides baby clothes, diapers, and baby formula to those in need. Also provides pregnancy tests and counseling.

## **SHELTERS**

**St. Francis House** 334-3879 701 E. 8<sup>th</sup> Street  
Temporary shelter with breakfast & supper for up to 30 men, 5 women, and two families on any given night. Maximum of 7 consecutive days at a time. Personal care items are provided for all guests. Check in at 6:00 pm.

**Union Gospel Mission** 334-6732 828 N. Weber St.  
Temporary shelter for homeless men, women and children. 70 beds for males/20 beds for females/children. Serve breakfast, noon lunch and have an evening meal with Chapel at 8pm and the meal served immediately after that. Also offer spiritual counseling, clothing, and youth programs.

**Good Shepherd Center** 332-3176 300 N. Main Ave.  
Drop-in center providing laundry, showers, phone calls, refreshments, assistance with job and housing searches. Lunch on Wednesdays 11:30am.

**Children's Inn** 338-4880 409 N. Western Ave.  
Domestic violence shelter open 24 hours, every day, to women & children needing safe housing..

## **HOUSING RESOURCES**

**Arch I & II Halfway House** 332-6730 327 S. Spring Ave., 333 S. Spring Ave.  
Transitional homes that respond to the needs of chemically dependent men & women.

**Dakota House** 367-4217  
Must apply at County Dept. of Human Services. Emergency shelter and transitional housing to families with children.

**Inter-lakes Comm. Action - Heartland House** 334-2808 505 N. Western Ave.  
Transitional housing program for homeless families. The goal is self-sufficiency for the family.

**Sioux Falls Housing** 332-0704 630 S. Minnesota Ave.  
Various programs available to assist eligible households with their rent. Assistance is based on household income and size.

**Mita Maske Ti Ki** 731-1950 PO Box 2141  
Domestic violence and sexual-assault center. Services include transitional housing, information and referral, advocacy and various other services.

## **FOOD**

**Banquet** 335-7066 900 E. 8<sup>th</sup> Street  
Meals for anyone who is hungry. Meals served M- F, 6pm -7:30pm; Sat 11:30am - 12:30pm; M, Wed, Fri 7am - 8am.

**Economic Assistance - Food Stamps** 367-5444 811 E. 10th St.  
Walk ins at 8:00am for Food Stamps and TANF (Temporary Assistance to Needy Families).

**Food Pantry** 335-6921 417 N. Phillips Ave.  
Provides a three-day supply of food. Must be referred by a service agency or church.

**Union Gospel Mission** 334-6732 701 E. 8<sup>th</sup> Street  
Breakfast, noon lunch and an evening meal with Chapel at 8pm with the meal served immediately after. Open to anyone.

**WIC (Women, Infants, and Children)** 367-5228 1200 N. West Avenue  
Assistance for pregnant, breastfeeding and postpartum women, and children up to 5 years of age. Participants must meet income, residential and nutritional guidelines.

### **CLOTHING/HOUSEHOLD ITEMS**

**Furniture Mission** 977-6800 209 N. Nesmith  
Provides recycled furniture & household goods - must have a referral by a community agency.

**Goodwill Industries** 731-1930 3400 S. Norton Ave.  
Clothing and household items. Free emergency clothing with referral from service agencies.

**Multi Cultural Center - Career Closet** 367-7400 515 N. Main Ave.  
Free career clothing for individuals with clothing needs for interviews and on the job.

**St. Vincent Thrift Store** 335-5823 431 N. Cliff Ave.  
Good, clean, affordable clothing, furniture, and household items.

**The Salvation Army** 338-6649 900 N. Cliff Ave.  
Good, clean, affordable household items, furniture, clothing, etc.

**Union Gospel Mission Thrift Store** 334-6732 703 E. 8th St.  
Offers reasonably priced clothing and household items to the public and free assistance to those in need.

**Volunteers of America Thrift Store** 274-0666 217 N. Nesmith Ave.  
Good, clean, affordable furniture and household items.

### **HEALTH**

**Avera McKennan Health Care Clinic** 322-6800 300 N. Dakota Ave. Ste. 117  
Provides primary health care to non-insured. Office visit is free of charge.

**Avera McKennan Hospital** 322-8000 800 E. 21st St.  
Full service hospital with a 24-hour emergency and a free health care clinic to uninsured (see above).

**Downtown Women's Health Center - Sioux Valley Clinic** 334-5099 401 E. 8th St. #230  
Complete, specialized women's health care. Fees based on income.

**Falls Community Health** 367-8793/Medical - 367-8022/Dental 521 N. Main Ave.  
Family practice medical and dental clinic. Sliding scale fees.

**Sanford Hospital** 333-1000 1305 W. 18<sup>th</sup> Street  
Full service hospital with 24-hour emergency care.

**SD Urban Indian Health** 339-0420 711 N. Lake  
Provides full primary health care services, prescription assistance, and service for glasses. Medical and dental transports for Native American clients only - prefer a 24-hour notice but will do emergency transports.

**USD Dental Clinic** 367-8046 521 N. Main Ave, Suite 202  
The clinic provides dental exams, x-rays, cleanings, fluoride treatments, sealants, restorative (such as fillings and extractions), preventive dental work, oral hygiene instructions, night guards, and bleaching.

**Veterans Hospital** 336-3230 2501 W. 22nd St.  
The VA Center provides health care services and veterans benefits for veterans.

## **CHILD CARE**

### **Child Care HELP!Line**

211 or 339-4357

1000 N. West Ave, Suite 310

Assists parents in their search for quality child care through referrals.

### **Child Care Assistance**

367-7602

811 E. 10th St.

Financial help with child care costs for low-income families who are working or seeking employment.

## **EMPLOYMENT**

### **South Dakota Career Center**

367-5300

811 E. 10th St.

Job referrals and employment training.

### **Goodwill Industries -Vocational Success Program**

731-1932

3401 S. Duluth Ave.

Paid job training and placement for persons who are homeless, with disabilities, or coming out of prison.

### **Volunteers of America - Vocational Training**

274-0668

217 N. Nesmith

Works with individuals who face barriers to employment to teach them employment skills.